H.R. 2646, the Helping Families in Mental Health Crisis Act, by Reps. Tim Murphy (R-PA) and Eddie Bernice Johnson (D-TX); eliminates the prohibition on same day billing for mental health and primary care services, provides resources for suicide prevention programs and expands crisis intervention training for first responders. Importantly, the legislation also contains $1 billion in grants to states for opioid abuse prevention and treatment initiatives.

H.R. 4365, updates the Controlled Substances Act to ensure that emergency services (EMS) practitioners can continue to administer controlled substances to treat patients. Absent Congressional action, the well-established practice of using standing orders by EMS agencies will be disrupted and, as a result, patients may lose access to life-saving medications in emergency situations. Standing orders are pre-set protocols which EMS practitioners follow in the delivery of emergency care. The bill now goes to the Senate for its consideration.

Remember you can sign up to receive alerts from National ENA Government Affairs at: https://www.ena.org/government/Pages/Advocate.aspx


You can also get involved with California Legislation check out this website: https://legiscan.com/CA

Plan to attend CA ENA Leg Day in Sacramento on March 8, 2017.

Please welcome your 2017 CA ENA Board
Susan Smith, Kathy Van Dusen, Luella Buell, Linda Rosenberg, David Samuelson and Janet Williams

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Important Dates
2017 State Council Meetings:
January 13th, Oakland,
March 9th, Sacramento
May 12th, Universal City
August 11th
November 10th, San Diego
Leg Day:
March 8th, Sacramento

General Assembly & Annual Conference:
St. Louis, MO
September 13-16, 2017

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For contact info go to: www.californiaena.org
State Council Highlights/Committee Reports

**Highlights of November State Council Meeting**
**San Diego, November 2016**

The Board congratulated the Education Committee on an outstanding Cal ENA on the Bay II that was held on Thursday, prior to the State Council meeting. Thank you Dianne Idman-Gervais, Education Committee chair and all those who volunteered to make the day a huge success! 90 people attended, nine speakers, seven vendors, food and fabulous raffle prizes. You won’t want to miss Cal ENA By the Bay III next year.

The 2017 officers were sworn in. Congratulations to everyone and thank you for your time, commitment and dedication.

Thanks to all the 120 volunteers at the National ENA Conference in L.A. A special thanks to Mark Wandro for his time at the exhibitor booth. The California Government Affairs Committee received National recognition for all the work on the workplace violence bill, raising awareness, getting bipartisan support and building collaborative relationships. Congratulations to the GAC Chairs, Jen and Mark Denno and thank you for all your time and energy that goes into representing Cal ENA in Sacramento. Jen Denno and Cheryl Randolph were inducted in the Academy of Fellows. Again congratulations and well deserved!

The process of communication was discussed as we want to reach out to all of our members and provide accurate and timely information. If you have any suggestions to improve our communications, please contact any of the board members or your chapter president. Let us hear from you so you can hear more from us!

-Kara Davis

**Education:** Cal ENA By the Bay II was another successful Educational Day. The speakers were very informative and dynamic. A very heartfelt thank you to all of them. Many kudos to all that helped put the event together as well as working so hard the day of the event to make it all run so well. A special thanks to our amazing vendors and their great support. It was another beautiful San Diego day! Next years event has been confirmed at the Kona Kai as well. Save the Date for November 9, 2017 for Cal ENA on the Bay III. The education committee is working in conjunction with many Cal ENA members who are planning an incredible "Disaster Drill/Educational Event" on May 11, 2017 at Universal Studios. More details in the near future. **Happy Holidays to One and All!**

-Dianne L Idman-Gervais

**EMS Committee:** There are 12 Community Paramedics pilot projects on going across the state. Alternate destination projects are having problems, due to lack of patients to be transported. The project in Butte County focusing on readmissions of CHF and S/P AMI is going well and showing a reduction in hospital readmissions. No report on the State Stroke and STEMI taskforces. A new subcommittee on air ambulance regulations has been established. The EMT Regulations are out for public comment. The Core measures group is finalizing the information collected in 2015. The group expressed concerned about the lack of nursing representation on the various EMS committees.

