Here it is, my last and final message for the Monitor, as President, California State Council of ENA. A title that I hold the utmost respect for.

**What a year this has been!**

First, I would like to pay tribute to a person that I consider to have been a friend and mentor, Robert Toman. Robert was not only a mentor to me, but to many, many others! I will never forget the very first time I stepped foot into a State Council meeting, Robert was there to greet me and made me feel most welcome. He was a kind and gentle person. I will always think of Robert with immense respect. His passion for Emergency Nursing was contagious. The California State Council of the Emergency Nurses Association has named our 2010 ENAF Scholarship “The Robert Toman Memorial Scholarship” in Robert’s honor. My hope is that we will continue to reap the benefits of Robert’s dedication to our chosen profession.

As times continue to be challenging for all of us I ask each and everyone of you to take a moment to be good to yourself. Go do something for you, today, right now. Please do not let the burden of a stressful job, escalating financial concerns, etc. create a situation that is unbearable for you. Please seek out and share your situation, whatever that may be, with a Professional.

I would also ask that we watch out for one another. A simple pat on the shoulder and inquiry as to how ones day is going may be all that person needs to make it through a tough moment. We owe this to our profession, we owe this to ourselves. Be understanding, be a leader! This is what we do best! Emergency Nurses.........we are the best and we are leaders.

So what have we done this year, you might ask?

We remain the largest State Council in the Nation! We will lead the largest delegation at the General Assembly, again! We won the State Council Achievement Award, again! We partnered with CFEDWest for yet another successful collaborative annual conference! By the time you read this we will have converted to MagnetMail as our email distribution system.

We are financially solid, with the help of our Treasurer and Treasure-Elect paying close attention to our budget, investments, expenditures, etc. We will host another State Leader/Chapter Leader Orientation in November.

As stated above we successfully raised enough funds and donated to the ENAF State Challenge to allow us to name a Scholarship in Robert’s name.

All of our Committee’s and Representative’s to our various affiliations have managed to strengthen our outreach even with the challenges of time and budget constraints. The requests from Local/State /National Organizations to participate in their campaigns/initiatives/outreach is profound. We have a beautiful website and newsletter! We are proud representatives/sponsors of the CHA “ProtectMyER” Advocacy Campaign.

We continue our quest to foster our relationship with the California Student Nurses Association and plan to participate annually at their State Conference.

Our very own Matt Powers was nominated and elected into a three-year term, as one of the highly regarded, highly acclaimed, National ENA Board of Directors.

Wow! I would say that we are amazing!!!!!!!

What’s next? Great question..........As of January 1, 2010 I will be your Immediate Past President. Terri Sturgill will take the reign as your President. I ask that each and every one of you maintain your enthusiasm, continue to foster our State Council’s growth, bring forth new ideas so that we may adapt and continue to provide resources to our members, and last but not least support one another.

From the bottom of my heart, I thank each and every one of you for your support, tolerance, and wisdom that you have provided to me as I have traveled through this journey and now become your Immediate Past President.

With kindest regards-

**Janet O’Leary, RN**

2009 President, California State Council Emergency Nurses Association
## Board Members 2009

**President:** Janet O'Leary  
**President-Elect:** Terri Sturgill  
**Past-President:** Matt Powers  
**Secretary:** Tobin Miller  
**Treasurer:** Linda Broyles  
**Treasurer-Elect:** Louise Hummel  
**Dir-at-Large:** Janet Williams

### Contact all Cal ENA leaders at:

[CalENA.us](http://calena.us)

### Committee Chairs 2009

**Bylaws:** Matt Powers  
**Cal ACEP Rep:** Terri Sturgill  
**Education:** Anita Fligge  
**EMS Commissioner:** Matt Powers  
**EMS Committee:** Judy Scott & Carole Snyder  
**ENAF/Fun Raiser:** Diane Schertz  
**Government Affairs:** Debby Rogers  
**Historian:** Liz Taylor  
**Injury Prevention Inst:** Patrice Christensen  
**Leadership in Practice:** Angela Hackenschmidt & Julie Rossie  
**Membership:** Ellie Encapera  
**National Board Liaison:** Denise King  
**Newsletter:** Mark Wandro  
**Pediatrics:** Christine Marshall  
**Trauma:** John Fazio  
**Web Master:** Mark Wandro

