As the 2015 Emergency Nurses’ Conference comes to a close here in Orlando, I look around at the amazing nurses who personify the mission of the Emergency Nurses Association to advocate for patient safety and excellence in emergency nursing practice. The ENA annual report contains a quote I think sums it up well: “We didn’t stand in line. We were the front line”. We are fortunate to belong to a family of nurses who are the respected front line and to have this strong organization which supports and advocates for our patients, the public and emergency nurses on so many levels.

This summer your California Board of Directors met for an intense working weekend, some may also refer to it as a retreat. In my world retreat typically involves a spa and there was surely no spa involved… but the definition of a retreat also includes: “a period of group withdrawal for prayer, meditation, study or instruction under a director”. We were fortunate to have Louise Hummel and our 2015 National ENA President, Matt Powers, provide the instruction and guidance. What was scheduled as a two hour overview turned into a six-hour history lesson and discussion of the future direction of CalENA. Everyone agreed that the Chapter leaders and representatives would greatly benefit from this valuable information and an abridged version (due to time constraints) will be presented at the November State Council meeting. It is strongly encouraged that all Chapter leaders attend and highly recommended for all members. Please provide the name and email address of your 2016 Chapter representative by the end of October.

While at this retreat we updated our strategic plan to be more in-line with national’s strategic plan and revised our State Bylaws. The bylaw revisions were distributed via email and at the August meeting to allow your Chapter representatives to take them to the membership for review and discussion, prior to voting on them at the November meeting.

I again want to express my appreciation for each and every one of you. Some of you heard the 2014 ENA Foundation talk, “Power of One” and heard the words from Seleem Choudhury, “If we can make a difference with one nurse, one grant, one scholarship, that person can start a tidal wave of change”. Thank you, each of you, for your work and dedication. Each one of you powers this organization and makes a difference. It has been an honor to serve you as president in 2015.

-Susan Smith
Board Members 2015
President: Susan Smith
President-Elect: Janet Williams
Past-President: Carole Snyder
Secretary: Agnes Faria
Treasurer: David Samuelson
Treasurer-elect: Cheryl Graydon
Dir-at-Large: Patrice Christensen

Committee Chairs 2015
Bylaws: Linda Rosenberg
Communications: Kara Davis
Delegates/GA: Louise Hummel
Education: Dianne Idman-Gervais
EMS Commissioner: Linda Broyles
EMS Committee: Judy Scott
ENAF/Fun Raiser: Diane Schertz
Government Affairs: Jen and Mark Denno
Historian: Liz Taylor
ISQIP: Susan Laverty
Nursing Practice: Kathy Van Dusen
Membership: Linda Rosenberg
Pediatrics: Vicki Dippner-Robertson
Press Secretary: Diane St. Denis
Trauma: Sue Fortier
Web Master: Nick Laughter
National Board Liaison: Sally Snow

Chapter Leaders 2015
223 East Bay Nancy Hiteshew
224 Greater LA Holly Nagatoshi
225 Mid-Valley Janet Williams
226 Orange Coast Phyllis Robby
228 San Diego Sheri Eden
230 San Francisco Cheryl Randolph
232 Loma Prieta Kelly Johnson
253 Sacramento Jen Denno
362 Inland Empire Vicki Dippner-Robertson
378 Channel Islands Cheryl Evans Cobb
379 Superior Lynda Gomes
442 Kern County Susan Laverty
460 North LA Jacinda Jipp
495 Monterey Karen McDonald

Important 2015 Dates
State Council Meetings:
November 13th: San Diego
Next Newsletter Deadline:
November 20, 2015
2016
State Council Meetings
January 8th 2016:
San Francisco

Sponsorship Rates
The fees per insertion are:
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The California Emergency Nurses Association is a non-profit professional organization with a membership of over 3700. The State Council meets 5 times a year. Correspondence may be sent to:

Cal ENA
President Susan Smith
susansmithena@gmail.com

The Monitor is the Official Publication of California State Council Emergency Nurses Association. The Monitor is published 5 times/year. For inquiries, article submission, or ad placement, please contact the editor: larae8881@gmail.com

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Highlights of August State Council Meeting
Long Beach, August 14, 2015

Overview
The August meeting was held on the Queen Mary in Long Beach harbor. It was well-attended with almost 40 members in attendance. The day started with a full breakfast in a room with a lovely view of the Long Beach inner harbor. Lunch was a plentiful buffet served in the same room. A lot of good networking took place over the food. There were five vendors present, who made the great food possible: Abbott, Teva, OBP Medical, Magnolia and Mylan Epi-pen. The representative from Teva, Kyle Webster, gave an interesting presentation after lunch on the use of inhaled Adasuve for agitation.

