

Message from the President

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Hello Sacramento Chapter ENA Members!

I couldn't be more proud of our team and all of you. I have always enjoyed meeting new ENA members and knowing we share a common goal of being the best Emergency nurses around.

Our first meeting and education event this year was awesome! We were so inspired by Dr. Fulton's ocular emergency lecture and were talking about it through the next week. We have some other fantastic education events coming up this year too so I look forward to your attendance. As you can tell we have a heavy emphasis on education in our chapter. We have brilliant and talented people in our region and I want to showcase as many as we can.

I have heard from many of you that you would like to become more involved in the future. When I first started getting involved in ENA I didn't know what to do or what would be expected of me when I did show up. Just show up. I can introduce you to someone within the chapter that has the same interest as you and you will be amazed at the networking.

Thanks for doing what you do every day.

Jeremy



Chapter leaders train for their roles



In February, Chapter leaders Jen Ruzicka, Yvonne Hansen, Mark and Jen Denno traveled to Las Vegas National ENA Leader orientation to learn more about their own roles and how the organization helps to support the chapters.

Various sessions included membership, financial and tax status, and leadership training are includ-

ed. Jen and Mary felt that the sessions were very informative and inspiring.

For ENA state level Chairs, there is training for board members and government affairs. Mark and Jen Denno are Cal ENA Government Affairs Co-Chairs and always enjoy meeting other Government Affairs Chairs from

around the country to learn how they have been able to pass legislation in other states. The networking opportunities are endless as you meet formal and informal leaders from all over the country!

We hope you will consider a board position next year and join us for this fabulous training!

Annual Conference Delegate Information

Applications will be available soon on the California ENA website:
<http://www.californiaena.org/documents/>

-Cal ENA will provide some reimbursement if you are chosen as a delegate.

-Sacramento Chapter will also provide some reimbursement as a delegate but you must have attended a chapter meeting or event within the last year (May 2015-April 2016)



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September 14-17, 2016

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Emergency Nurses Association
Sacramento Area Chapter
March EMS Update
Paula Green RN, BSN, MS, CCRN, CFRN
ENA EMS Chair



Collaboration in Opiate Epidemic

If someone were to ask you, the Emergency Nurse, if you were aware of an opiate abuse epidemic in the United States; what would you say? How would you respond? I know how I would want to respond but since it's not politically correct for publication, I will have to refrain.

Yes, the Emergency Nurse is painfully aware of the opiate misuse and abuse epidemic in our country. The Emergency Nurse also has the skills and the expertise of identifying and treating opiate related overdoses and usually can do so with perfection. The Emergency Departments can be coined as the "Mother Ship" of opiate distribution centers. Unfortunately, we get to feel the impact first hand of this epidemic as it has a direct affect on so many other problem areas in Emergency Departments. All of the big ticket items such as violence in the workplace, ED overcrowding, mental health/substance abuse holds, patient satisfaction scores, inappropriate utilization of ED and ambulance wall times; are all adversely affected in one way or another by opiate misuse and abuse. As a result, Emergency Nurses Association has stepped forward to get involved.

In 2013, Sacramento County was included in the top ten California Counties with the highest death rates due to opioid poisoning. Locally, the Sacramento Area Chapter has been moving swiftly and efficiently to address this issue within our communities. As more information regarding this serious public health problem began to emerge, stakeholder groups have had discussions on taking a collaborative approach to problem solving.

In 2015, the ENA Sacramento Area Chapter, met with Congressman Ami Bera to determine the best methods of bringing both the medical and nursing side together within our acute care hospitals in order to form a multi-health care system committee dedicated to working together on this issue. Soon thereafter, then ENA President, Jen Denno gave an extremely impressionable presentation to the Sacramento County Board of Supervisors regarding the effects that this opioid epidemic has on our already strained Emergency Departments.

More recently, the local areas are being encouraged at the state and national levels to take aggressive action to address what is now being called the leading cause of injury death in the United States. In March of 2016, Sacramento County formed an Opioid Task Force which is co- led by Sacramento County Behavioral Health Services, Alcohol and Drug Services and Public

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Health in partnership with stakeholders, local substance abuse and mental health treatment providers, the health community, people in recovery and family members struggling with addiction.

The goal of the Sacramento County Opioid Task Force is to implement numerous high priority initiatives addressing the opioid abuse problem. Sacramento County is committed to working towards six action items with multi-year tasks:

1. Engaging the Medical and Treatment Community
2. Overdose Prevention
3. Public Education and Media
4. Early Intervention Treatment and Recovery
5. Safe Medication Disposal
6. Advocating for Change

The Sacramento County Opioid Task Force has had two meetings thus far. The next meeting is scheduled for April. It is anticipated that subcommittees will be developed in order to effectively address the six action items listed above.

The Emergency Nurses Association, Sacramento Area Chapter, is proud to participate and have a voice in this Task Force. This coordinated effort with agencies across the County and State will ensure effective implementation of the initiative's programs and policies. The challenges are significant to our community, however the Emergency Nurses Association will have a profound role in helping to address this crisis and we look forward to future participation in this important collaboration.

Want to get involved with ENA?

We are looking for a newsletter editor, government affairs chair, membership chair, and anything YOU are interested in!

Mentoring is provided.

Contact Jeremy Elrod if you are interested. You don't have to commit to a whole year-you can also help with chapter meetings or one-time events!

ENA Sacramento Chapter 2016 Events

| Date/Time | Topic | Location |
|-----------------------|--------------------------------------------------------------------------|--------------------------|
| April 6, 2016 | A special evening with three Fellows of the Academy of Emergency Nursing | Sutter Cancer Center |
| May 11, 2016 | Expert panel: street nursing, pain contracts, VA homeless outreach | Sutter Conference Center |
| June Date TBA | Topic TBA | Kaiser Roseville |
| July 19, 2016 | CHP Office: Street drugs | Sutter Conference Center |
| August Date TBA | Topic TBA | Kaiser Vacaville |
| September 14-17, 2016 | Annual ENA Conference | Los Angeles, CA |

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