As I write this message, I realize that it will be the last one I write as President of the California State Council. It has been a busy and exciting year and not over yet! We just returned from Tampa after another exciting General and Scientific Assembly. Once again, California had the largest delegation on the floor with 57 delegates and 1 alternate representing 3632 members! We also had 14 first-time delegates this year. For those who completed the on-line delegate training, we offered a one year membership opportunity drawing and that went to one of our first-time delegates...Mark Brown.

There were quite a few resolutions presented to the delegation and Gail Lenehan, our 2012 President asked that more clinical resolutions be brought to the assembly floor next year. So if you have a desire to write a resolution, this is the time to do so. We have several members who have submitted resolutions in the past and can mentor and guide you through the process. Just let one of the board members know and we will make sure that you get all the support you need.

Several members from California, past and present, were recognized for their efforts in advancing the profession of Emergency Nursing. Diane Schertz received the Lifetime Achievement Award. Former active California members proudly won awards: Linda Yee won the Nursing Competence in Aging Award and Cindy Hearrell received the Gail Lenehan Advocacy Award. Also, Denise King, past Cal President, was inducted into the Academy of Emergency Nursing. Congratulations to all of them as they received the recognition they so truly deserve!

Our August meeting in Monterey was well-attended and our election results were announced. Your 2012 board members will be Marcus Godfrey, President; Linda Rosenberg, President-elect; Carole Snyder, Secretary; Tobin Miller, Treasurer; Kristin Connor, Treasurer-elect; Susan Smith, Director-at-large and I will be your Immediate Past President.

One of the issues discussed at the last state council meeting was the lack of participation in the elections at both the National and State level. The Nominations Committee is anxious to hear your thoughts as to why the members did not participate in the election process, as are we, your board. If you have any comments or suggestions to improve the process, please let Louise Hummel or your board members know so that changes can be made before the next elections. As an incentive to vote in both National and State elections, we had a drawing for a free registration to Scientific Assembly and Barbara Van Eck was the winner.

Our upcoming meeting is scheduled for Nov 10th and 11th in San Diego at the Catamaran Resort. We have a lot planned for the State Council meeting and hope that you can attend. On Thursday, Nov 10th, there will be an Ultrasound Guided IV class from 0800-1200. For more info, see page 10 or the Cal ENA website at www.calena.us.

We will once again have an orientation session for new State and Chapter leaders at 1300 on Thursday, Nov 10th. The Board meeting will be held at 1600 on Thursday and the State Council meeting will begin at 0900 on Friday, Nov 11th. All are welcome to attend!

Most importantly, I need to thank everyone (you know who you are) for helping make this year a truly memorable and rewarding experience, one that I will never forget.

Linda Broyles, RN, MSN, CEN
2011 Cal ENA President
Contact all Cal ENA leaders at: CalENA.us

Board Members 2011
President: Linda Broyles
President-Elect: Marcus Godfrey
Past-President: Terri Sturgill
Secretary: Linda Rosenberg
Treasurer: Kara Davis
Treasurer-Elect: Tobin Miller
Dir-at-Large: Janet Williams

Chapter Leaders 2011
223 East Bay Lori Altabet
224 Greater LA Carol Snyder
225 Mid-Valley Janet Williams
226 Orange Coast Nicole McBride
228 San Diego Susan Smith
230 San Francisco Jocelyn Weiler
232 Loma Prieta Kimberly Sickler
253 Sacramento Kristen Connor
362 Inland Empire Al Duke
378 Channel Islands Cheryl Cobb
379 Superior Kara Davis
442 Kern County Agnes Faria

Committee Chairs 2011
Bylaws: Terri Sturgill
Education: Hannah Bezanson
EMS Commissioner: Matt Powers
EMS Committee: Judy Scott & Carole Snyder
ENAF/Fun Raiser: Diane Schertz
Government Affairs: Debby Rogers
Historian: Liz Taylor
Injury Prevention Inst: Patrice Christensen
Leadership In Practice: Julie Rossie
Membership: Ellie Encapera
National Board Liaison: Gail Lenehan
Newsletter: Mark Wandro
Pediatrics: Christine Marshall
Trauma: Gail Dodge
Webmaster: Mark Wandro