-Judy Scott

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*Lunch served outside. Another fabulous day in San Diego!*
EMS Commission Report: EMS staff made minor clarifying modifications to the specifications approved at the last Commission meeting and drafted a new guidance document for local EMS agencies to implement for ambulance patient offload time (APOT) measurement. EMS administrators and medical directors met to provide input on issues such as defining a nonstandard transfer time and the event that represents when the transfer of care has occurred. The guidance document will be presented to the Commission for approval in the December meeting.

Stroke and STEMI: The Emergency Medical Services (EMS) Authority is extending the comment period for the draft Stroke Regulations. The draft regulations can be viewed on the EMS Authority's website at www.emsa.ca.gov. Interested parties are invited to submit written comments on the draft regulations during this public comment period which will be from December 9, 2016 to January 23, 2017. All comments must be received by the EMS Authority by 5:00 p.m. on January 23, 2017.

The Emergency Medical Services Authority (EMSA) is proposing to revise the California Code of Regulations, Division 9, Title 22, Chapter 2. Emergency Medical Technicians. The public is invited to submit written comments on the proposed regulations during the 2nd 45-day public comment period from December 2, 2016 through January 15, 2017.

Progress continues in the overall Community Paramedic Pilot Projects. The early data shows that most of these projects have improved patient care and reduced hospital readmission rates. Challenges include low numbers of enrollees within the alternate destination urgent care centers and the November expiration of the authorization to continue the pilot projects. A request for continuance through November of 2017 has been filed with the Office of Statewide Health Planning and Development (OSHPD). Dr. Backer stated OSHPD approved the inclusion of the San Francisco Sobering Center Program. It will be considered along with the current pilot projects in the request for extension.

The movement to NEMSIS 3.4 is on track to a cutover on January 1, 2017. Most agencies are ready to meet this date. To assist LEMSAs and providers, EMSA is holding trainings and webinars with the collaboration of the Executive Data Advisory Group. Also, since AB 1129 specifically required that EMS providers who submit data to LEMSAs utilize an electronic health record, EMSA has collaborated with the Office of Traffic Safety to receive a grant of about $1.2 million to be able to provide mobile devices to EMS providers who could not afford them.

ENAF: Huge THANK YOU to Diane Idman-Gervais and the Education Committee for an excellent event yesterday and especially for organizing the awesome Opportunity Drawing which raised $825. A special thanks to the following individuals/groups for the donation of the prizes: Kathy Van Dusen-2 Night Stay at the Double Eagle Resort; Marty Hay-gorgeous handmade quilt; National ENA for 2 annual memberships; Cal ENA Education Committee-2 EN 2017 conference registrations and Diane Schertz-California Laser Cut Print. Thanks to the San Diego Chapter and Janet Williams for the donation of gifts for today’s Opportunity Drawing which raised another $390. The total going to the ENA Foundation 911 Endowment Fund it $1215. Awesome! Your generosity is overwhelming and greatly appreciated.

-Diane Schertz
**Government Affairs Committee:** We reviewed state and federal bills including the recent propositions passed during the November election. AB1719 passed which was a major win for Cal ENA! We drafted a list of ideas to present to Assemblymember Rodriguez for the 2017 legislative cycle. Plan for Legislative Day 2017 are underway—we are planning breakfast and lunch and a slightly longer day to really make it great. We are also planning a cocktail meet and greet evening event the night before since many participants come in the night before and we could invite the Legislators and Legislative Aides. Save the date flyers will go out soon, registration will start after the January state meeting. New Committee Chairs for 2017! Al and Leslie Duke will be taking over in January and are well-prepared to lead the committee. Jen and Mark will be available for assistance in Sacramento. Thanks for a great 2 years from this committee! We're excited to watch it keep growing!

