On behalf of the California ENA State Council, I would like to express my condolences to the families and friends of those who were killed or injured during the Boston Marathon explosions today. We pray for our colleagues caring for the injured in the many emergency departments across Boston as they respond to this horrible tragedy. Together with the police, fire and EMS personnel on scene there was an incredible rapid response to save as many people as possible and rush those injured to an Emergency Department. Disaster response training is taken seriously in every Emergency Department and today, those teams were put into action and we are reminded of how quickly disaster strikes. This is emergency nursing at its best.

_Linda Rosenberg, RN, BSN, CEN_

Thanks to all of you who attended our Legislative Day in Sacramento before our March meeting. It was a lively group and we all got a great tour of the capitol from Immed Past Pres Marcus Godfrey. (See Kara’s article on page 3.)

To thank the police and nurses for their hard work, nurses at UC Davis Medical Center in Sacramento, organized by ENA member Lindsey Lawless, sent gourmet cookies to the Boston Police department and staff at Mass General Emergency.
The California Emergency Nurses Association is a non-profit professional organization with a membership of over 3800. The State Council meets 5 times a year. Correspondence may be sent to:

Cal ENA
President Linda Rosenberg
president@calena.us

Contact all Cal ENA leaders at: CalENA.us

Committee Chairs 2013
Bylaws: Marcus Godfrey
Education: Tobin Miller
EMS Commissioner: Matt Powers
EMS Committee: Judy Scott
ENAF/Fun Raiser: Diane Schertz
Government Affairs: Kara Davis
Historian: Liz Taylor
Injury Prevention: Patrice Christensen
Leadership In Practice: Julie Rossie
Membership: Terri Sturgill
National Board Liaison: Deena Brecher
Newsletter: Mark Wandro
Pediatrics: Flora Tomoyasu
Trauma: Gail Dodge
Webmaster: Mark Wandro

Chapter Leaders 2013
223 East Bay Christine Salogub
224 Greater LA Martha Mullen
225 Mid-Valley Janet Williams
226 Orange Coast Kathryn Robidoux
228 San Diego Mary Meadows-Pitt
230 San Francisco Cheryl Randolph
232 Loma Prieta Colleen Vega
253 Sacramento Heather Venezio
362 Inland Empire Teri Reynolds
378 Channel Islands Ed Pulido
379 Superior Stacie Crain
442 Kern County Susan K. Laverty
460 Northern LA Vicki Johnson

Important Dates
State Board/Council Meetings:
May 9-10: San Jose
Fairmont Hotel
August 8-9: Ventura
Educational Event
November 21-22: Long Beach
Queen Mary
CE Cruise Nov 22-25

Next Newsletter Deadline
July 1, 2013

Sponsorship Rates

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The Monitor is the Official Publication of California State Council Emergency Nurses Association. The Monitor is published 4 times/year. For inquiries, article submission, or ad placement, please contact the editor: editor@calena.us

Cal ENA Directory
The most recent meeting of the 2013 State Council was held in March at the Sheraton Grand Hotel in Sacramento. Here are some highlights:

**Nominations** are open right now for Cal ENA Board positions for 2014. Ballots can be found on the web site: [www.calena.us/documents](http://www.calena.us/documents)

**ENPC Instructor courses** will be held in Southern CA in July and Northern Cal in mid-June. For the first-time ENPC Instructors, the course fee will be covered by the Peds Committee.

**Scholarships** are open at the National level for those considering continuing their education. The application deadline is June 1.

**Education Cruise**, don’t forget it is happening right after our meeting in Long Beach from November 22-25. It is a Carnival Cruise with CEs for around $300. (See article in the March Monitor or look for the brochure to be posted on the web site.)

**Report from Kara**

“What’s in a Name?”

