

## **San Diego ENA Christmas Hi**

### **Tea V**

Date: Dec. 6,, 2007, Thursday

Time: 2:30 pm

Location: The Westgate Hotel

1055 Second Avenue

San Diego, Ca. 92101

Cost: \$26

Please bring a wrapped ornament for the Christmas gift exchange

game. 

RSVP to Linda Rosenberg by Nov. 30<sup>th</sup> at [linda.rosenberg@sharp.com](mailto:linda.rosenberg@sharp.com) or 858-395-4477

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#### The 2008 Board

The following individuals have agreed to serve as Officers for the San Diego ENA Chapter in 2008.

President– Linda Rosenberg

Secretary –Karen Majerzak

Treasurer– Linda Broyles

President Elect – Lanan Wood (2009 President)  
Past President – Linda Chessmore

additionally some have come forward to accept other positions within the organization and we urge you to do the same!

Newsletter – Leslie Eldridge  
911 Conference– Emily Edgeworth Chadsey and Maureen Phillips  
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### San Diego ENA Nursing Scholarship Application for Spring 2008

Please complete this application in order to apply for a scholarship being offered by the San Diego ENA.

Requirements include 1) Current ENA membership, 2) Current professional licensure as an LVN, RN, EMT, or EMT–P in the state of California, and 3) Current enrollment or acceptance in an accredited undergraduate or graduate nursing program. You may answer the questions on a separate page and attach them to the application. Please limit your answers to no more than a total of 3 pages. Applications must be received no later than **May 15 2007**, for the spring..

Along with this application, your letter of intent should include answers to the following:  
How nursing will benefit from your education  
How the community will benefit from your education  
Describe any training/ volunteer work you have had in the ED or prehospital care.

Include a photocopy or other proof of enrollment or acceptance into a NLN Accredited School.

Name\_\_\_\_\_

Phone Number\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_ Zip\_\_\_\_\_

School Enrolled in\_\_\_\_\_

Year of Graduation\_\_\_\_\_

Year and Semester of Study\_\_\_\_\_

Submit your application for the scholarship to: Linda Rosenberg  
13515 Essence Rd.  
San Diego, Ca. 92128-4721  
Or Fax to

(This application may be photocopied and distributed)

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A special Thank You to Maureen Phillips who was able to secure us the new  
SD ENA PO Box 306, Descanso, Ca., 91916. Volume 10, Issue 3, Page 3



August 9, 2007, SD ENA Chapter Hosts Tours of the USS Mercy

USNS Mercy Tour, San Diego, CA: The chapter business meeting followed a three hour tour of the hospital ship, led by Lt. Stella Annunziato, and assisted by Corpsmen HM3 Cristy Arobely and HM2 Maria Reinoso. It was a fascinating and inspiring morning see this state of the art ship that includes 12 operating suites, a large ICU and the potential to hold 1000 hospital patients. Their triage receiving area is the largest in the world. This ship and her predecessors have many decades of history as providing humanitarian relief throughout the world. As an career emergency department nurse, Lt. Annunziato is passionate about her service to her country, her patients and her staff. We were fortunate to have this opportunity. Thank you to Maureen Phillips and Cathy Tylka who organized this event.

September 5, 2007 SD Chapter goes to the Last Day at the Del Mar Races.

Another year and again Corinne Hollings, RN, did an excellent job coordinating this event. A small group of individuals enjoyed a delicious Mexican luncheon and then went on to spend a pleasant afternoon at the Del Mar Races. Just when these gamblers thought they were going home broke, a last minute superfecta paid off handsomely.

October 11, 2007 Emergency Nurses Appreciation Dinner

The San Diego ENA Chapter was hosted to a lovely dinner at the Hunter Steakhouse in Oceanside by Richard Stratton of Genetech. Dr. Chippendale gave a 1 hour C.E. presentation on evidence based stroke care and what emergency nurses need to know. The San Diego area hospitals were represented at this Chapter Meeting and many donated items were raffled. A great time was enjoyed by all. This event was coordinated by Sharon Schultz, RN, MP. Thank you Sharon for arranging for all of us to have such a wonderful evening!