Treasurer’s Report – David Samuelson
New pdf form for Expense and Business Travel reporting is available on californiaena.org. Sign, scan and send to Treasurer. You will get a check from Wells Fargo Sure Pay, WF will email the link. Unfortunately, it won’t work for GA delegate reimbursement. Please have your 2016 committee budgets to David by November 1st.

Director-at-Large Report - Patrice Christensen
Next meeting at Kona Kai Nov 12-13 with big Education Day on November 12.
2016 meetings:
- January 7 & 8 in San Francisco at Marine's Memorial Hotel. We are sponsored by a member.
- March 17 & 18 in Sacramento at Hyatt Regency with Leg Day on March 16th.
- May 12 & 13 in Fresno.
- August 11 & 12 in Lake Tahoe with annual Educational Event on August 11th.
- November 10 & 11 in San Diego at site to be determined.

Bylaws – Susan Smith
The Bylaws are done and were sent out for review. Only the State has Bylaws, the chapters have SOPs. We changed "closed sessions", to "executive sessions". The board meeting the day before will be just for State Council prep and not for all members, unless you have an issue to discuss with the board. Then you can ask to get on the agenda. There is new language on how votes are taken on matters of immediate importance, mainly by Executive Committee. If you need a copy, contact Susan Smith.

President's Report
We received extra money from national so we will give $350 to each chapter. We also received a gift certificate for $200 from the ENA store.

2016 Officers – election results:
- Janet Williams is President
- David Samuelson is President-elect
- Cheryl Graydon is Treasurer
- Luella Buell is Treasurer-elect
- Kathy Van Dusen is Secretary
- Patrice Christensen is Director-at-Large

Linda Rosenberg is now our Membership chair. She reports that our numbers are down to about 3900, but they fluctuate. Our previous membership chair, Terri Sturgill passed away. Her service was very moving and was attended by a number of members, including board members. There were emotional speeches and a military fly-over.

In regards to nominations and voting, we are trying to put national, state and local in the same time frame and hopefully on the same ballot. We will put out a call for nominees for State Board in January, next year.
Email System - Carole Snyder
We are having some problems with our current provider, but Carole is working with National ENA to get California on their system. It may take time, but is more cost effective than for us to set up another separate email system just for us.

Web site – Susan Smith
Susan has been diligently working with Nick Laughter to get things right on the web before we can have each chapter do their own updating. For now, continue to send all requests for changes and updates to Susan. We have purchased 250 professional stock photos from iStock for use on the site. Several members are helping to make the selections. There is now an Administrative page under the Documents tab that will be password-protected and used to keep archival and members-only info.

Board Retreat
Matt and Louise gave a presentation on the history and responsibilities of ENA. They helped the board learn to bring all in line with ENA branding. Now August will be our annual Educational Event. In November there will be a Leadership Orientation for new and interested members.
Update on CFED; we won't officially partner with them or have our May meeting in conjunction with them, but we will keep our logo on their brochure. The board wants to update our list of members who sit on state or local task forces representing ENA. Please contact the board and let them know what your appointment is and your term of office.

Committee Reports:

Education:
The Cal ENA Educational Event, Cal ENA by the Bay planning is in full throttle. The flier will be redesigned and sent out again in brochure form. Please share and encourage attendance. There will be a “postcard” style informational flier for all delegates at General Assembly. Following our event, the San Diego chapter will be sponsoring a Bonfire Get-Together on the beach from 1930-2130 with a cash bar. We are accepting all donations for the opportunity drawings during the day to encourage visits to our vendors. A preliminary draft of a proposed SOP for Cal ENA CE was discussed. We hope to have a final draft and complete it by the November meeting.

- Dianne Idman-Gervais

EMS: The EMS Commission made an interesting discovery: only 50% of cell phone users will get through to a tower location. Discussed the watering-down of AB 172. Slight discussion on patients’ perception of the need to go to the nearest hospital in an emergency. First, they should call 911 and second, more education is needed about why EMS providers take patients to the most “appropriate” hospital. Talked about AEDs in schools again.
Wall Time – big problem is finding a clear definition of what it is. Jeremy sent a proposal to national for the new clinical discussions. It was accepted. Carla will put together discussion points and lead the talks. JEN had an article on a standard form for Transfer of Patients from Long Term Care to the ED. Members will investigate how this is done in their own EMS area and we will discuss this topic next time.

