

DIVERSION TIME

A NEWSLETTER FOR LOMA PRIETA ENA

ENA in Pittsburgh

General Assembly will be held 25-26 September and Scientific Assembly will be 26-29 September. Fun activities and networking are part of the experience along with obtaining those CEs required for license renewal.

Delegates

California has the largest total membership and as such, has the largest delegation. As of now, we have a complete delegation. If you are still interested in attending, you may sit in the gallery at the back of the room and see the General Assembly conduct our annual business meeting.

Looking for New Nurses

LPENA would love to have newer nurses attend our local meetings. We need you to provide social media skills, new ideas, and consider that as we "more mature" members retire, we need new blood to carry the torch into the future.

You are our future.



👉 *Ultrasound Guided Peripheral IV Insertion Class* 👈

Did You Know?

CalENA is expected to once again have the largest delegation at General Assembly. We have 4421 ENA members in CA. Why is this important?

It seems that in Presidential Elections, because of the time difference from East Coast to West Coast, the results are projected before our polls close. And we are the most populated state. However, at General Assembly, if we choose to vote as a block, our votes have clout.





The Faces of ED RNs

Scholarship Opportunities

California ENA awards 2 scholarships annually, the Donald Kelleher Scholarship and the Terri Sturgill Entry Level Nursing Scholarship. This year, the **deadline to apply for these scholarships is July 31, 2018**. Applications must be submitted to the State Council Secretary Linda Rosenberg. The applications will be reviewed and scholarships awarded during the August State Council meeting, to be held on August 9, 2018, in Sonoma. Application information may be submitted to Linda in one of the following methods:

Email:
linda.rosenberg3@gmail.com

Mailed: Linda Rosenberg
13515 Essence
San Diego, California 92128

More info on the website!

What are we voting on? We are voting on how our Association is run as well as Practice Issues. Years ago, LPENA sponsored a resolution on Capnography and from that, a position paper was written in support of the use in capnography in the ED. We had a say in how we practice. Not many professions can say that. We should all embrace the fact that there are professional organizations for almost any Nursing specialty as well as ones that serve Nurses in general, such as ANA. ENA represents you and me as professionals.

We are involved in advocacy at the state and national level. We review bills and if appropriate, write letters of support or opposition. We are represented at all levels on different committees and task forces that write regulations and standards of care.

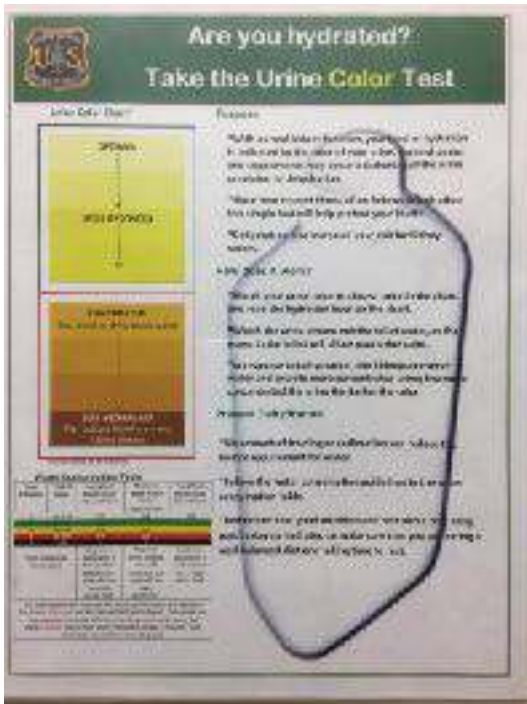
Those of us who join a professional organization have the added benefit of journals and research that educates us in why things do or do not work, as well as the latest and greatest gadgets.

Ask any active ENA member “what’s in it for me?” and I think you will find out why they participate.

If you or a friend want to join, here is the link to sign up... <https://www.ena.org/membership/join> We hope to see you at a monthly meeting. Bring some fresh new ideas with you!

👉 **CalENA Laguna Beach - January 2018** ↓





Dehydration Station

How can you tell if you are hydrated enough? Can't check your specific gravity? A simple guide from the US Forest Service shows you in this poster how to determine your hydration level by color. It also shows you how much water to drink depending on your activity & heat category. Summer is here, so keep this guide handy for yourself & friends.

Nursing Now

An article in Lancet (Feb 27, 2018) discusses the value of nursing and the importance of nursing in the future. The article explains the Nursing Now campaign, which will run for 3 years to Florence Nightingales' bicentenary in 2020. The whole idea is to elevate the status of nurses and recognize our contributions. Check out this article. You might find it quite interesting. [http://dx.doi.org/10.1016/S0140-6736\(18\)30494-X](http://dx.doi.org/10.1016/S0140-6736(18)30494-X)

Educational Opportunities at ENA's Annual Scientific Assembly

If you have never attended the ENA annual educational event, you can earn over 29 contact hours and choose from more than 160 sessions towards your license renewal. Categories of offerings include:

- > Advocacy (8 different classes)
- > Behavioral Health (4 classes)
- > Clinical (27 different offerings)
- > Advanced Practice (16 different classes)
- > Chronic Disease (2 classes)
- > Disaster Preparedness (5 classes)

- > Forensics (7 classes)
- > Infectious Diseases (1 Class)
- > Pediatrics (6 classes)
- > Quality & Safety (10 classes)
- > Trauma (13 classes)
- > Geriatrics (5 offerings)
- > Leadership & Management (19 classes)
- > Pharmacology (6 different offerings)
- > Research (6 offerings)

Next CalENA State Council Meeting

The next meeting of the CalENA State Council will be in San Diego, 10 & 11 November at the Kona Kai Resort & Spa. There will be a day of education on the 10th (Thursday) and the meeting is on the 11th (Friday). First time attendees are entered into an opportunity drawing for some really nice gifts. Make it a long weekend and enjoy beautiful San Diego!



Loma Prieta ENA meets the 3rd Thursday of each month at different locations. We welcome members & non-members, and at most meetings, we provide 1 free CECH.