~Jen and Mark Denno

**ISQIP**—The topic for the November meeting was “Working with Behavior Health Patients in the ED.” At ENA National Assembly there was a great deal of discussion surrounding caring for Behavioral Health Patients. The intent is to inform members of multiple resources currently from ENA. Here is a list of resources available from ENA related to Working With Behavior Health Patients in the ED:

- ENA White Paper: Care of the Psychiatric Patient in the Emergency Department
- ENA Topic Brief: Care of Behavior Health Patients in the Emergency Department
- ENA Position Statement: Emergency Care Psychiatric Clinical Framework
- ENA: Suicide Risk Assessment
- ENA: Tips for Providing Safe Structure for Adult Behavioral Health Patients
- ENA: Tips for Providing Safe Structure for Pediatric Behavior Health Patients

To access copies of the articles presented at the November IQSIP Committee Meeting follow these steps:

Go to www.ENA.org and log in
On top bar click on the “Membership” drop-down menu
Click on “Visit This Section” Scroll down to the third bullet “Resources developed by the Institute for Quality, Safety and Injury Prevention…” and click on the orange highlighted name
Scroll down to the third bullet “Behavior Health” Section #1 under Behavior Health contains the ENA Position Statement, White Paper, Topic Brief, Suicide Risk Assessment, Tips for Providing Safe Structure for Adult and Pediatric Behavioral Health Patients in addition to the “Violence in the Workplace Toolkit” Section #2 has links to other sites and organizations for more information and continuing education opportunities relating to Behavioral Health.—Susan Laverty
Leadership and Practice:  Cal-ENA State Council Meeting Minutes November 11, 2016 San Diego, California Leadership in Practice Committee Attendees: Kathy Van Dusen, Mark Wandro, Christine Marshall, Susan Laverty, Lark Boyer, Flora Tomyasu Discussion Topics: Coming to an EMS Agency near you: Mobile Stroke Units (MSU) - American Heart Association Article "Establishing the First Mobile Stroke Unit in the United States The group discussed the AHA article on Mobile Stroke Units. Many felt that due to the cost that funding would be difficult in many areas of the state. It is interesting to note that only 1% of stroke patients in the US receive TPA within 60 minutes of arrival to the hospital. LEMSA redifing destination criteria for stroke patients – identifying patients that should go directly to a comprehensive Stroke Center The group discussed the difference between a primary and comprehensive stroke designation. Election results: o Recreational Marijuana- passed o Gun Control- passed o Healthcare and Dug Prices- did not pass o Tobacco Tax- passed Clinical practice issues open forum: Ideas for resolutions or bylaw changes for general assembly. These are due by March 1, 2017. One idea was a nurse drive protocol for the treatment of anxiety that was presented at the educational day on 11-10-16 -Kathy Van Dusen

Newsletter:  As always thank you for the timely submissions. You may have noticed that the deadline for articles for the Monitor is the following Friday. This is to try to get the Monitor out in a more timely fashion, as some of the information is time sensitive. Thanks for your help! -Kara Davis

Pediatric Committee:  After the call to order and approval of the minutes from the August meeting, Trez Gutierrez gave her report. ENPC instructor path webinar is available for free until November 30th of 2016, then will be offered at a cost. ENPC discussion of revision, but the revision is not happening at this time. Pediatric Committee sponsored ENPC classes:

• Bakersfield area had in in April that had 12 attendees which will help with the opening of a pediatric unit at Memorial ENPC classes.
• Loma Linda and Rady’s held a course both with 16 attendees each.
• Mission Hospital held a course with 15 attendees recently. In October a instructor course was held with 5 new ENPC instructors and 2 that bridged to teach both ENPC and TNCC.