-Judy Scott

EMS Commission: The EMS Commission met on June 18, 2015 in Sacramento. The next meeting will be held on September 2, 2015 in San Diego.
ENA continues to be represented on the EMT Regulations Workgroup. The last meeting was held on May 6th. I sent the proposed language changes to the EMS Committee and State Board members. The changes proposed will include the addition of the use of Epi-pens and Narcan by EMTs as was necessitated by recent changes in legislation as well as
the ability for EMTs to perform fingerstick blood glucose testing. Suggestions and comments will be taken until July 3rd by the EMT Regulations Workgroup. The hope is that once the changes are revised to incorporate the comments that the regulations will be ready to send out for public comment and approved by the Commission at the December meeting. The EMS Plan Appeal Process with proposed changes went out for public comment and should be ready for approval by the EMS Commission at the September meeting.

There was a presentation about the current 911 system in regards to the use of wireless technology. Currently, PSAPs are unable to get location accuracy from wireless calls; only 50% of calls will only get tower locations. The FCC has mandated carriers to fix the problem within 8 years and only requests that they have 80% accuracy in that time. Funding is an issue. Fees are generated by inter-state phone calls; there are no fees collected for text messages or emails. In 2014, there were 28 million 911 calls made. Of that 70% were wireless. In California, there is a group looking at increasing the accuracy with Verizon and AT&T with the next generation of 911 technology. However, there are 451 PSAPs in California and it will take approximately 5 years to rollout to all the PSAPs. The Commission will be revising the Commission Bylaws once the EMS Plan Appeal Process regulations have been approved.

**Linda Broyles**

**EMS Commissioner**

**ENA Foundation (ENA F):** Goal for the State Challenge was $117,000 and $127,784.09 was raised! California donated the largest amount at $13,056 and won second place for the largest number of individual donors. Our California State Scholarship will be named in memory of Terri Sturgill.

The fundraiser at the Annual Meeting will be from registration fees for the private viewing deck for the fireworks at Epcot Center and the howl at the Moon event. The VIP seating is already sold out. There is an ENA Foundation “Raffle” as well.

Thanks to the Greater LA Chapter and Janet Williams, their donations for the giveaway today helped raise $545 for the foundation! This donation will be designated for the Judith C. Kelleher Endowment and will augment the $5,000 donation from the Cal ENA Board of Directors.

-**Diane M. Schertz**

**Government Affairs Committee:**

The following bills are being followed:

**Assembly Bills**

- **AB 172 Violence against Emergency Department Assaults/Battery-Assembly Rodriquez**
- Passed Senate Appropriations
- Letters signed to all members of the Senate and Letters signed to the Governor Brown.

- **AB 503 Allows a health facility to release and medical information to EMS providers, and other local medical agencies. For quality assessment and improvement. Senate Amendments Added include Registered Nurses and physicians to the definitions of EMS.**

- **AB 637 Physician orders for Life Sustaining treatment-Assembly Campos**
  - Approved by the Governor August 17th 2015
  - An act to amend Section 4780 of the Probate Code, Relating to resuscitative measures.
  - AB 1207 Child Abuse Reporting and Training for child care personnel mandatory training. Second Reading in the Senate and amended.
  - An act to amend Section 1596.866 of, and to add Section 1596.8662 to, the Health and Safety Code, and to amend Section 11165.7 of the Penal Code, relating to child abuse and reporting.

- **AB 1223 Emergency Ambulance Transportation Wait times /Wall times-Assembly O’Donnell**
  - Passed Senate Appropriations with Amendments

**Senate Bills**

- **SB 167 Fires: interference: unmanned aircraft.**
  - Senator Gaines
  - An act to add Section 402.5 to the Penal Code, relating to fires, and declaring the urgency thereof, to take effect immediately.

