**Something NEW awaits 2015 General Assembly Delegates**

This year's General Assembly will be formatted differently than what we have encountered in prior years. The results of the Governance Assessment conducted in 2014 revealed that General Assembly Delegates want to spend more time discussing practice issues, so the 2015 General Assembly is being designed to devote as much time as possible to these discussions. While there will still be opportunity to debate any proposed resolutions and/or bylaw amendments there will also be discussion relating to "Practice Issues."

Do you have a practice issue or challenge you would like to discuss with other General Assembly delegates and bring to the attention of the ENA Board of Directors? Is there something that "bothers you" at your workplace or a clinical topic you would like to discuss with other emergency nurses? If so, I encourage you to complete the Practice Issue Proposal Form. To access the Practice Issue Proposal Form and for further information about the 2015 General Assembly schedule, resources, and deadlines, you can paste the link below into your browser, (you must first ensure you are logged in to ENA website): http://www.ena.org/membership/statecouncils/GeneralAssembly/Pages/ResolutionsBylaws.aspx

If you missed the previously presented Governance Assessment webinar which discussed the results and recommendations of the assessment, a summary of the assessment is available through the "State of the Association" Presentation at: https://www.youtube.com/watch?v=D_N_chaFC2M

The annual General Assembly gathering of emergency nurses is a vital opportunity for ENA members to communicate with each other about the critical issues that we all face each and every day in our clinical practice, and to assist the ENA Board of Directors in setting strategic goals, determining priorities, and envisioning new positions, programs, or publications.

This year will mark the first ever combined ENA General Assembly, Leadership Conference and Annual Meeting, scheduled for September 28 - October 3, 2015 in Orlando, Florida. General Assembly will be held September 29 - October 1, 2015 meeting each morning from approximately 0700 - 1200. Opportunities for California delegate status is open to all national ENA members that hold a current California professional nurse licensure (active or inactive) and wish to apply. The selection process is based upon an accumulative point system outlined in the delegate form. The more active the member, the higher the grand total, the greater the chances of being selected to serve as a delegate to General Assembly.

-Continued on page 3
For contact info go to: CalENA.us

Committee Chairs 2015
Bylaws: Linda Rosenberg
Communications: Kara Davis
Delegates/GA: Louise Hummel
Education: Dianne Idman-Gervais
EMS Commissioner: Linda Broyles
EMS Committee: Judy Scott
ENAF/Fun Raiser: Diane Schertz
Government Affairs: Jen and Mark Denno
Historian: Liz Taylor
IQSIP: Susan Laverty
Nursing Practice: Kathy Van Dusen
Membership: Linda Rosenberg & Terri Sturgill
Pediatrics: Vicki Dippner-Robertson
Press Secretary: Diane St. Denis
Trauma: Gail Dodge
Web Master: Mark Wandro
National Board Liaison: Sally Snow

Important 2015 Dates
State Board/Council Meetings:
May 21st & 22nd: Indian Wells
August 13th & 14th: Long Beach
November 12th & 13th: San Diego

Next Newsletter Deadline:
May 29, 2015

Save the date:
National Assembly:
Sept. 28th to Oct 3rd, 2015
Orlando, Florida

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The California Emergency Nurses Association is a non-profit professional organization with a membership of over 3700.
The State Council meets 5 times a year.
Correspondence may be sent to:
Cal ENA
President Susan Smith
president@calena.us

Chapter Leaders 2015
223 East Bay Nancy Hiteshew
224 Greater LA Holly Nagatoshi
225 Mid-Valley Janet Williams
226 Orange Coast Phyllis Robby
228 San Diego Sheri Eden
230 San Francisco Cheryl Randolph
232 Loma Prieta Kelly Johnson
253 Sacramento Jen Denno
362 Inland Empire Vicki Dippner-Robertson
378 Channel Islands Cheryl Evans Cobb
379 Superior Lynda Gomes
442 Kern County Susan Laverty
460 North LA Jacinda Jipp
495 Monterey Karen MacDonald

The Monitor is the Official Publication of California State Council Emergency Nurses Association.
The Monitor is published 5 times/year.
For inquiries, article submission, or ad placement, please contact the editor:
editor@calena.us
Every application submitted will be accepted and added to a list of all other applicants according to date/time received. You must notify your Chapter President of your intent to apply who then may be asked to verify the accuracy of your meeting attendance. Complete all portions of the application and be sure to submit copies of all required cards to verify your claims of involvement. If cards are not submitted you will not receive credit for claims.