Important Dates
State Board/Council Meetings:
November 10-11: San Diego
Catamaran Resort
January 12-13: San Francisco
March 13-14: Sacramento
May 21-22: Palm Springs
August 9-10: Los Angeles
November 8-9: Chico

Next Newsletter Deadline
December 10, 2011

Sponsorship Rates
The fees per insertion are:
Business card: (2 x 3.5) $125
1/4 page: (3.5 x 4) $250
1/2 page: (7 x 4) $450
Whole page: (7 x 8.5) $800

The California Emergency Nurses Association is a non-profit professional organization with a membership of approximately 3700. The State Council meets 4 times a year. Correspondence may be sent to:

Cal ENA
President Linda Broyles
president@calena.us

The Monitor is the Official Publication of California State Council Emergency Nurses Association. The Monitor is published 4 times/year. For inquiries, article submission, or ad placement, please contact the editor:
editor@calena.us

The California Emergency Nurses Association
emergency nurses association

Cal ENA Monitor
State Council Update

The third meeting of the 2011 State Council was held in August at the Hilton Garden in Monterey. Here are some of the highlights of the meeting.

Treasurer
The board approved hiring of our new accountant, Mary Joseph. Chapter reports are to be sent to Kara for review prior to forwarding to the bookkeeper.

Taxes
As a non-profit 5013c organization, Cal ENA is exempt from paying sales tax on items we sell.

Raffle vs Drawing
Our accountant tells us that as long as we don’t use the term “raffle”, we can have fund raisers called “opportunity drawings”. Penal code 320.5 states the money must stay in the state and cannot go through the ENA account.

Mileage rate for reimbursement:
The rate will increase to 55.5 cents a mile for all business miles driven from July 1, 2011 through Dec. 31, 2011. The IRS normally updates the mileage rates one a year in the fall for the next calendar year.

Cal/ACEP Update
Marcus Godfrey reports on their June Newport Beach meeting. They rehashed the Overcrowding bill and now our Government Affairs Committee can support it. Marcus will write a letter of support.

IV Ultrasound Class
Terri reports that a class on how to use Ultrasound to insert IVs and scan bladders will be offered the morning before the next state council meeting in San Diego on Nov 10 from 8am to Noon. Class size is limited to 30 participants. Cost is $150 and 3 CEs will be granted. An MD from EMREF is teaching. For more info and the brochure, go to the Education page of our web site, www.calena.us

Elite Email System
There have been complaints from members who say they are not getting the emails sent via Elite. This led to a discussion of switching to Mail Chimp, used by some of the chapters. It costs $50/month for unlimited emails and attachments are allowed.

2012 CFEDWest
Again we are providing speakers for this annual Fire/EMS/Police Emergency Symposium. It will be at the Palm Springs Convention Center - May 21-24, 2012. We plan to have our Board meeting on the 21st, with the State Council meeting on May 22nd. The Renaissance will be the base hotel.

Chapter Changes
Channel Islands and the new LA chapter continue to make progress toward full participation.

National Awards
Diane Schertz received the Lifetime Achievement Award at national ENA’s Annual Meeting in Tampa. She was surprised and excited. Our nominee Cindy Hearrell (former Cal ENA member) won the Gail Le- nehan Award. Former Cal ENA member, Linda Yee won the Nursing Competence in Aging Award. Past Cal ENA President Denise King was inducted into the Emergency Nursing Academy.

2012 Meetings
The State Council approved an additional meeting for next year. The January meeting was really missed this year. See the schedule of meetings under Important Dates on page 2. Hotels will be announced at the November meeting in San Diego and posted on the web site. Lunch sponsorships are needed, so if you know of a vendor who has some extra cash and wants the recognition and exposure to a great audience, let the 2012 Director-at-Large, Susan Smith, know. Cost of lunch sponsorship is usually $2500.
State Council Update

Election Results for 2012 Officers

- President Elect- Linda Rosenberg
- Treasurer Elect- Tobin Miller
- Secretary-Carol Snyder
- Director at Large-Susan Smith

A discussion of voter apathy was held at the meeting. Only 4.9% of Cal ENA members voted. This is almost equal to the 5% that voted in the national elections. Some felt that many people only wanted to have the ENA membership for the discounts and did not want to be active in running the organization. Others felt that more active members would revitalize the organization. Bring a new member to a local or state meeting. Maybe only the delegates at the General Assembly should vote in new officers. If you have ideas on how to get more member involvement, email Louise Hummel: emegencyrnlouise@gmail.com

SOP & BYLAWS: Terri

The Bylaws Committee discussed suggestions for changes to the bylaws at their committee meeting and those changes were discussed at State Council. There was additional discussion regarding the qualification to run for president of the BOD:

- Moved and Approved: To change the bylaws to require that candidates for President-elect must have served as a State Board Member within the past 5 years.