- **SB 168 Unmanned aircraft systems.-Senator Gaines**

**Save the date:** Cal ENA Leg Day 2016 will be on March 16 and the Hyatt is already booked!

-**Jen and Mark Denno,**

  **Government Affairs Co-Chairs**
Institute for Safety, Quality and Injury Prevention: (ISQIP)
Discussion started with questions and comments on topics from the May meeting: personal malpractice insurance and ENA Educational products.
New Business began with rules and definitions of Violence against healthcare workers. The National Institute for Occupational Safety and Health (NIOSH) defines it as:
“Violent acts (physical assaults and threats of assault) directed toward persons at work on duty, ranging from offensive or threatening language to homicide.”
The US Department of Labor defines it as:
“Any threat or act of physical violence, emotional or verbal abuse, harassment, intimidation or other threatening disruptive behavior that occurs at a worksite.”
The revised CA Health and Safety Code 1257.7 states that hospitals must report within 72 hours all acts of assault or battery that involve injury from a weapon. The CA Department of Public Health released an All Facility Letter in 2009 penalizing administrations for not reporting their incidence of violence, resulting in a “50% reduction in assault rates”.
Health and Safety Code 1279.1.6.D, AFL 09-50, issued 1/2009 applies to acute care, psychiatric and special hospitals. It requires mandatory reporting of adverse events in the hospital resulting in injury. CDPH must investigate all reports within 24 hours and release a final report within 45 days.
California Senate Bill 1299:
- Calls for hospital violence prevention plans;
- Determining appropriate staff levels to maintain security;
- Systems for investigating instances of violence;
- Annual education and training in prevention, recognition and reporting for all health care workers providing direct patient care;
- Violent incidents must be reported to Cal OSHA.
Violent Incidents:
You have to report if it will assist other care providers or patients to protect themselves.
You don’t have to report if it will not assist other care providers or patients.
Cal/OSHA Reporting:
Employee Injury: Employer must report with 8 hours (non-reducible $5,000 fine) of when employer or supervisor knows or should have known with reasonable diligence there has been:
Amputation (defined as even the tiniest sliver of bone loss)
Three or more employees are affected
Injured employee(s) must be hospitalized for more than 24 hours (other than observation)
Unconsciousness
Death
Employers must record in a “300 Log” all injuries that do not meet the above criteria but exceed first aid (laceration requiring sutures); all injuries requiring first aid only should be noted in a “Near Miss Log” or “First Aid Log”.
Cal/OSHA: mandates every facility have a full Incident and Injury Prevention Program (IIPP), not just a paragraph, that addresses: annual safety training, reporting procedures to Supervisor or Occupational Nurse, freedom from fear of reprisal for reporting or seeking treatment. Hospitals must also have an Emergency Action Plan for disasters: fire, flood, earthquake, unauthorized chemical release, and violence in the workplace (including bomb threats, acts of terrorism and hospital lockdown).

-Susan Laverty

Leadership in Practice:
The committee discussed a practice alert:
Plastic liquid measuring cups that have dosing in ml and drams. A fatal event occurred when a nurse measured a liquid medication in drams instead of the mls intended.
The committee discussed the use of Ultrasound-guided venous access in the ED. A policy and step-by-step procedure for insertion will be sent out to the committee members.
The group discussed plans and ideas for Emergency Nurses’ Week celebrations. We are planning for the General Assembly and will email the Practice Topics out to the committee members.

-Kathy Van Dusen

Membership: California had 57 new members join ENA! As of August 24th we have 3,960 members.
Congratulations to the following Chapters who have recruited new members:
New Members by Chapter

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Total Members by Chapter</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Bay</td>
<td>342</td>
</tr>
<tr>
<td>Greater LA</td>
<td>545</td>
</tr>
<tr>
<td>Mid-Valley</td>
<td>295</td>
</tr>
<tr>
<td>Orange Coast</td>
<td>363</td>
</tr>
<tr>
<td>San Diego</td>
<td>420</td>
</tr>
<tr>
<td>San Francisco</td>
<td>334</td>
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</tbody>
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Page 6
Committee Reports Continued

Loma Prieta = 2       Loma Prieta = 356
Sacramento = 6       Sacramento = 484
Inland Empire = 6    Inland Empire = 373
Channel Islands = 2  Channel Islands = 179
Superior = 3         Superior = 137
Kern = 1             Kern = 68
Northern LA = 4      Northern LA = 147
Monterey Bay = 1     Monterey Bay = 17

- Linda Rosenberg

Newsletter:
Thanks to everyone for turning in their chapter and committee reports and special interest articles. Hand written reports are accepted but sometimes if I can't read your handwriting things may be misspelled. You can type your report out in advance by downloading the Committee/Chapter report form from the website on the Documents page and then email it to me. If you get your picture taken by Mark, please remind us of your name and give permission for it to be used in the Monitor. Mark is working on a pictorial directory of our State Council members to help us identify people when they show up on a photo from a meeting.