### Chapter Leaders

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<td>379 Superior</td>
<td>Kimberly Malson</td>
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<td>442 Kern County</td>
<td>Lisa Harding</td>
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### The Monitor

The California Emergency Nurses Association is a non-profit professional organization with a membership of approximately 3100. The State Council meets 4 times a year. Correspondence may be sent to:

**Cal ENA**  
President Janet O'Leary  
[president@calena.us](mailto:president@calena.us)

### Sponsorship Rates

- **Business card:** $(2 x 3.5) $125  
- **1/4 page:** $(3.5 x 4) $250  
- **1/2 page:** $(7 x 4) $450  
- **Whole page:** $(7 x 8.5) $800

### Important Dates

- **Oct 11-17:** ED Nurses’ Week  
- **Nov 5-6:** San Diego Hyatt Mission Bay  
- **Jan 14-15:** SF Fisherman’s Wharf  
- **April TBA:** Sacramento Leg Day  
- **May 10-11:** Palm Springs before CFEDwest  
- **Aug 12-13:** Lodge of Sonoma  
- **Nov 11-12:** Huntington Beach Shorebreak Hotel  

### Next Newsletter Deadline

- **Dec 15**

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*The Monitor* is the Official Publication of California State Council Emergency Nurses Association. *The Monitor* is published 4 times/year. For inquiries, article submission, or ad placement, please contact the editor:  
[editor@calena.us](mailto:editor@calena.us)*
Education and Events

TNCC Courses

10/10/09 Crescent City Rita Nicklas
707/464-8511 x 4061 nicklr@sutterhealth.org

10/16/09 Santa Barbara Denise Lynn McDonald 805/569-7879 dmcdonald@sbch.org

10/17/09 Joshua Tree Gail K Dodge 909/472-2680 entityeducation@live.com

10/18/09 Monterey Carla A Spencer 831/277-4414 Lisa Latham www.centralcoastcorecourses.com

10/21/09 Palm Springs Vicki Dippner-Robertson 760/323-6249

10/21/09 Manteca Anaclato B Ancheta 619/243-4530 tonvanch@aol.com

10/22/09 Madera Jaclyn Jones-Bareither 559/246-6096 JSJones@ChildrensCentralCal.org

10/22/09 Sacramento Karen Joanne Dominguez 916/660-9069 kadominguez@yahoo.com

10/22/09 Greenbrae Mary Jane Boyd 415/925-7251 Elizabeth Pickens pickene@sutterhealth.org

10/22/09 Roseville Christy Frecceri Martan Margaret martanm@sutterhealth.org

10/24/09 Thousand Oaks Nancy A Merman 805/370-4586 Phyllis Allire

10/28/09 Salinas Diana J Lemke 775/980-7347 Dianajoan@yahoo.com

11/04/09 Redding Linda R Henrich 530/225-7242 linda.henrich@chw.edu

11/04/09 Loma Linda Allison Duke IV 909/558-8508 - Teri Reynolds treynold@llu.edu

11/06/09 Bakersfield Anne E Bouldoukian bouldoua@kernmedctr.com

11/07/09 Moreno Valley Gail K Dodge 909/472-2680 entityeducation@live.com

11/07/09 Ventura Karen Bateman 805/652-6045

11/11/09 Carmichael John W Bressan 916/864-5692 john.bressan@chw.edu

11/12/09 Modesto Dorothy Clonts 209/576-3614 dcerrm@sbcglobal.net

11/12/09 Greenbrae Mary Jane Boyd 415/925-7251 Elizabeth Pickens pickene@sutterhealth.org