EMSA STEMI & Stroke Task Forces

Things are moving slowly with these task forces. Both task forces are expected to start meeting in Sacramento this Fall. They are funded through grants and do not need ENA monies.

2012 ENA Conferences

Leadership Conference—Feb 22-26 in New Orleans
Annual Conference—September 11-15 in San Diego.

Delegates at national in Tampa were given small bags of candy with a Cal ENA magnet to encourage them to come next year to San Diego.

Stryker Pictures

Diane St. Denis reports that Stryker is looking for pictures of “nurses in action” in the ED. If your ED is interested in contributing please send photos to Diane St. Denis at: dianestd@mac.com

Flowers for Judy Kelleher

Flowers were sent from the State Council for her birthday on August 5th. The suggestion was made to have each Chapter assigned a month every year to send a little hello to Judy at:
## Chapter News

### East Bay
Good attendance at Highland meeting last month, gave out 3 memberships. Kaiser next week

### Channel Islands
Good reorganization meeting, 15 nurses showed up, 12 memberships were given away. Next meeting in June and they have a sponsoring vendor. Nominated new board, elections in Aug. CEN Review by year end.

### Greater LA
Greater LA Chapter Will continue to mentor the new North LA Committee. 
Suggested Thermal Fisher Scientific & snakebite companies as potential vendor sponsors for lunch at state meetings.

### Inland Empire
They are selling their custom-made t-shirts 5 for $100 the 2012 Board is elected, but attendance is down. They are thinking of topics for their Timely Topics event next April.

### Kern
They are seeing new faces at meetings. On Oct 7th they held an Education Opportunity. At their August meeting, they voted on their 2012 board.

### Loma Prieta
Their September meeting will have nominations and elections of officers for next year. Their CEN review on Sept 7-8 has a sponsor. Trying to get more excitement going, they are selling logo t-shirts for $20 Contact Julie via web site if interested.

### Mid Valley
Met two months ago and 25 people attended. There was a speaker on the heart failure program. Met the end of August at Valley Children’s. They are looking for an educational opportunity for next year.

### Orange Coast
They last met in July. They are planning an Educational opportunity in Sept/Oct this year.

### San Diego
Next year’s 911 Conference will be on April 20th, 2012. This year’s conference made $6,000 profit and enabled them to award three $500 scholarships. Their CEN Review Class cleared $1,100. They gave 3 matching memberships.
Looking for sponsors for Nurse Week dinners—would like to do two, one in the north one in the south county, December Tea planning is in process— it will include an option to donate toys for tots.

### San Francisco
No new meetings this summer. Plan to have a Holiday meeting in December and bring in new officers.

### Sacramento
Membership continues to grow in the capitol chapter. The Educational event is set for Oct 18-19 at UC Davis Med Center. The Reno education event idea was abandoned due to a failure to organize. They held a CEN Review program and everyone passed their test. Elections are done for 2012.

### Superior
They last met a few months ago. Their Educational event was held Sept 28th with speaker.
ENAF
The Foundation completed the Online Auction in August. Cal ENA purchased items for the Jewelry Auction in the Exhibit Hall at Scientific Assembly in Tampa.
The New York State Council is setting up a 911 Scholarship that will go to Pre-hospital person going to nursing school. They are trying to raise $100,000 to endow the scholarship through ENAF.
A Motion was made to donate the money raised at the August and November State Council meeting Opportunity Drawings to this fund if the 911 scholarship is open to anyone (not just New York residents).

Education
CFED West speakers for the Nursing Track should submit their info to Hannah.
The committee is working on an education form for CE. They discussed the possibility of a state event in Las Vegas with Nevada and Arizona—a Tri-State affair.