A grant request was suggested and accepted by the committee for a course in LA County. Round table discussion: Rady’s has had a spike in CLABSII infections and training was started again, where the decision was made to be naked to the elbow prior to preparing to do anything with the central line. LA County is updating the Peds EMS protocol and working on the Peds Readiness Project with non-EDAPS. Patrice is no longer the Board Liaison for the Pediatric Committee and the CalENA. San Bernadino County updated their EMS protocol to include that prehospital providers cannot intubate 14 years and younger. Studies have shown that the outcome is better for this age range with just BVM assistance as opposed to intubating. The meeting was adjourned, but board members stayed to amend the committee’s current policies. -Amanda Webb

Trauma:  Our southern regional director resigned. We sponsored a TNCC instructor course. Congratulations to six new TNCC instructors. Two more instructor courses are being planned. Considering getting a faculty get together. Please check out the National website as there is a new instructor path, out and online as of November 1st. -Sue Fortier
East Bay: We have installed our new officers for next year. Nancy Hiteshaw - President Michele Redlo - Pres-elect Louella Buell - Treasurer Sarah Wells - Secretary David Samuelson - Past President.

-Luella Buell

Greater Los Angeles: Elections were held in September. We will be adding one additional board member for the recruitment and retention position. GLA held another successful EDAP conference at PIH Health in Whittier, CA. We will be donating $150 to the ENAF from the conference proceeds. GLA has approximately 100-2016 ENA national conference pins available. We will be selling them for a discounted rate, please contact Carole.snyder@pihhealth.org. GLA will be donating an additional $100 to ENAF from the sale of these pins.

-Carole Snyder

Inland Empire: The last chapter meeting was held at Eisenhower Medical Center in Palm Springs. There was a good turnout for the meeting and there was a drug company that sponsored dinner. After the meeting we were able to meet some of the staff and take a tour. It was a great opportunity to get the word out about ENA and mingle with some ER nurses. The manager was extremely supportive and very encouraging for her staff to join the ENA. She has been a big part of ENA in the past, The next chapter meeting will be at Ontario Kaiser. We are attempting this year to have the meetings at surrounding ED's that will host the meetings, It was a great way to meet some new nurses and a great way to network with other hospitals. We are proud to announce that Megan Duke will be the 2017 chapter president. Leslie Duke will continue her amazing run of treasurer. She has done a phenomenal job as the treasurer this year. Mindy Potter will be the president elect and chapter secretary for the 2017 year. As the chapter president this year I could have not done any of the activities that we accomplished without the help of Megan, Leslie and AL Duke. #thankyoudukes!!!

-Mindy Potter

Kern County: We have had our elections and the officers are posted to the website. No meetings planned for December. Planning for educational events for 2017.

-Lark Bowyer

Loma Prieta: August meeting: Lecture topic: Physician Aid in Dying (Death with dignity act) by Colleen Vega. No meeting in September. Sent three delegates to the National Conference. ENA Update on October 13th. Topic was Plane's Trains and Automobiles: Travel Safely with Loma Prieta ENA. Great line up of speakers. Wonderful team effort! Achieved One of our major 2016 goals. Enjoyed by all in attendance and even made a profit! Our November meeting will be November 17th at the Palo Alto VA. The lecture topic will be imaging in Traumatic Brain Injury by Dr. Stephen Choa. We'll meet for dinner ahead. Election of officers: President-Alana Hernandez, President Elect: Colleen Vega, Secretary: Leslie Chin Chapter Rep: Jan Ogar, Director at Large: Cathy Marlatt, Treasurer-Colleen Vega

-Jan Ogar

Don’t forget your sunglasses!
Another fabulous day in San Diego!
**Orange Coast:** For Emergency Nurse’s Week, the board made baskets of goodies with a chapter flyer, applications and thank you cards, these were delivered to each Emergency Department in Orange County, all 24! 2017 Board members were voted on and the announcement will be made at our Holiday Chapter Meeting on December 6th at the Summit house in Fullerton. The meeting is will begin with a Speaker: Melissa Yager, MS, RN, CNS, ONC from Sharp Memorial San Diego, CA. Title of Talk: Reduction of Opioid Analgesic Dosing with a Multimodal Protocol. Objective: Discuss use of multimodal analgesia in varied patient populations. It is free of cost with an amazing dinner and board meeting to follow, with raffles and prizes! Our last meeting was held after an Educational Event in August that had 31 attendees and had great evaluations. There were 6 speakers that spoke of PTSD, Human Trafficking, Strokes in Lil’ Folks, Trauma Education and more. We the continue to recruit and on last count have 384 members! We also have an exciting facebook and Instagram page, the links are on the state website, please follow us!