11/13/09 Redding Lori J Grosse 530/244-8294 - Marty Daily mdaily@primehealthcare.com

11/16/09 San Francisco John R Fazio john.fazio@sfdph.org

11/16/09 Chico Judith A Cline 530/332-5433 judy.cline@enloe.org

12/02/09 Fresno Deborah M Lemaster 559/459-5134 dlemaste@communitymedical.org

12/08/09 Marysville Erik C Angle 530/749-4524 eangle@frhg.org

12/12/09 Pomona Gail K Dodge 909/472-2680 entityeducation@live.com

Courses and Educational Events may be added or cancelled after publication. Please confirm dates with course directors or at: www.calena.us/education.htm for current course listings.

ENPC Courses

10/14/09 Rancho Mirage Gail K Dodge Instructor Course gdodgern@roadrunner.com

10/15/09 Modesto Dorothy Clonts 209/576-3614 dcerrm@sbcglobal.net

10/24/09 Murrieta Gail K Dodge 909/472-2680 entityeducation@live.com

10/28/09 Santa Rosa Lory McLellan 707/525-5300 7053

11/03/09 Oceanside Ann Ruth Dallas-Sidney 760/940-7305

11/21/09 Moreno Valley Gail K Dodge 909/472-2680 gdodgern@roadrunner.com

CEN Review Classes

Call one of these providers for their next class:

Selfridge, Sparger, Shea Assoc. (800) 270-2500

CME Associates (714) 998-2208

Paragon Education (800) 997-9937
(previously Randolph Associates)

Cathy McJannet cathy.mcjannet@usa.net
Membership

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These are the most current totals for our 12 active Chapters and overall total for the California Council as of September 2009. The California Chapter Locater by Counties can be found on the Cal ENA website [www.calena.us](http://www.calena.us).

Regarding “no chapter assigned members”: When someone joins ENA for the first time and does not indicate a chapter preference, they are assigned to a chapter based on their mailing address and zipcode location. The national office assigns all new members to local chapters by their mailing address zipcode. If you wish to belong to another chapter, outside your assigned area, you must do so by requesting another chapter and updating your membership information at the national website [www.ena.org](http://www.ena.org).

For timely communication and optimal membership services all members should always keep their membership, email & mailing addresses current with ENA’s National office. Only the individual member can update or change their personal information, email address and chapter preference with the national office. This data then filters down to state and local listings.

Cal ENA’s 2009 State Membership Campaign “Up for Grabs, Again” concluded with all applications returned by May 29, 2009. Each Chapter was invited to award 3 new memberships to deserving registered nurses. In addition, some California Chapters accepted the challenge to match these gifts, sponsoring students and nurses, adding to our totals. A personal letter of congratulations was emailed to each pre paid award recipient, welcoming them to ENA, encouraging them to take advantage of membership benefits and get involved in ENA activities. If you are a personal sponsor of a new member, take them to a local or state event and introduce them to the benefits of being an ENA member.

71 Applications were received to fill the 64 delegates + 2 alternate slots this year. The discussions this year will include bylaw amendments, resolutions and a decision regarding future delegate representation. National will mail a delegate handbook to each registered delegate and alternate about two weeks prior to General Assembly. Membership packets are a great tool to recruit or welcome new members. You can get them, FREE from the national office for your recruitment needs. Market ENA at your educational events and meetings.

Ellie Encapera

ENAF

22% increase in donation this year. Raffle raised $223.

Diane M. Schertz

Leadership

Healthy work environments, are a hot topic, members do not recommend any one proprietary vendor within the resolution that is submitted to national.

Practice items: L&D throughput, H1N1, especially pregnant and obese patients.

Education

Janet Williams is liaison to CFEDwest for next year. The committee reviewed over speakers for the event.

Trauma

John Fazio is chair, new TNCC one-day re-verification course is out, as well as new version 6; there is special grant money to get courses out to rural and underserved areas; so they are trying to get more instructors – see course schedules; gave $10,000 back to State Council

Injury Prevention

Suicide Prevention is their goal for 2010.