This was the title of a session that I attended at the EMS Today Conference in Washington D.C. in March and it was about the issue of Community Paramedics. Community Paramedics is a concept of utilizing EMS providers to fill the gaps in our healthcare system. It could be called Community Paramedics or Advanced Practice Paramedics but the term that I liked best was Mobile Integrated Healthcare Practice. As part of the Triple Aim of Healthcare Reform we have all been tasked with improving patient satisfaction, improving community health and reducing healthcare costs. Hospitals may be looking at ways to prevent readmissions, to ensure patient compliance and to reduce frequent users of the emergency department. As emergency nurses we see the needs of our patients and communities first hand. Emergency nurses are highly skilled and trained in patient assessment, patient care and patient education. We need to be aware of these programs in our own hospitals and communities and position ourselves to be leaders, educators, and collaborate with our EMS partners in the rapidly changing healthcare environment.

On March 9th, we held our Annual Legislative Day in Sacramento. Emergency nurses from all over California attended, from as far south as San Diego and Palm Desert to as far north as Chico, and all the in-betweens, Bay Area, the State of L.A., North Coast, and of course Sacramento. Twenty-five of us in all and we divided into groups of three or four and each group covered one of the five floors of the legislature, distributing our leave behinds and talking to legislative staff. We learned a lot, shared a lot and have ideas for making year even better. Thanks to everyone who attended and helped to make our ENA Leg Day a great success! Plan to attend next year’s event and wearing your running shoes.

*Kara Davis, RN, MICN
Government Affairs Chair*
Chapter News

Greater LA had a very well-attended meeting in January. They are planning a CEN Review course on a date to be determined. They are planning an ED Approved for Pediatrics (EDAP)2-day conference in mid-October. Save the Date flyers will be sent out early this summer.

East Bay reports they had a board meeting on January 16 and came up with dates for their quarterly meeting in 2013. They are thinking of having a possible Ultrasound Guided IV class for 4 hours. They had their first quarter meeting at the John Muir Med Ctr in Concord with a good turnout of 12 attendees. Jennifer, Stroke Coordinator at JMMC, spoke to them about Emergency Stroke Care. They had two new faces, one from Children’s and a new grad. Their next meeting will be on May 30, hopefully at Children’s ED in Oakland.

Kern reports no activities at this time.

Loma Prieta reports their February meeting included a CEU topic, there was an open discussion on practice issues, propofol administration by ED RNS for Procedural Sedation. They plan to connect with Cal ENA Board for the next steps. Their next meeting was on March 28 will include CEUs for Stroke in Women with the presenter being Jo Ban, a neuroscience specialist. Their Annual Update is planned for April 18 at Kaiser Santa Clara. It is titled Start to Finish: A Look at the Past, the Fast and the Furious

Mid Valley met on February 27 with a small group. They set up meetings through August as follows: April 17, June 19 and August 21. They are in need of a President, if anyone is interested.

Northern LA reports they are off to a slow start this year. Their next meeting was on April 18 at Palmdale Regional Medical Center. They are going to contact hospitals in their area to let them know that we are a chapter and hope to boost their membership.

Orange Coast states they had a CEN Review course in January with 57 members of the chapter participating. This was also our first chapter meeting for 2013. They are planning their second meeting for late April. We are excited to have a joint meeting with the San Diego chapter in June.

Sacramento held their Education Event on March 19 at Sac State Sim Labs. They had 25 participants and pediatric scenarios included respiratory, trauma, cardiac and shock. All the evaluations were positive. Monthly meetings will continue via Oovoo and teleconference on the second Tuesday of each month.

San Diego held their 911 Conference on April 19 at the La Mesa Community Center from 0800 to 1630. They are hoping to have 100 participants. Mercy Air is sponsoring lunch and several other vendors are coming. The chapter will be giving out three scholarships of $500 each for people in BSN and MSN programs. They are also working on having a joint meeting with Orange Coast at the end of June. They are looking for a dinner sponsor.

San Francisco recently had a nurse at SF General unexpectedly die and as a department we are making a plaque to memorialize her at triage (her favorite place to work). The chapter donated $100 as a memorial to her. We are planning an event in May. Our sponsor, Conerstone Therapeutics (they make Cardene), will be treating us to dinner on May 17th at 1300 Fillmore. We have room for 22 people. There will be a speaker from the vendor who will talk about hypertensive emergencies.