-Carla Schneider

**Sacramento:** Sacramento had six delegates at National Assembly and Mark Denno was faculty for the Conference, speaking about Ventilators for ED Nurses. We have a new Board for 2017: Jen Ruzicka-President Sandy Piedra-President-Elect Jeremy Elrod -Treasurer Jen Denno-Secretary We are planning our annual end-of-year fun dinner meeting for December and look forward to a great New Year!

-Jeremy Elrod

**San Francisco:** Cheryl Randolph has recovered from her surgery and is doing well. However, she plans to step down from her stint as our chapter president. We hope to have new officers for next year, soon, so we can continue to keep San Francisco a great chapter. We sent three delegates to the national ENA Assembly in LA in September. Plans for 2017 include our TRAUMA CON conference in April.

-Mark Wandro

**San Diego:** The chapter is brainstorming on ways to recruit new members. We held a dinner meeting with thirty attendees. The chapter sent eight delegates to National Conference in LA.

-Dianne L Idman-Gervais

**Superior:** Seven nurses from Chico attended the National Conference in LA. Kara Davis will be president of the chapter and Nan Perry is secretary. We delivered cake and coffee to six of the Emergency Departments in the Superior region for Emergency Nurses Week. See the Cal ENA website for information on a C.E.N. Review Course being held at Enloe Medical Center on February 2-3, 2017.

-Kara Davis
Please join us for “Sip and Paint Night” at pinotspalette.com in Alameda. It will happen Thursday night, January 12th, from 6-9pm. Dinner and transportation will be the responsibility of the participant. We will be painting “A Simply Starry Night.” Limited to 44 participants MAX.

Wellness: Inspired by Cal ENA By the Bay, Public Health Update For ED Nurses by Eric McDonald, MD
’Tis the season For Infectious Diseases

Public Health uses the 3 “I”s in relation to Infectious Diseases: Identify, Isolate & Inform

Mumps is a viral infection that often involves the swelling of the salivary glands. It is spread by coughing and sneezing. Complications from mumps can include meningitis, inflammation of the testicles or ovaries, inflammation of the pancreas, and hearing loss. Incidence: 19 cases in San Diego County, mostly college students.

S/S: Fever, headache, muscle aches, tiredness, and loss of appetite, followed by swollen salivary glands.

Key Points: Risk factors include living in close communities such as dorm life and not being immunized.

Pertussis also known as whooping cough, is a highly contagious respiratory disease. It is caused by the bacterium Bordetella pertussis. Pertussis is known for uncontrollable, violent coughing which often makes it hard to breathe. After fits of coughing, someone with pertussis often needs to take deep breaths which result in a "whooping" sound. Pertussis can affect people of all ages, but can be very serious, even deadly, for infants less than a year old. Incidence: Peaks every 3 to 5 years and frequent outbreaks. In 2012, the most recent peak year, 48,277 cases of pertussis were reported. Statistics show we are seeing an increase number of cases at this time, on the upside of another peak.

Key points: Ask if anyone else at home is ill and if so what symptoms they have. Lack of immunization or booster increases risk. The primary goal of pertussis outbreak control efforts is to decrease morbidity and mortality.

-Kara Davis

References:
Mumps: http://www.cdc.gov/mumps/index.html
Pertussis: http://www.cdc.gov/pertussis/index.html
January Meeting

Friday, January 13, 2017
State Council Meeting:
8am-4pm

Waterfront Hotel
Jack London Square, 10 Washington St,
Oakland, CA 94607
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