### **Recruitment + Retention**

San Diego ENA is proud to announce we were able to provide free ENA Memberships to the following recipients as part of the Cal ENA state plan for R+R:

James de Medici

Irene Hodges

Brena Fiestal

Sheryl Crisologo

Rebecca Osgood

Samantha Aquino

Donna Kelly

Nikoll Julien

Miguel Rivera

Anna Dasher

Katharina Lee

Janice Juan

We hope you enjoy you ENA membership and come to the meetings and join the energy of this wonderful organization!

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The following article was submitted by Leslie Eldridge, RN, BS,

CEN



### INDICATORS OF CHILD ABUSE / NEGLECT

Indicators of abuse are not themselves conclusive evidence of abuse.

They are Clues@ or Red flags@ that help may be needed.

PHYSICAL INDICATORS	BEHAVIORAL INDICATORS
<p><b><u>PHYSICAL ABUSE</u></b></p> <p>Unexplained Bruises, Welts, Lacerations, or Abrasions:</p> <ol style="list-style-type: none"> <li>1 On face, lips, mouth</li> <li>2 On torso, back, buttocks, or thigh, and in various stages of healing</li> <li>3 Clustered, forming regular patterns</li> <li>4 Reflecting shape of article used to inflict (electronic cord, belt buckle, handprint, etc.)</li> <li>5 On several different surface areas</li> <li>6 Regularly appear after child=s absence, weekends, or vacations</li> </ol>	<ol style="list-style-type: none"> <li>2 Wary of physical contact with adults</li> <li>3 Clingy and indiscriminate attachment</li> <li>4 Seems frightened of parents or going home</li> <li>5 Drastic behavior change in/out of parent=s presence</li> <li>6 Seems overprotective of parent</li> <li>7 Apprehensive when other children cry</li> <li>8 Demonstrative extremes in behavior (aggressive/passive)</li> <li>9 Inappropriate and frequent anger</li> <li>10 School behavior problems</li> <li>11 Substance abuse runs away</li> </ol>

Unexplained Burns:

- 1 Cigar or cigarette burns, especially on soles
- 2 Immersion burns (sock-like, glove-like, donut shaped on buttocks & genitalia)
- 3 Patterned like electric burner, iron, etc
- 4 Rope burns on arms, legs, neck or torso
- 5 Zebra patterned burns from scalding water

Unexplained Fractures:

- 1 To skull, nose, facial structure
- 2 In various stages of healing
- 3 Multiple or spiral fractures
- 4 Fractures in child under two years

Inappropriate Dress:

- 1 Long sleeves in hot weather, etc.

12 Self mutilates or attempts suicide

**NEGLECT**

- 1 Consistently dirty, unwashed, hungry or inappropriately
- 2 Without supervision for extended periods of time or when engaged in dangerous activities
- 3 Constantly tired/listless
- 4 Has unmet medical or dental needs
- 5 Exploited, overworked
- 6 Abandoned

- 7 Begging, stealing food
- 8 Extended stays at school (early arrival, late departure)
- 9 Truancy
- 10 Constant fatigue, listlessness, or sleeping in class
- 11 Alcohol or drug abuse
- 12 Delinquency (i.e. thefts)
- 13 States that there is no caretaker
- 14 Prostitution
- 15 Suicide attempts