Government Affairs
Recommendations from the GAC:
• Support Senator Hernandez;
• Support AB210- operating areas;
• Support Biel’s bill to help aeromedical to get medical funds;
• Support SB412- allows Mattie fund;
• Opposed AB1245 – bill for education but it impedes new programs;
• Support the Caldocs bill.

Injury Prevention
They are still waiting for guidance from National about new directions for Injury Prevention now that it is IQSIP. In the meantime, they are still active, following AB 929 (child passenger safety bill) that increases age to 8yrs. If it passes education will follow.
Website has been updated. A current hot topic would be “Drowning Awareness”....this has been a difficult summer for water deaths.

Leadership in Practice
A major discussion was held regarding the definitions for the ED Matrix that ENA/ACEP put together as a building block for overcrowding. Discussed the measures that individual hospitals are actually using.
A related hot topic was the discussion on tactics to get MDs to accurately document door–to-doc times.
The Ventura County Star printed an interview about overcrowding and wait times

Membership
As of August, California’s 12 active chapters have 3,692 members. I will also be tracking the overall total number of new and renewing members per month for your added information. These totals are downloaded from the national website. The California Chapter Locator by Counties can be found on the Cal ENA website www.calena.us so that you can see the counties areas that our chapters are based upon.

When someone joins ENA for the first time and does not indicate a chapter preference, they are assigned to a chapter based on their mailing address and zipcode location. The national office assigns all new members to local chapters by their mailing address zipcode. IF you wish to belong to another chapter, outside your assigned area, you must do so by requesting another chapter and updating your membership information at the national website www.ena.org

For timely communication and optimal membership services all members should always keep their membership, email & mailing addresses current with ENA’s National office. Only the individual member can update or change their personal information, email address and chapter preference with the national office. This data then filters down to state and local listings.

If you personally sponsor a new member, take them to a local or state event and introduce them to the benefits of being an ENA member. Tap into their special professional talents and encourage them to share their expertise as an involved and contributing member.

Our state recruitment campaign awards 50 pre paid, RN level memberships to each chapter and
challenges them to identify and engage interested nursing colleagues to join their professional organization. Our 2011 Membership Campaign officially concluded on April 30th. Additional memberships were requested and distributed to various chapters. Congratulations to the Channel Islands Chapter for their outstanding recruiting efforts and reactivation.

Join us at the start of each Cal ENA State Council meeting for our Chapter Representatives Sharing Session to discuss pressing matters, meetings, event, chapter and membership issues. We focus on what works best, share successes and failures and enhance our association process.

Join the ENA Connection on line at www.ena.org providing members with information, professional development, networking opportunities and on-line shopping. The “members only” section is great so check it out and sign up today! Membership packets are a great tool to recruit or welcome new members. Request information on how to obtain ENA membership applications, benefit brochures and more, FREE from the national office for your recruitment needs. Market ENA at your educational events and meetings.

On a personal note, Ellie is retiring and moving to North Carolina in the next few years.

Ellie Encapera

Newsletter
There have been some requests to place advertising in the Monitor. Mark has sent them the rates as found on page 2 and is waiting for their reply.

Mark Wandro

Pediatrics
Next year’s goal is to help with the ENPC rollout in 2012. They have an ENPC instructor course scheduled in San Diego. The overall Peds budget is healthy.

Christine Marshall

EMS/EMS Commission
Topics raised included:
- Emergency planning for skilled nursing facilities;
- EMTs would like to be able to give Benadryl (they can give epinephrine and we should support the Benadryl proposal);
  Kara will put out a letter for public comment. EMSA website has the details.

Carole Snyder

Trauma
At the August State Council meeting the committee:
- Had a pediatric/trauma meeting to talk about “processes”.
  - They are looking for a tool to help mentor directors and candidates interested in becoming instructors;
- Talked about confidentiality with QI issue;
- Healthy budget;
- TNCC instructor courses- to be sponsored;
  - Want to get instructors up to speed and get them up to date
- Respond to requests asking about comparisons

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<td>258</td>
<td>1435 (many renewed)</td>
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<tr>
<td>April 2011</td>
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All Leftovers Go to the ED

It is common practice in most hospitals that all leftovers go to the ED. There is often no greater saving grace on a hard shift than word spreading that food has arrived in the department. On Wednesday night, after the first day of delegation at the General Assembly in Tampa, the California Delegates met for a reception at the Marriott. Fifty six delegates and friends are a lot to feed and so we had a lot of food. Just as we were wrapping up the event I mentioned to Linda Broyles, Cal ENA President, that there was a lot of food left over. She jokingly commented that we should take it to the local ED…. which is exactly what we did.