-Kara Davis

Pediatric Committee: The new “ENA branding” and formatting was discussed. The committee will sponsor an ENPC Instructor course at Desert Regional Medical Center on September 25, 2015, with a cap of 6-8 instructors. Information regarding this and other pediatric related education will hopefully be posted on our new website. We discussed the challenge of locating local pediatric education opportunities for those nurses hoping to maintain their CPEN Board Certification. It was recommended to have hyperlinks available on our new website under the Pediatric heading to assist members eager to register for Peds’ courses. We voted to donate $500 to the EMSC Sacramento Pediatric Conference.

We discussed how we are all ambassadors encouraging under-served areas to apply for the Pediatric Committee’s grant. Our goal is to mentor facilities to have stand-alone programs.

The issue of the reasons for the dramatic increase in our indirect fees was discussed, without answers – Vicki will investigate with National.

-Vicki Dippner-Robertson

18th Annual EMS for Children Educational Forum

ABC’s of Pediatric Emergency Care

DoubleTree Hotel Sacramento, CA
November 5, 2015

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The issue of the reasons for the dramatic increase in our indirect fees was discussed, without answers – Vicki will investigate with National.

-Vicki Dippner-Robertson

Trauma: There is still a shortage of TNCC courses across the state. The Committee sees the need for the development and support of new TNCC programs, course directors and instructors.

The new Trauma Certified Registered Nurse – Beta registration is open, but limited to 250 RNs. The official TCRN exam will become available in the first quarter of 2016.

Save the Date: Upcoming Trauma educational opportunities include:
Scripps Annual Day of Trauma on Friday, November 6, 2015 in San Diego

-Sue Fortier
Chapter News

Channel Islands- Our August meeting will be on August 27th, 6pm at Community Memorial Hospital. There will be officer nominations for 2016. We are looking for new faces!

A showing of the movie Code Black is slated for October 15th during our Emergency Nurses’ Week celebration. The location is to be announced.

-Cheryl Cobb

East Bay – We had our third meeting on August 11th at the John Muir Memorial WCR. There were seven attendees. A CroFab rep talked about Pit Viper bite nursing management.

The board is talking about maybe having monthly meetings next year. Our next meeting will be on November 3, 2015, location to be determined.

We have three delegates going to the Orlando conference.

-Louella Buell

Greater Los Angeles- A big thank you to Providence St. Joseph's in Burbank for hosting the May meeting. Nominations were opened for GLA Chapter Board for 2016. Welcomed new attendees, Sari Kern, Jessica Strange, and Ryan Burgess!

Shared information: Los Angeles County EMS Paramedicine program to include the use of Nurse Practitioners and Paramedics in chronic disease management in the field; in Glendale, transport of patients to alternative care centers; the reopening of Martin Luther King in July, and Post-Acute Network Collaborative at Memorial Hospital of Garden to reduce over-utilization of Emergency Department by Long Term Care facilities, nursing homes and to reduce hospital readmissions. August meeting immediately followed the State Council meeting on the Queen Mary, Long Beach.

Save the Date:
Please join us at the December 2nd Holiday meeting!

-Holly Nagatoshi

Inland Empire- We are experiencing some challenges. We went “dark” for our monthly meetings for the summer, reconvening in September. Our meetings take place the third Wednesday of each month normally. Our Director-at-Large, Meagan Beavers, has arranged for excellent vendor support for our monthly meetings.

We have two delegates attending the national Conference.

We are currently seeking dedicated volunteers for our 2016 Chapter Board: President, President-elect, Secretary, Treasurer and Director-at-Large.

-Vicki Dippner Robertson

Kern County - Kern’s Emergency Educational Seminar is scheduled for Wednesday, September 9, 2015 from 0730-1700. Topics include: Active Shooter in the Workplace; Chain of Custody; Proper Handling of a Coroner’s Case; ER Narcotics Contracts with Chronic Pain Patients; Snakes, Bugs and Needles: Things That Bite and Current Treatments; Sepsis; Fluid Resuscitation and Appropriate Antibiotic Therapy; Pediatric Emergencies: When Children Crash. The seminar registration flyer is available on the Education page of the Cal ENA web site and the PayPal option is available on the Kern Chapter page.

Kern has three delegates attending national’s General Assembly in Orlando this October.

Chapter meetings vary from month to month. Please email or call the current chapter President if you wish to attend.

We are encouraging all members attending the Cal ENA Education Event in San Diego to stay and attend the California State Council meeting on Friday to generate membership interest.