<p><b><u>SEXUAL ABUSE</u></b></p> <ol style="list-style-type: none"> <li>1 Difficulty in walking, sitting or running</li> <li>2 Pain on urination or defecation</li> <li>3 Pain or itching in genital area</li> <li>4 Torn, stained, or bloody underclothing</li> <li>5 Bruises or bleeding in external genitalia or anal areas</li> <li>6 Genital discharge</li> <li>7 Venereal disease, especially in pre-teens</li> <li>8 Pregnancy</li> <li>9 Excessive masturbation</li> </ol>	<p>10 Seems ashamed/self-conscious of body &amp; hides self</p> <p>Unwilling to change for gym or participate in P.E.</p> <p>Withdrawal, fantasy, or infantile behavior</p> <p>School difficulties</p> <p>Eating disorders</p> <p>Sleep disturbances</p> <p>Bedwetting or fecal soiling</p> <p>Poor peer relationships</p> <p>Seeks out or avoids adults</p> <p>Exhibits sexualized behavior towards adults or other children or has specific knowledge of sex beyond developmental age</p> <p>Delinquency or runs away</p> <p>Suicide attempts</p> <p>Reports sexual assault by caretaker/adult</p>
<p><b><u>EMOTIONAL ABUSE</u></b></p> <ol style="list-style-type: none"> <li>1 Speech disorders</li> <li>2 Delayed physical development</li> <li>3 Emotional maltreatment effects are often less tangible than other forms of child abuse or neglect. It is more frequently indicated by behaviors of the child and caretakers</li> </ol>	<p>4 Constantly Aseeking out@ or Apestering@ other adults for attention &amp; affection</p> <p>Antisocial, destructive Aacting out@ behavior</p> <p>Repetitive rhythmic movements (sucking, biting, rocking)</p> <p>Sleep disorders</p> <p>Behavior extremes</p> <p>Overly adaptive behavior: pseudo-mature, infantile</p> <p>Developmental lags (mental, emotional)</p> <p>Attempted suicide</p>

Adapted from information received from HHS A Child Welfare Services 11/07

**Calendar for 2008**

## State/National Meetings

Jan. 10, 2008, 4–7 pm, Cal ENA Board Meeting,  
Huntington Beach, Ca.  
announced  
Huntington Beach, Ca

Jan. 11, 2008, 9a–3p Cal ENA State Council Meeting,

## San Diego Chapter Meetings

Jan 9. 2008. 1730–1930  
Place to be

**Feb. 28– March 2, 2008, Natl. ENA Leadership  
Conference, Honolulu, Hi.**

March 5–7, 2008, Meet your Legislators with ACEP=s  
Legislative Conference, Sacramento, Ca.

August 14–15 2008, Cal ENA State Annual Business  
Meeting, Santa Barbara, Ca.

**Sept. 24–27, National General Assembly and  
Scientific Assembly, Minneapolis, Minn.**

Nov. 5–7, 2008, Cal ENA Leadership Symposium + Emergency Summit, Monterey, Ca.

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### **The San Diego Chapter donates to the ENAF Silent Auction**

Our ENA Chapter donated a exquisite set of sterling silver and 14 K ruby and yellow citrine earrings to this year Jewelry Auction. Additionally, Cathy Tylka, one of our members, also donated a beautiful 14K gold five stone citrine ring. The monies received from this will be used to benefit Emergency Nursing Scholarships and Research through the ENAF. National thanks us for our generous support!

### **2008 educational offerings**

#### **ENPC**

April 4+5, 2008,

Rady Childrens Medical Center

San Diego, Ca., contact Marty Hays  
at 619–464–8680 or [chay2@cox.net](mailto:chay2@cox.net)



#### **TNCC**

February 1+2, 2008

April 4+5, 2008

June 5+7, 2008

October 3+4, 2008

October 31+Nov. 1, 2008, TREF Courses , San Diego, Ca., Contact Cheryl Wooten at 858-626-6365 or [Wooten.Cheryl@scrippshealth.org](mailto:Wooten.Cheryl@scrippshealth.org), or Sue Cox at 858-4010 or [scox@rchsd.org](mailto:scox@rchsd.org), or Dot Kelley at 619-260-7285 or [kelley.Dorothy@Scrippshealth.org](mailto:kelley.Dorothy@Scrippshealth.org), or Kathi Ayres at 858-939-3200 or [kathi.ayers@sharp.com](mailto:kathi.ayers@sharp.com) or Peggy Sale at 760-739-3692 at [peggy.sale@PPH.org](mailto:peggy.sale@PPH.org)  
<mailto:sale@PPH.org>

Additionally, Cathy McJannet may be contacted for CEN REVIEWS and or EMERGENCY NURSING COURSES at 619-435-1087 or [cathy.mcjannet@usa.net](mailto:cathy.mcjannet@usa.net)