Superior reports no activities at this time.

Stacie Crain
Committee News

Newsletter/Web
Printed copies of the Monitor are available at State Council meetings. You can also download it from the web site. Please continue to use the forms at the State Council to give me information about your chapter or committee. I was not able to be at the Sacramento meeting, so your written reports were a lifesaver. If you are unable to do that, please just email me a report at:

editor@calena.us

Next deadline is July 1, for the August issue.

The web site www.calena.us is an ongoing process. It is an easy place to find info on the next meeting location. You can also find important links to groups that are important to ED RNs. The state council also has a Facebook page maintained by Marcus Godfrey, me and board members and you, the members at large who can keep us updated with the latest through your comments posted on our CalENA Facebook page.

Anyone interested in taking over for me in the near future, please contact me at the address above, or see me at the next meeting.

Mark Wandro

Press Secretary
Send news to Diane St. Denis: dianestd@mac.com

ENA Foundation
2013 State Challenge theme is “Shout Out for Emergency Nursing Education”. The goal is to raise $117,000. Current total as of March 19 is $27,749.16. California has registered $1130. We have $400 from January’s meeting and $405 raised today which will move us in to 3rd place nationally. The Board has approved funds to make our donation this year reach $10,000! Last year’s $116,702 is funding 28 scholarships this year. Our scholarship was named for Anita Ruiz-Contreras.

Thanks to the Sacramento Chapter and its individual members for their donation of today’s prizes. Also, we acknowledge all of the individuals and chapters who have donated money to the Endowment Fund in memory of our ENA co-founder, Judy Kelleher.

Diane Schertz

Pediatrics
Q4 assessment was $3,660. Hemet ENPC had 18 providers. Working on list for instructor potential. Completed CHOC course director monitoring and new instructor candidate monitoring. ENPC v4 Provider manual errata sheet available online, will be included in manuals from now on. ENPC v4 Instructor update deadline was 3/8/13. V3 Instructors who did not complete it will need to start the instructor process again, that is, attend v4 Instructor class and be monitored. There is a new process for state-sponsored instructor candidates. Get a letter of request to support first time instructor status and send it to the state Pediatrics chair.

We are planning an ENPC Instructor class on April 27 in the southern California area, location to be determined. Contact Gail Dodge for info. We are planning a northern California Instructor class in late May or June. We have 2 requests for ENPC courses – one from Sacramento and one from Visalia. The committee approved the requests.

Flora Tomoyasu
Committee News

EMS Committee
We reorganized the committee’s standing report. Several reports are repetitive. The committee evaluated other happenings and added new areas of interest.

Judith Scott

Stroke Committee
The committee has not met since the fall of 2012. The deadline for each regulatory packets was extended to allow for more comments. The EMS Authority staff will review comments. It is not clear at this time if the next release will be a pre-public or public comment draft.

Jan Ogar

Leadership in Practice
Update on ED Workplace Violence study:
IRB process which will take approximately 4-5 days after finalizing content is required for IRB approval;
Obtained Database Manager;
Database created;
Next steps – IRB approval, additional funding, feasibility study in Ventura County, hospital manager contact list, identify target hospitals that will meet “power” to obtain data from various hospital types – ie, rural, urban, pediatrics, trauma, etc.
Propofol administration by RN for Procedural Sedation – LIP will draft a letter to submit to Cal ENA Board to submit to BRN to update their Procedural Sedation statement.
Practice challenges in open forum:
Fall risk assessment in ED;
Suicide risk assessment in ED;
Redundant documentation taking the nurse away from the bedside.
Attendees will send an email to others at the meeting to inquire about their facility practices around falls and suicide risk assessments.

Julie Rossie

Membership
Look how we have grown over the last month! Isn’t that EXCITING!! I look forward to the growth of the State Council this year! Let’s encourage those whom we work with of the importance of belonging to their professional organization and the benefits they will encounter as being part of ENA.