-Susan Laverty

Loma Prieta - Our last meeting was on July 16th at El Camino Hospital in Mountain View. We provided an educational event on Workplace Violence in the ED. Our next meeting is August 20th with a focus on Board elections and continued work on member engagement, education and meeting planning for 2016. We will also be planning events for Emergency Nurses’ Week in October.

We have four nurses attending General Assembly from the chapter.

-Julie Rossie
Mid Valley - We had a meeting June 10, 2015 at Valley Children’s Hospital. We had dinner and Leanne Kozub spoke on Human Trafficking. We had 21 people from four area hospitals attend.

- Janet Williams

Monterey - Our last meeting was at Natividad Medical Center on June 10, 2015. We had a speaker on SBIRT for an hour of CEU. Eleven nurses attended. Diana updated us on the ENA conferences she attended in Las Vegas and Washington, DC. Our next meeting is at Dominican Hospital in Santa Cruz.

- Karen McDonald

Northern LA - We are working on recruiting more members and expanding our chapter. We will be hosting an ENPC on September 19-20, 2015.

- Mirtha Ramirez

Orange Coast - July 28th was an exciting meeting for our chapter for several reasons. One of the consultants from I-STAT presented on “Accelerating Patient Care Decision- Making.” Along with the presentation our members discussed the importance of identifying processes that augment patient throughput, specifically nurse-driven protocols. In addition we viewed the movie CODE BLACK, a documentary filmed at USC-LAC Medical Center. The documentary reflected on the struggles of providing good care in our overburdened health care system.

   Also included in the summary of our July 28th meeting: 1) Trez Gutierrez was introduced as our new EMCC representative for ENA; 2) our nursing student guests were urged to join our ENA; 3) reminded all of the availability of the $500 scholarship from our chapter; 4) the dates for the National ENA conference in Florida; and 5) the date of the upcoming chapter meeting on October 20th.

   There is a board meeting scheduled for September 15th to put together a plan for celebrating Emergency Nurses’ week on October 20th.

   - Carla Schneider

Sacramento - We had a successful joint Education Event with AACN on July 29th. There were 70 attendees, 24 from ENA.

   Our chapter meeting on August 5th had Dr. Jacoby and Matt Powers speaking. There were 30 attendees.

   We are sponsoring a CEN Review course September 21-22, 2015, run by Paragon Education.

   We are growing, our membership recently exceeded 500 members!

- Jeremy Elrod

San Diego - There were no meetings in June or July. At our August meeting we discussed upcoming events for the remainder of the year. In September, ENA volunteers will staff the “refueling” stations for Pedal for the Cause. It’s a bicycling event held throughout the state that raises funds for Cancer research. Many hospitals in the state are recipients of the funds raised.

   Our chapter also has ten delegates for General Assembly this year.

   October brings Emergency Nurses’ Week with delivery of treats to all the EDs in San Diego on Emergency Nurses’ Day. We also plan to show the movie Code Black at Coronado Theater on October 16th.

   In November we will be assisting with the state Educational Event in conjunction with the State Council meeting at the Kona Kai in San Diego. Planning is in progress for our Annual Tea in December with toy donations to local hospitals and our Annual 911 Conference in April of 2016.

- Sheri Eden

San Francisco - We are having a FABULOUS FREE Educational Dinner Event: "Ofirmev: An Acute Pain Management Tool for Nurses" presented by Dr. Harold Humphreys on August 26, 2015, 6pm at Piatti Ristorante in Mill Valley - sponsored by Mallinckrodt Pharmaceuticals.

   We have 7 delegates attending the ENA convention in September. Congratulations to our President, Cheryl Randolph, for being on the national ENA Planning Committee for the Orlando conference.

   We have a healthy Facebook and Twitter presence thanks to our director of social media, Manny Jisrawi!

   We are starting to plan our Fall educational event, likely to be in November.

- Mark Wandro

Superior - At our June 3rd meeting we had a one hour CE class on MCI/Disaster. More meetings and C.E. coming up.

- Lynda Gomes
As a nurse who has attended legislative days at the California state level for ENA and ANA/C, I was excited to see the legislative process firsthand on the national level.

On Day 1 we met with Ken and Richard who are former legislative aides. They now work on behalf of ENA at the national level. They explained how to talk to Senators, Congressmen and health legislative aides. We were briefed on 2 topics: Mental health and trauma legislation.