Applicants are sorted from the highest to the lowest grand total points. The deadline for priority selection is either your electronic submission or postmarked application no later than June 5, 2015. All applications received after this deadline will be accepted, but placed at the end of the list, regardless of its point value. National ENA will notify California, during the early summer months, of the total number of delegates and one alternate assigned to our state. Each state is now assigned, by their portion of ENA membership percentage, the State Council President, delegates and 1 alternate. When this total is known, applicants will be selected according to their position on the list. Selection is based on total number of points and Delegate Application received date. Attendance is required at each of the designated General Assembly meeting days. Delegates and alternate will be seated together on Assembly floor and must sign in on attendance roster each day. The State Council may provide financial assistance to those who serve according to the above guidelines. NOTE: The Cal ENA Board reserves the right to determine the amount and method of reimbursement according to the current financial status of the treasury. Delegates receiving financial reimbursement for expenses other than those provided by State Council must provide the appropriate receipts to their local chapter or employer. Delegates may not accept additional per diem reimbursement for expenses which are being provided for by either their local chapter and/or their personal employer. Accepting additional reimbursement for expenses which are covered by another entity constitutes "double dipping" and may subject the member to a tax audit or the payment of fines.

I encourage you to participate in the 2015 General Assembly as a Cal ENA Delegate, to be able to discuss issues that are vital to our everyday practice as emergency nurses. The delegate information sheet and application are available through the Cal ENA website at http://www.calena.us/ To access the delegate information first click on "Documents" the information sheet and application form can be located under "Forms & Reports".

Any questions regarding the delegate application process or relating to submission of a practice topic for discussion can be sent to: emergencyrnlouise@gmail.com

Louise Hummel MSN RN CNS CEN FAEN
Cal ENA Delegate Coordinator
2015 ENA Resolutions Committee Member

State Council Meeting Sacramento
March 19, 2015

Report as follows from my notes:

Treasurer’s Report:

Budget update: Slightly behind for the 1st quarter on the income side but this was off-set by the lower costs of the January meeting. Need W-9 forms from those people who were paid more than $600/year for costs other than travel expenses.

Discussion on incorporation:
All Chapters and Committees work under the incorporation of National ENA. No chapter or committee can have their own separate bylaws.

Discussion on Branding:
All ENA sponsored or affiliated communication needs to have the official ENA logo in the correct format. There is a toolkit available on ENA’s website. Due to the requirements of branding we will need to make some changes on our website. Mark Wandro is working on updating our website. See report from the Webmaster. Cal ENA’s policies will also be updating to meet the branding requirements.
**Committee Reports**

**Discussion on our Cal ENA email:** It seems that a lot of the emails that are sent are not getting through to our members. Please check your spam folders for correspondence from Cal ENA. Email might also be blocked because there is an “x” in the title. If your email has changed, please update your email through ENA’s website in your member profile. The member information that is on file with National ENA is used for Cal ENA’s email correspondence.

* -Kara Davis, Newsletter Editor

**EMS:**

Susan Smith reviewed the latest STEMI Guidelines developed by the task force. The Epi-pen Regulations are out for public comment and available to review on the EMSA's website. Please review these documents and send your comments to Judy Scott ASAP.

Jeremy Elrod reported on the Wall Time meetings that have been taking place. This is a whole hospital issue, not just an ED problem.

The EMS Committee is going to look at surveying different areas to gather information from different perspectives.

* -Judy Scott

**Committee Reports:**

**Education:**

The Education Committee is actively planning several events for this year:

- CFED preconference CEN on Monday, May 18th.
- C.E. Cruise following the State council meeting in August in Long beach. Leave Friday after the meeting, return Monday. Details to follow.
- Educational event prior to meeting in San Diego on Thursday, November 12th at the Kona Kia Resort from 0800 to 1600. Save the date fliers will be out soon. Looking for suggestions, volunteers for topics and speakers.