Hotel policy wouldn’t allow us to box the food up and take it directly from the reception area; that would be too easy. But the staff said they could box it up and send it to our room. While I went down to the lobby to get a taxi, Linda and Janet Williams, Cal ENA Director-at-Large, accompanied the staff taking the food to our room. From there they quickly brought it down to the waiting taxi.

When we arrived in the ED at Tampa General, the staff was getting slammed on a really busy night. They saw us in all our “Cal ENA” gear and rolled their eyes. I’m sure the last thing they wanted was to have to give some out-of-state association a tour on a night like this, and I’d have rolled my eyes too if it happened to me at 10pm on a busy night. I held up the food and told them we were only here to feed them and their faces lit up. We were quickly brought back to the break room where we dropped off the food, met the charge nurse, shamelessly left some Cal ENA magnets and pens, took a picture with a nurse (whose name we didn’t get) and were back in the cab in less than ten minutes.

How often do we have large meetings in our state? How often do we have them catered? And how often do we just leave that food behind? Cal ENA has now started a tradition of taking any leftovers to the local ED and will be sure to do the same in our home state next year. Who knows? Maybe someone will come to the next meeting because someone thought enough to bring them food during their busy shift.

Marcus Godfrey

Annual Assembly—2011

- Chair for next session: no takers;
- Course director workgroup at National level & Gail is participating on that committee;
- May be some new on-line courses;
- Inquiry to help do a content review course as a side committee.

Gail Dodge

Gail Dodge

Annual Assembly—2011

- Going to educate their directors;
- Looking at areas underserved for TNCC;
- Regional director- north metro position is still open (bay area);
- Jan 2013 State Trauma Conference - ENA has been asked to participate with a speaker….may have been cancelled?
Once again I was proud to be one of 57 delegates from California in Tampa, FL, for the General Assembly. There were more Bylaws changes (10) and more Resolutions (13) than I can remember in over 25 years. More time was allotted to these discussions and time for speeches was shortened. Also, the lengthy Awards Ceremony was abbreviated to announcements and the winners’ pictures were posted prominently in the Convention Center hallway.

Though Tampa sits on a bay of the Gulf Coast of Florida, it is not the Bay Area I know. It is hot and humid, with frequent rain and thunderstorms. I spent most of my time in the air conditioning, with the exception of walks to the hotel and the Foundation’s evening on the SS American Victory WWII vintage ship. It was a hot night of swing dancing to the music of an excellent Frank Sinatra crooner.

But let’s get back to the indoor activities. The GA focused on items that dealt with the election process. The Nominations Committee is very powerful because it tells us who to vote for the national board. There were a number of Bylaws proposals to clarify their power. There was even discussion of moving the annual election away from the total membership to the delegates present at GA.

The Resolutions were a varied lot, dealing with current topics such as “paid reservations” and “advertised wait times” in the ED. The delegates were against advertising, but thought it should consider reservations. There was a resolution on treating pedi pts with less aggressive oral hydration, care of stroke pts, firearm safety for children, forensic nursing, care of the chronically impaired and advancing the Institute of Medicine’s report on the Future of Nursing. All of these resolutions passed. You can read more about them in the next ENA Connection.

This year’s most popular phrases as used by speakers and delegates were “stretcher-side nurses” (for bedside nurses) and “myself” (instead of “I” or “me”). There were many excellent classes to attend during the Scientific Assembly, with many being put in half-hour fast track slots. I enjoyed Terry Foster’s speech on the humorous history of ED nursing at the Anita Dorr Luncheon. The Keynote Address was by Jamie Clarke, who discussed his attempts and successful climbing of Mt Everest. Teamwork, focus and confronting your fear can lead to success in whatever you do.

A class on pediatric rashes taught us to assess the pt, not just the rash. Use the Pediatric Assessment Triangle, as taught in PALS, to do rapid triage. High risk rashes are those that involve the mucus membranes, altered mental status, extensive erythema and fever, pain out of proportion to rash and petechiae or purpura.