Ellie Encapera
Government Affairs

AB 911 was vetoed Oct 11 with the following veto message from the Governor, “I agree with the author and sponsors that emergency room overcrowding is a significant crisis facing our healthcare delivery system in California. Although I support the intent behind this bill, statute is not necessary and I do not believe it will provide any significant improvement to the underlying problem. Hospitals and emergency room physicians have a strong and compelling interest to reduce emergency room overcrowding. I would encourage them to use the crowding score outlined in this bill and work to develop full-capacity protocols that best address their individual hospital needs.” Apparently the Governor wants hospitals to use this scoring tool and to develop plans. CHA will put together a workgroup with CalENA and ACEP to provide guidance to hospitals.

AB 91 (Feuer) on DUI ignition interlock device pilots was signed. This is consistent with National’s scorecard.

Go to website to see the latest on this and other bills and legislative actions:
http://calena.us/government%20affairs.htm

Debby Rogers

EMS Commission

The EMS Committee discussed women and heart disease and submitted the following article:
The new Penn study examined 683 cases in 2006-2007 in which EMS was summoned for a complaint of chest pain. The patients were brought to one of 3 Philadelphia hospitals in the University of Pennsylvania Health System. The authors examined the frequency of 4 key EMS treatment and monitoring protocols which are called for in chest pain patients over the age of 30. The measures included whether patients got aspirin and nitroglycerin, which relieves cardiac pain, and whether they received heart rhythm monitoring or had IV lines placed to begin medication delivery. Results showed that women were significantly less likely than men to receive aspirin while in the care of EMS - 24% of them were given the drug, compared to 32% of men. 26% of women got nitroglycerin, compared to 33% of men, and 61% of women had an IV line placed, compared to 70% of men. Women who ultimately were found to be having a heart attack upon arrival at the ED were also significantly less likely to have received those treatments and interventions while being transported by EMS - in fact, none of them received prehospital aspirin. Even after the researchers adjusted for the possibility that age, race or baseline medical risk could have played a role in these apparent disparities, the gender gaps in adherence to care protocols still remained. The gender of the medic involved in the case also did not appear to change the findings.

The EMS Committee wants to know if you are seeing similar circumstances. Is this problem more common than we think? We are asking California ED nurses to consciously examine this situation. If you find differential treatment in your area, please address it at local educational seminars. Also, the EMS Committee would like to hear examples and ways you are addressing this topic in your area.

Judith A. Scott

Pediatrics

We had a larger group then last time with some new ideas brought forth. John stressed the importance of advertising more regarding the importance of ENPC and CPEN. Because many hospitals are dealing with budget cuts, many managers have eliminated funding for ENPC, requiring only PALS. We need to stress the differences and greater knowledge base that ENPC provides.

Is anyone doing ENPC recertification? This may be the way to go in the future to provide cost savings. National’s Pediatric Committee was given the charge to develop pediatric competencies for the emergency ED nurse. We started this and then the national board decided we need to hold on developing pediatric competencies since we don’t have basic ED competencies. Several committee members still think this is a great idea, especially when registry is used in the ED.

Since no one is asking for a grant for ENPC classes, we have decided to plan and hold 3 in the future—one in the south with Flora, the second in Kern with Vicki later in 2010, and the third in the north before the end of the year with John. We have budgeted $6000 with approximately $1500/class plus travel for instructors. Reduced cost for ENA members will be $150 and $200 for non-members. This will act as a “scholarship” in Robert Toman’s name. We will attempt to contact ED nurse managers to advertise these ENPC opportunities utilizing county EMS lists. Please contact me with any questions or suggestions for future topics to be discussed, as well as requests for grants for classes.

Christine Marshall

Christine Marshall

Christine Marshall
State Council News

New officers for 2010 were announced, see article on pages 8-10.

Meeting calendar for 2010 was announced, see Important Dates on page 2. Note change of date for next meeting.