* -Diane Idman-Gervais

**EMS Commission:**

The EMS Commission met in Los Angeles on March 18, 2015. The next meeting will be held June 18, 2015 in Sacramento.

The Chapter 13 Task Force continues to meet almost monthly. The group has been able to reach some agreement on some difficult issues and continues to work towards a resolution.

The Community Paramedicine (CP) projects will be moving forward over the coming year. The pilot sites completed their core training of 77 paramedics in January. They will continue to get site-specific training. Beginning in June 2015, the CP pilot sites will be activated and will provide services based on their established protocols. There are still challenges ahead; not all the critics of the projects have been able to be appeased. There are questions as to whether...
or not the projects will be able to be sustainable after the first year given the opposition and funding issues.

The First Aid and CPR Standards and Training for Public Safety Personnel Regulations were approved by OAL on Feb. 5, 2015 and were submitted to the office of the California Secretary of State for publishing. The regulations will go into effect on April 1, 2015.

The agenda included a continued discussion on an EMS Plan Appeal Process. There are two appeals pending to the commission and there is no current process to have appeals presented directly to the commission. The EMS Authority has drafted two sets of regulations consistent with the request made by the EMS Commission at the December meeting; one set is a standard rule-making package and the other is an emergency regulation package. After much discussion, a decision was made to withdraw the emergency regulation package and move forward with the standard regulation package which was submitted to OAL and are out for public comment March 13-April 27th.

-Linda Broyles EMS Commissioner

**ENAF:**

Information on scholarships can be found on the ENA.org website. Submission deadline is April 30th.

Thank you to the Sacramento Chapter, Patrice Christensen, David Samuelson, and Diane Schertz for the donations for the opportunity draw- ing give aways.

The Cal ENA Bowling Tournament from the State Council meeting raised $883 due to a large anonymous donation of one of our members as well as the support and participation of the meeting attendees. The “bowl-off” was the cumulative activity between Jen Denno and Louella Buell.

Attendees were asked to think about suggestions for the recognition for naming the scholarship in conjunction with our $5,000 donation of funds raised.

-Diane Schertz

**Committee Reports Continued**

Diane Schertz, ENAF Fundraising
Sacramento

Dobby Rogers, from CHA addressing the audience on Leg Day 2015
Sacramento
Government Affairs Committee:

We had a fantastic legislative day that included a rally with Assembly Member Rodriguez to promote AB 172 on the Capitol steps. Attendance was high and we are already planning for next year. Save the date: March 16, 2016 and the Hyatt is booked so it will be easier for people to attend the event. We discussed the progress of AB 172—it has passed the Public Safety committee and heads to Appropriations next. Since our last meeting, the State board officially approved support for AB 8, AB 1300, and SB 61. We discussed many other bills and sent 2 bills to the State board for approval: AB 319 and SB 126. These were approved by the State board and letters of support have been sent to the bill authors. We will continue to follow these bills and encourage all members to write letters of support for AB 172. There is more information on the GAC website with a template letter and how to find your local representative. Buttons for AB 172 are available from Jen/Mark Denno—just send us an email and we will send them to you!

-Jen and Mark Denno, Government Affairs Co-Chairs

Leadership in Practice:

Authors Kathy Van Dusen, Agnes Faria, and Vicki Sweet wrote a resolution for General Assembly titled “Safe Pain Medicine Prescribing” which was submitted on March 1st. Two days after the submission, we received a phone call from the Resolutions Committee stating that they loved our resolution and would like to bring this resolution to the National Board of Directors meeting in April. We also have submitted a Leadership in Practice issue for discussion at General Assembly titled “Photographing and Videotaping of Healthcare Workers Without Permission.” We are looking to submit two other issues:

1. Care of the Psychiatric Patient in the ED
2. Intravenous Administration of Propofol by ED Nurses

We had a robust discussion of psychiatric patients in the ED and Dr. Zeller, from Alameda County, model of care.

-Kathy Van Dusen

Membership:

Summary of 2014

California had a total of 899 New Members join ENA in 2014 bringing the California total membership as of December 2014 to 3,619. California has the highest membership nationally! We were followed closely by Texas with 3,370 members and New York with 2,398. The ENA National total number of paid members in 2014 was 40,329

January 2015

California had 75 new members join ENA bringing the new California total paid membership to 3,810 members.