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When new members join ENA they are not always assigned to a Chapter. When reviewing the monthly membership, new unassigned members are noted on the end of the roster. I assign them to a Chapter based on their mailing address and zip code. If for any reason you want to be part of another Chapter, you must do so through National ENA at www.ena.org

Remember to keep your email, mailing address and phone numbers current with the National ENA office. This helps provide communication to our members, especially since we are using electronic methods of communication.

If you have any questions please don’t hesitated to contact me via email at tsturgill6@yahoo.com. I will do my best to help with any questions or information needed.

Terri Sturgill
In Memory of a Nurse Advocate

Have you ever met someone who made a lasting impression on you? Did you have a role model or mentor that made you think differently about how you lived your life or changed your practice of nursing?

Antoinette “Toni” Robinson touched many lives in that way. On March 1, 2013, Toni lost her 6-year battle with breast cancer. And those of us that knew Toni lost someone very special.

Toni was born in Kingston, Jamaica, and became a nurse in London. She practiced her profession all over Europe and Israel before immigrating to the US and becoming a nurse practitioner and educator. She settled in San Jose, CA, and raised her 2 beautiful, articulate daughters, so much like her.

Advocacy or Advocate?
There is much buzz about Advocacy these days in ENA, as it relates to legislation around our practice. But, while Toni was all for advocacy, she was all about being an advocate for all: the nurse and the patient. What made Toni stand out above others was her dedication to nursing and nurses. Toni’s first priority at work was her patients. As a practitioner, she was never afraid to question an order, teach a resident, or go the extra mile to make sure her patients were involved and understood their plan of care or medications.

As an educator, she instilled a patient-focused care ethic in her students. Patients are #1, doctors make mistakes; nurses make mistakes, own your mistakes; learn from those mistakes. Ethical practice was a priority for her.

The Long Fight
Toni was diagnosed with Stage 4 breast cancer more than 6 years ago. She used her knowledge, will and faith to fight this disease. We all used to laugh listening to Toni tell us how she would go to the doctor and tell him what her next treatment would be. She was a partner in her care, and made sure she was able to review all labs and imaging studies with her doctors. Just as she advocated for her patients, she was an advocate for her own care.

Toni never complained about her treatment, always had a smile on her face, and continued to attend and contribute to our Loma Prieta ENA meetings. She also continued to work as a Staff Developer, right up until the end.

Her main concern was raising her daughters to adulthood. No matter how many setbacks she suffered, she knew she would not depart this earth until her girls were able to care for themselves.

Those of us who knew Toni personally know that she is looking down at us, guiding us in our practice. We can all take a lesson about living life in a positive way, and leaving a legacy to the future.

In honor of their mother and all those touched by breast cancer, Sabrina and Samantha will participate in the Susan G. Koman 3day/60 mile walk in June. If you would like to donate to this cause, you may go to: The 3 Day.org Search for either Sabrina or Samantha Robinson to make a donation in their name.

Diane St. Denis
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**TNCC Courses**
Some local California courses are listed on the Cal ENA web site: [www.calena.us](http://www.calena.us)

**ENPC Courses**
Some local California courses are listed on the Cal ENA web site: [www.calena.us](http://www.calena.us)

**CEN Review Classes**
Some local California courses are listed on the Cal ENA web site: [www.calena.us](http://www.calena.us)

Call one of these providers for their next class:

- **CME Associates** (714) 998-2208
- **Paragon Education** (800) 997-9937
- **Cathy McJannet**
  - [cathy.mcjannet@usa.net](mailto:cathy.mcjannet@usa.net)
- **John Fazio/Anita Ruiz-Contreras**
  - [fazioruiz@comcast.net](mailto:fazioruiz@comcast.net)

For the most up-to-date course information, go to the national ENA web site and click on Courses & Education, then CATN-ENPC-TNCC, then open the map and click on California. Please confirm dates with course directors.
Next Meeting

Wednesday, May 9, 2013
Board Meeting: 4-7pm

Thursday, May 10, 2013
State Council Meeting: 8am-4pm

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San Jose, CA 95113
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THE MONITOR

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