Jeff Solheim, from Oregon, did an excellent class on abdominal pain. He went system and explained the most common types of pain based on their location. Abdominal pain accounts for 5-10% of all ED visits, but up to 40% do not get a definitive diagnosis.

There were several classes on Triage. One I went to emphasized that triage is a process, an assessment and not a problem of flow. It is not a place, it is a verb, an active process that is not limited to a designated room.

The national board was present at a Town Hall meeting where members got to ask questions. Many things came up. They promised that TNCC and ENPC are being updated. The board encouraged members to use the ENA Facebook page to share what is working well in your area. The ENA web site can also be used to contact state leaders to find a job. Some managers stressed that workplace morale is so important that they are hiring based on a positive attitude, even before a candidate’s skill level.

A Forensic Nursing class showed how to find the female urethra by using an extra set of hands to pull the labia in opposite directions laterally.

In a drug class, I learned about Spice, the synthetic marijuana that may be available. Plain old nutmeg is being smoked or ingested and Bath Salts are a highly addictive type of stimulant.

To learn more, go to ENA.org and find the conference Blog page.

Mark Wandro
ULTRASOUND WORKSHOP
Peripheral Line
Bladder Assessment
Thursday,
November 10, 2011
8 am – 12 pm
Catamaran Resort
San Diego, Calif.
Nurses $150
Sponsored by:

Lead Faculty: Laleh Gharahbaghian, MD

Course Description: This ultrasound workshop introduces the technique of point-of-care Ultrasound-guided peripheral IV Access and Bladder Volume Assessment. For those patients who have difficult access and need an IV for emergency management, or patients who have urinary complaints and you need to know the volume of the bladder for assessing need for foley catheter placement, this course allows you to learn a tool that will make it easier for your care of these patients. The lecture followed by an extensive hands-on session discusses the tricks of trade, pitfalls, and allows for extensive practice with gel phantom models for IV placement and human models for bladder assessment. It is safe, rapid, portable, and noninvasive; it allows rapid bedside evaluation and increases success and speed for many procedures.

CE Information
CAL/ACEP is approved by the California Board of Registered Nursing for 3 contact hours, Provider Number 15089.
EMREF is approved by the Sacramento County EMS Agency for 3 continuing education units, Provider Number 34-4600.

3 CEs available
Register at:
californiaacep.org
TNCC Courses
Some local California courses are listed on the Cal ENA web site: www.calena.us

ENPC Courses
Some local California courses are listed on the Cal ENA web site: www.calena.us
Please note there will be no more CATN classes as of April, 2011

CEN Review Classes
Some local California courses are listed on the Cal ENA web site: www.calena.us

Call one of these providers for their next class:
Selfridge, Sparger, Shea Assoc.
(800) 270-2500
CME Associates (714) 998-2208
Paragon Education (800) 997-9937
Cathy McJannet
cathy.mcjannet@usa.net

You can earn one (1) CE, at no cost, for reading the Monitor. After reading the newsletter, complete the evaluation below and email to:
Hannah Bezanson: bjbezena@gmail.com
You will receive your CE certificate within 90 days by mail. Provider approved by the California BRN Provider #10609 for 1 contact hour.

Objectives:
After reading the Monitor the reader will be able to:
1. Be familiar with our 2011 national awardees.
2. Know upcoming meeting dates.
3. Discuss chapter activities.
4. Know selected committees activities.
5. Discuss issues from 2011 Annual Meeting.

Name________________________ License# __________
Address_______________________________________

1. Name two awardees from California?
2. Raffles can now be called ___________?
3. How many State Council meetings will there be in 2012?
4. Who will be Cal ENA President in 2012?
5. Which chapter has the biggest membership increase?
6. Which FL ED got the leftovers?
7. Can RNs use U/S to find peripheral veins for IVs?

For the most up-to-date course information, go to the national ENA web site and click on Courses & Education, then CATN-ENPC-TNCC, then open the map and click on California. Please confirm dates with course directors.
Next Meeting

Thursday, November 10, 2011
New Leader Orientation: 1-4pm
Board Meeting: 4-7pm

Friday, November 11, 2011
State Council Meeting: 9am-3pm

at
The Catamaran Resort

3999 Mission Boulevard
San Diego, CA 92109
(858) 488-1081
http://www.catamaranresort.com/