Nationally, ENA total membership is 40,342 (JAN Data)

Goals:

I will be tracking the most current data for our California active Chapters and tracking the overall total number of new and renewing members per month. The totals are provided from the ENA National Website.

I will provide a summary of membership activity to the State Council Board and at the State Council meetings.
I am interested in helping to recruit and retain membership and will be looking at the new tool kit provided by National for ideas to share with our Chapters.

-Linda Rosenberg

Pediatric Committee:

The Pediatric Committee discussed the Regional Director vacancies for the Northern California area and the Southern California area. Nominations for these positions were made. Chair-elect nominations were encouraged. It was decided that our committee will sponsor both a Northern and a Southern ENPC Instructor Course. We discussed the possibility of having an ENPC Provider class prior to the CFED Conference in May at Indian Wells.

For nurses with CPEN, at times it is difficult to locate pediatric specific education. We will work with Kara Davis and have such classes advertised in The Monitor.

Legislation for AB 319, promoting hands-on CPR to be included in high school education was discussed.

-Vicki Dippner Robertson

Trauma Committee:

Continuation of previous report:

State Monitors

If you are in need of a list of approved state monitors permitted to monitor new instructor candidates you’ll find it posted on the Trauma Committee website for you to peruse. Any TNCC Course Director may find the person’s contact information at the ENA website by going under Course Directors Only – Course Reports. You can check out the process to become a state monitor at the Trauma Committee website under Document Sharing – Designation of State Monitor. Regional and State Education

You’ll find postings on our website of available educational opportunities throughout the state. We currently have information there related to this year’s EMSA-sponsored trauma conferences in May and June. Please send anything you may wish to have posted at our site and we’ll be happy to add it to the list. In addition we link to ENA’s list of currently available TNCC courses.

Committee Meetings

Five times a year, prior to each afternoon council meeting, the Trauma Committee meets for an hour in the morning from 10:15-11:15. Along with business associated with TNCC activities in the state and at national ENA, we discuss trauma-related topics of interest to the nurses attending this meeting. We’ve covered topics ranging from how to teach the skills in the Trauma Interventions station to the MCI medical response in the Fed-Ex-school bus crash to the newly evolving trauma system in California. The meetings are also a good place to ask questions about changes in course structure/content, becoming faculty, developing a program and “what-ifs.” Dates and sites are listed on our website, and specific directions and schedules are posted on the Cal ENA website at www.calena.net

-Gail Dodge

Newsletter:

Please note that the turn-around time for chapter and committee reports has been moved up to a week after the State Council meetings. It’s is my goal to have The Monitor out in a timely manner following the meeting. Let me know if you have any articles of interest to share. Thank you for any comments or feedback to improve the read and interest in the publication.

-Kara Davis

Webmaster:

Currently I am working with the Board on the redesign of the logo on the web site, based on guidelines issued by national ENA at the Leadership Conference. Look for design changes soon. Otherwise, the chapter and committee pages are being updated as you, the members, send me your latest information. I hope to have approved copies of State Council minutes and the updated Bylaws on the site soon. Please let me know if you have any other requests for
Committee Reports/Chapter Reports

the site. I usually reply within a day or two.

Be sure to fill out the Chapter/Committee Report forms on the tables with info on your chapter or committee. They are also available on the web on the Documents page if you prefer to submit them digitally. These reports help us to write accurate descriptions of what is going on in your chapter or committee. They are used in the Minutes and the Monitor. They also get posted on the website, either in the Monitor or on the Documents page.

-Mark Wandro

Chapter Reports:

1. Work with local EDs to arrange conference call with minimum of ten people in attendance and we’ll provide pizza.
2. Ask if alternate meeting dates and times may increase attendance.
3. Give away free membership at EDAP Conference.
4. Have a four hour special topic meeting in May/June for C.E.U.s.
5. Started planning next EDAP conference and looking at dates.

-Carole Synder

Inland Empire:

Meetings are held monthly. Pharmaceutical companies have sponsored our last two meetings. BTG representing CroFab & Medicines Company presenting an in-service on Orbactiv.