HR 2646 introduced by Congressman Ted Murphy from Pennsylvania is 173 pages. Basically, the bill will improve the nation’s broken mental health system by focusing programs and resources on psychiatric care for patients and families most in need. It will help ensure funding is made available to conduct vitally needed research and for additional inpatient and outpatient treatment beds. Finally, the bill will help many individuals before they reach a crisis and require emergency care.

It is summarized in this link:


H.R. 647, the Access to Life-Saving Trauma Care for All Americans Act, would provide assistance directly to trauma centers to prevent any further closures. Nearly 30 centers already have closed in the past 15 years, exacerbating an already critical problem. H.R. 647 also would continue trauma service availability grants, which are administered by the states to address shortfalls in trauma services and improve access to trauma care in underserved areas.

H.R. 648, the Trauma Systems and Regionalization of Emergency Care Reauthorization Act, would provide federal grants to support the development of state and rural trauma systems and provide funds to establish pilot projects to design, implement and evaluate innovative models of regionalized emergency care.

On Day 2 Ken and Richard provided more information on talking points and got us ready to head to our meetings. We had a chance to stop for a photo. There were 115 ENA members from across the nation!

We headed to our meetings to discuss the bills with the health legislative aides from the offices of Senator Feinstein and Senator Boxer. Next I met with Congressman Ami Bera who represents my region of California. He supported earlier versions of both bills last year so I thanked him for his work towards the goals of ENA. He was very pleasant but had to head off to the floor for a vote.

Overall, my visit to the Capitol was interesting, exciting, and gave me a better appreciation for the work that is done by our elected leaders. I highly encourage nurses to get involved with the legislative process in bills that affect emergency nursing and patients at the local, state, and national levels.

-Mark Denno RN, BSN, CEN

Reference: Government Affairs Co-Chair, California Emergency Nurses Association

https://www.ena.org/about/media/PressReleases/Pages/BillsCriticaltoTrauma.aspx
On Sunday, August 24th, 2014, at 0320, a 6.1 magnitude earthquake struck Napa County. The epicenter was located approximately 3.7 miles northwest of American Canyon along the West Napa Fault. This was the largest earthquake to strike the San Francisco Bay Area since the 1989 Loma Prieta earthquake. The earthquake caused significant damage to the City and County of Napa which rapidly overwhelmed local resources. The community suffered hundreds of injuries, including two fatalities, and millions of dollars in damage.

So what went right? What went wrong? What can we do better? Often times success is determined by the number of lives saved or homes left standing. In reality, a successful response and recovery from a large scale disaster runs much deeper.

Pre-existing relationships (developed prior to the earthquake) between EOC/DOC members, contacts in key positions at healthcare facilities and early requests for local and regional assets contributed to the overall response, recovery and continuity of resources. The local and regional requested resources ordered by the Napa County MHOAC were received in a timely manner, which played a critical role in the mitigation of response activities. These resources came from Solano County (Medic); Sonoma County (Falck); Contra Costa County (San Ramon Valley Fire Protection District and AMR); and Alameda County (Paramedics Plus).

In total, 14 ambulances and two Disaster Medical Response Units, (DMSU), were sent to Napa. The Ambulance Strike Team, (AST), from Contra Costa, (AMR), was dedicated to the Queen of the Valley Medical Center IFT staging site which proved instrumental in the decompression of medical surge needs at QVMC. Although it was unplanned, AMR-Napa assumed all 9-1-1 EMS dispatching requests for several hours after the early morning earthquake.

The time of the day the incident was a significant factor. Had this incident occurred during business day or day-time hours, the system would have seen substantially more injuries and presumably a greater number of fatalities. The local ED at QVMC had little to no patients in their facility prior to the earthquake. The damage to the local infrastructure was minor. For the most part, (minus numerous gas leaks and a complete water system failure), critical infrastructure services remained intact and operational, (e.g. landline phones, internet capabilities, back-up generators and cell phone use for texting only).

Like many components in EMS there is always room for improvement. All levels of EMS Constituency are encouraged to attend training to increase the overall familiarity concerning the MHOAC Program as outlines in the Health and Safety Code 1797.153 and California Public Health and Medical EOM; specifically, an increased familiarity in requesting regional assets via the MHOAC/RDMHS. In addition, it is recommended to track and confirm receipt of resources that are requested via the RDMHS.

Overall, the response and recovery activities after the South Napa Earthquake met the needs of the local community, including the medical and health partners. From a local perspective, this incident was just severe enough for the EMS System to be effective. Thank you to those departments and provider agencies that answered the call of duty and responded during this event.