Excitement is mounting as our annual Timely Topics takes place at Desert Regional Medical Center on Friday, April 17th. The topic is very timely, entitled “Let’s Get Psyched,” as many emergency departments, on a daily basis, have an influx of people seeking assistance. The Cal ENA website has brochures and a PayPal link. We are looking forward, with great anticipation, to May 21st and 22nd when the Board meeting and State Council meeting will take place in Indian Wells.

-Vicki Dippner Robertson

Kern County – Kern County’s Education Day is scheduled for Wednesday May 13, 2015 from 0700 to 1700 in the Learning Center at Bakersfield Heart Hospital.

Speakers scheduled to date include:
- Active Shooter in the Workplace by Bakersfield Police Department;
- Coroner’s Cases: Protecting the Chain of Custody by Kern County Coroner;
- Pain Medication Contracts With Emergency Department Patients; Lisa Harding, RN, BSN;
- Snakes, Insects and Needles That Bite: Current Treatment for Needle Sticks by Tobin Miller, RN;
- One or two more topics to be added.

Monthly meetings have been changed from 0800 to 1700, still on the second Tuesday of every month. Locations change monthly and will be announced.

-Susan Laverty

East Bay – We had a meeting on February 10th at JMMC in Concord. A rep from Pain-Ease sponsored our lunch. We had three attendees. Our next meeting is in May.

-Louella Buell

Greater Los Angeles – Our Chapter met January 21st at PIH, ten members were present. Chapter sent two members to Leg Day in Sacramento.

Brain-stormed on ideas to increase recruitment and retention:

-Ruth Keniston and Christine Zaiser
Sacramento, CA

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Cal ENA Monitor
Loma Prieta – Our last meeting was held at Regional Medical Center of San Jose on March 12th. We provided a one hour C.E.U education program titled Interesting Toxicology Cases by Dr. Kieu Nguyen, ED Physician.

Our next meeting is scheduled for April 16th at Good Samaritan Hospital in San Jose. A one hour C.E.U. education session on Immunization Update will be provided.

-Mike Rossie

Mid Valley:

Mid Valley held a meeting on March 11th at Valley Children’s Hospital in Madera. We had Dr. Robert Kezirian from the Emergency Department speak on Pediatric Respiratory Emergencies while we had dinner. We had sixteen people attend the meeting.

-Janet Williams

Monterey Bay-We are excited to become an official Chapter. Our 2015 Chapter Officers are:

President- Karen McDonald,
President-elect - Susan Burnell Donovan,
Secretary- Lisa Latham,
Treasurer- Diana Hanakahi.

We had a chapter meeting on February 9th sponsored by TEVA at the Community Hospital of the Monterey Peninsula.

Our upcoming Chapter meetings:
June 10, 2015 Natividad Medical Center in Salinas, speaker TBA and will be discussing more about an educational day.

October 12, 2015 Dominican Hospital in Santa Cruz, speaker TBA
December 2, 2015 Salinas Valley Memorial Hospital, speaker TBA

Times are: 5:30-6/6:15pm light dinner is free. And one hour of CE. The meeting to follow speaker presentation.

Northern L.A.-A Chapter meeting was held on January 15th. We will be hosting an ENPC class on March 21st and 22nd. We are planning for fundraising ideas at some local restaurants, current topics include drowning and helmet/head safety for pediatrics. We are also planning our next meeting to include a special guest speaker.

-Mirtha Ramirez

Orange Coast-A few of our members were able to attend the ENA State and Chapter Leaders Orientation in Las Vegas on February 19th and 20th. A common thread throughout the conference was related to the significance of increased membership and engagement of the members. One of the supporting ideas to increase, inform and engage target audiences was through social networking.

Our chapter board met on March 11th and identified probable sponsors for the upcoming CEN Course Review. The Review will be held April 18th and 19th at CHOC Children’s Hospital. In addition, we scheduled a movie night for June 2nd also at CHOC Children’s Hospital in the Holmes Tower, Room A, B, and C. The title of the feature movie is The Waiting Room, and our San Diego Chapter is invited to join us.

In addition, we discussed our plans to update our internal records and website for our future leaders as they transition into the officer roles.

-Sacramento

Our chapter was busy in March and we have more great events on the way! Check out our newsletter to see what’s happening.

There are only 8 spots left for the Pediatric Rashes lecture at Kaiser Roseville on April 22. We will be fundraising for the Annual State Challenge to increase funds for ENA scholarships. Please RSVP if you are able.
you plan to attend.
We are trying something new for our new grad nursing members—we will be offering a New Grad Workshop on May 27 including resume reviews and interviewing techniques. Many of our experienced nurses have sat on interview panels and reviewed resumes so we feel we have a lot to share! If you have new grad friends, please share the flyer. We’ll be advertising at the local nursing schools. If you want to assist with the event, contact me.

Another great class: Trauma Care After Resuscitation will be hosted by Sutter Medical Center, Sacramento on June 9 and 10. On June 24, we have an excellent sports injuries lecture sponsored by Sutter Roseville.

On July 29, we’re very excited to offer the 2nd Annual AACN-ENA Collaborative Critical Care-ED Nursing Symposium. This has been a fantastic joint education event that brings together amazing speakers and nurses from all over the region. Spaces will fill fast so register as soon as it’s open! Discount for members.

Our website will be up to date in about a week with all these events and registration links. The California State ENA Council will be updating the look of the chapter websites soon so we’re in a transition period. If you have any questions, please email me. I’ll be keeping the Facebook page up to date too.

-Sheri Eden

San Diego—We are gearing up for our annual 9-1-1 Conference on April 24th at the Vista Community Center. We have 8 applicants for our two scholarships, (one new entry, one RN Advancement). These will be awarded at our conference. We are planning a showing of The Waiting Room at the Coronado Theater in conjunction with Emergency Nurses’ Day. Several other activities are still in the development/planning stages.

-Sheri Eden

San Francisco—Our chapter held a successful ED Update on February 17 at San Francisco General. The speakers included 6 distinguished MDs from the General speaking on topics that included Precipitous Delivery, Penetrating Chest Trauma, Medical Care at Burning Man, Traumatic Brain Injury, the Asiana Plane Crash at SFO and Spinal Immobilization with new backboard guidelines. Eighty-six RNs attended, including 21 new members who got the conference for free by joining that day. We provided breakfast and lunch, had two vendors and raised $3500 for the chapter. We are planning another Update for the Fall. Cheryl and Kerry are working on a statement for ENA about the new backboard guidelines.

-Mark Wandro
Wall Time Report:

Situation-

ENA was invited to the table for a discussion around Ambulance Offload Delays, aka “Wall Time” by CHA and EMSA. Apparently there was a lot of background on this issue because we were given a copy of a Wall Time Toolkit that was in draft stage for the past year. From what I understand, Wall Time has been a growing issue for quite some time and was formally identified in a white paper published by Cal EMSA and CHA.

Background-

Coinciding with the publishing of the Wall Time Toolkit, four counties in California formed independent task groups to establish standard definitions of the problem. One specific example that I remember is that the EMS work group in Santa Clara County recognized arrival and completion times were not standardized within the EMS system. It was sited that arrival times for EMS could be interpreted as wheels stopped versus patient arrival in the ED. Equally, completion times could be interpreted as wheels moving versus the patient moved off of the EMS gurney. The four county assessment can be summarized as follows:

Santa Clara- Followed a Six-Sigma model of lean production, basically assumed a shared responsibility between EMS and Hospital. Discussion here illuminated the need to have standard definitions of arrival and completion times.

San Diego- Redirecting traffic reduced wall times because hospitals worked harder to keep customers instead of having them leave for an alternate hospital.

LA County- Personalizing the problem of Offload Delays got better results and reduced drop-off times.

Contra Costa- Need to define “Unusual Demand” and “Never Events”. Super interesting conversation here RE: “Never Events”, for example, a patient would never be held in the ED longer than five hours.

Assessment-

Both EMS and Hospital stakeholders seemed entrenched in their sides. EMS is frustrated because Wall Time has so many providers out of service, leaving a thin workforce in the field. In some cases EMS is being fined because they cannot meet the obligatory six minute response time and are absorbing fines. Hospitals are siting drastic increases in census volumes and are contending with throughput issues in return.