By Jesse Allured, EMS Program Coordinator, CCCEMSA
In Memory of Terri Sturgill
Terri Sturgill was a passionate ENA member. She served as President of Cal ENA, which is a three year board commitment serving as president-elect, president and then past-president. She was a Board Certified Emergency Nurse and in the process of completing the GENE course. She recently achieved a Master's of Science in Nursing. She was a guiding mentor to many young nurses. Terri was a passionate ambassador for ENA and loved teaching in all aspects of her life. As a board member and representative for the Superior California Chapter, Terri traveled all the way to Chico from her home in Palm Desert to give a presentation on rattlesnake bites to our small chapter meeting. After a state council meeting in the Palm Springs area Terri invited us all over to her house for a barbeque. It was a pleasure to get to know Terri and her family in her own beautiful desert space. To her family Terri was a devoted wife to her husband of 35 years, the loving mother of two wonderful children and adoring grandmother of a precious granddaughter. Adventure seeking, she enjoyed Harley road trips with her husband. Fun-loving, Terri was a strong supporter of the Aqua Caliente Indian band at the local Casino!!

Wellness: The Great American Smokeout
November 19th
Here’s a challenge to all of you smokers out there; QUIT! Reasons to quit:
“Cigarette smoking is the major single cause of cancer mortality in the United States.” -1982 Surgeon General Report

Dollars wasted: Tobacco related health care costs (2000-2012): $133 Billion dollars in the U.S. as compared to $16 billion in France. Average costs of a pack of cigarettes $6.36/day equals $35 in health related costs per pack.

Secondhand smoke can cause serious health problems in children.
- Studies show that older children whose parents smoke get sick more often. Their lungs grow less than children who do not breathe secondhand smoke, and they get more bronchitis and pneumonia.
- Wheezing and coughing are more common in children who breathe secondhand smoke.
- Secondhand smoke can trigger an asthma attack in a child. Children with asthma who are around secondhand smoke have more severe and frequent asthma attacks. A severe asthma attack can put a child's life in danger.
- Children whose parents smoke around them get more ear infections. They also have fluid in their ears more often and have more operations to put in ear tubes for drainage.

The key is prevention. Nearly 90% of smokers start smoking before they’re 18 and almost no one starts after age 25. Help your kids be tobacco free by the example that you set. Here are a few other important steps to keep your kids tobacco free:
- Tell your children emphatically and often how dangerous smoking is—and how addictive all tobacco products are.
- Make your home and your car tobacco-free for everyone—friends and guests as well as family members.
- Tell your children you expect them to be tobacco-free.

Happy Breathing!  -Kara Davis

References:
http://www.cancer.org/healthy/stayawayfromtobacco/greatamericansmokeout/index
http://www.cancer.org/research/infographicgallery/tobacco-related-healthcare-costs
http://www.cdc.gov/tobacco/data_statistics/health_effectss/secondhand_smoke/index.htm
http://www.cdc.gov/features/BackToSchool/index.html
God give us wings:
For the everyday things-The tiresome, tedious things which have to be done, yet are never finished and must be done over again, day after day after day.
For the boring things-That don’t interest us, that aren’t exciting and inspiring like the things we see other people doing, but are necessary to keep life happening. The things that don’t bring glory or honor or fame.
For the drudgery things-That no one wants to do but that have to be done by somebody. The get-your-hands-dirty, aching-back things. The nobody-said “Thank you” things. The things which no one notices need to be done until they become visible when left undone.
For the irritating things-That shouldn’t have to be done. The picking-up-the-pieces-again-and-starting-over things. The things that could have been easy if they’d only been done right in the first place. The things that nag at us because we know they must be done. The things we resent doing.
For the lonesome things-That nobody else can help us with. The soothing-over and pouring-oil things. Those things which fill us with dread and keep us trembling as we go to do them.
For the growing things-Which stretch and tug and pull at us and change us when we’d really rather stay as we have always been. The things that demand more of us than we are prepared to give.
For all these things we need strength and courage, determination and will power. But most of all, lord, give us the gift of wings, that we may rise above are limited human perspective and see the joy in being able to do even the things that we would give anything if we did not have to do. Give us wings that we may soar spiritually while doing earth bound things.
January Meeting

Friday, January 8, 2016
State Council Meeting:
8am-4pm

Marine’s Memorial Club & Hotel
609 Sutter Street
San Francisco, CA
(415) 673-6672