Both sides found common ground on one simple statement, that the Wall Time issue is not an ED problem, but rather a hospital problem.

The palpable sentiment was that something has to be done to fix the problem and if solutions were not viable quickly I would not be surprised to see litigation or legislation soon.

I met with a CHA representative who is interested in fact-finding related to this issue and is interested in partnering with ENA to disseminate communications related to this issue. I will send survey questions soon RE: Wall Time definition recommendations and statistics of boarded patients, transfers per day, pending transfers to specific destinations and other statistics as identified by ENA EMA committee.

Recommendations-

As much as I would love to put this whole issue into a blender and have fun changing the world, we are probably back at the analysis stage of this issue. Unfortunately it feels like this problem is growing faster than we can implement change. I do believe, however, that ENA can help encapsulate and reconstruct this issue. Remember, we were invited to the table and both sides see values in our involvement. I will reserve my solution-based recommendations until later, but ENA has already posed a position statement RE: Holding, Crowding and Patient Flow. I believe this would be a good Clinical Discussion Topic at the upcoming National ENA conference under the new GA forum.

-Jeremy Elrod
CEN Review Classes, ENPC, & TNCC
Some courses are listed on the Cal ENA web site:
www.calena.us

Or check with your local ENA Chapter.

For the most up-to-date course information, go to the national ENA web site/Education, click on ENPC, TNCC or CATN to see courses available in California.
Please confirm dates with course directors.

Contact one of these providers for their next class:
CME Associates
(714) 998-2208

Paragon Education
www.paragonrn.com
(800) 997-9937

Cathy McJannet cathy.mcjannet@usa.net
Solheimenterprises.com

Wellness: May is National Bike Month and Motorcycle Safety and Awareness Month. What’s not to love about the breeze blowing through your curls as you ride down your favorite road? As motorists, we need to make sure we share the road and look twice for all kinds of bikes. California recently approved a new law pertaining to bike safety. If you pass a bike on the road you need to give them three feet of clearance, that includes the clearance if you have large mirrors that increases the overall width of your vehicle. Bicyclists and motorcyclists should wear gear that is bright and highly visible and always ride defensively. Bikes need lights not only at night but early dawn and dusk as well. Regular maintenance of your bike or motorcycle is very important. Never exceed the load limits of the bike and insure the tires are properly inflated. Heading off road for a little more fun and excitement? Plan to travel in a pack of at least three riders. One to go for help if needed and one to stay behind and attend the injured. Geez, I sound like such a worry-wart. Or is that just my 30+ years of EMS and nursing slipping out. I even wear my helmet if I’m riding my cruiser bike to the farmer’s market. Not only is it the safe thing to do, it also provides a good role model in case anyone from work sees me out and about. So enjoy the ride, just make sure those curls are safely tucked under an approved helmet.

Snacks for the trail:
Bananas
Dried fruit
Sliced fresh fruit, like oranges and apples
Nuts
Peanut butter and cinnamon graham crackers
Your favorite granola bar
Water or electrolyte drink

-Kara Davis

And don’t forget your sweat-proof sunblock!

-Kara Davis
Sponsor and a bit of ENA History

From my archives:
H.E.R.N.I.A.
HERNIA...Husbands, wives, and significant others of Emergency Room Nurses in America.
Are you a HERNIA supporter? What are your answers to the following questions?

1. Does your spouse have more initials after, than letters in their name?
2. In an average week is more time spent attending meetings than time spent with you?
3. Do they work in a chaotic atmosphere dealing with critically ill and injured people?
4. Do they work strange hours, weekends, holidays and overtime-then complain to you about it the next day?
5. When you turn on the T.V. to watch the local news, do they give you the “real” story of what happened?
6. When you’re feeling ill, do you have the nagging sensation your complaint is minor compared to what they’ve seen?

If you’ve answered yes to one or more of these questions and you still continue to encourage them to go on, then you are a true HERNIA SUPPORTOR.

-Kara Davis, Newsletter Editor
August Meeting

Thursday, August 13, 2015
Board Meeting: 4-8pm

Friday, August 14, 2015
State Council Meeting:
8am-4pm

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California Emergency Nurses Association
THE MONITOR

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