Denise King, Immediate Past President of national ENA visited and reported that it has been a busy year at national.

New legal counsel, new investment advisors and other support services. They are watching finances very closely, after incurring great loses last year. Injury Prevention for RN and Safe Workplaces are big issues.

The State Council was able to raise $5100 to send to ENAF to fund a State Challenge Scholarship. This gives us the right to name it and this year the Board decided to name it the Robert Toman Graduate Scholarship.

The call is out for volunteers to serve as chairs of the various state committees. See the list on page 2. If you are interested in any of the committees, send an email to one of the board officers or committee chairs.

A big change is coming to our email system. We are negotiating with Magnet Mail (a demo was given at the meeting in Hollywood, see for yourself at: www.realmagnet.com. The system comes with a strong recommendation from national ENA. Support for the old system is ending and the board wants a more robust system. Look for instructions on its use coming soon to the web site.

Another item of big news is that this newsletter will now be distributed as a downloadable file from the web site. Anyone wishing a printed copy mailed to them must send a request to the Board President, Janet O’Leary, or the newsletter editor, Mark Wandro.

Chapter News

East Bay Chapter Their new president is Tobin Miller. They have a full set of nominees for 2010.

Greater LA May and August meetings. Two day Peds EDAP conference.

Mid Valley planning Oct dinner (ED nurses and awards) Rising Star Award changed to Robert Toman RS Award. Monthly meetings are seeing new members.

Orange Coast CEN Review in May had over 100 registered. They had to cancel ENPC. Their next Monday meeting is sponsored by Cubist, on Skin Infections.

San Diego has new officers, great 911 Conf and donated $1000 to State Challenge. Making baskets for each hospital on ED RN day. October Overcrowding Summit at Scripps – flier to be sent. The first week of November will be a Spa Day in Glen Ivy. High Tea at Hotel Del Cor in December.

San Francisco to meet 8/27 at Santa Rosa Memorial with a wine and cheese social prior. Planning a CEN review class with Paragon Education, and having recruitment for officers in the next meeting, with elections to occur in October.

Channel Islands Aloha Steak House dinner provided by Baxter at last meeting. Bullets and Ballistics at next meeting.

Loma Prieta 38 members at Yearly Update. Have 8 delegates, met challenge of $1/member for ENAF. Next meeting at Stanford.

Inland Empire has 11 delegates, the largest ever and most of them are new. Sponsored a Resolution for GA: Sub Waiting Rooms; 20 members are going to Scientific Assembly. Elections for local officers were held in August.

Sacramento their president resigned and Kristen stepped in. Now have 20-22 at each meeting, a recent topic was H1N1. Nuts and Bolts Ed event coming up. Will man booth at SNC in Sept. Decided to accept MagnetMail Have their own FaceBook group to send emails out. GA Com is working with state committee to bring legislators to the ED

Kern County CEN Rev with 10 attendees, used Jeff Sondheim DVD. T-shirt of Kern Aces.
The August meeting was held at the Universal City Hilton. Some of us partied afterward at City Walk. Pictured are highlights of that venue.
Meet Your 2010 Board

Terri Sturgill, RN, CEN
Position: President
Employed by Desert Regional Medical Center in Palm Springs, Terri works as a Night Clinical Manager.

ENA History: Terri has been an ENA member since 1999, active in the Inland Empire Chapter holding the following positions: Director-at-large in 2002, Treasurer 2003-2004, 2007, 2008, President-elect in 2005 and the 2006 Chapter President. She has served CalENA as a Delegate to the National General Assembly for the past 7 years, CalENA State Secretary 2007, 2008, Committee member California Stroke Committee and CALENA representative for CAL/ACEP for 2009.

“I look forward to leading the California State Council in 2010. I have big shoes to fill following all the great President’s that we have had in the past. I am grateful to have had the members of CalENA elect me to this position and have the confidence in me to provide leadership to the State throughout the next year. We will continue to follow and promote the excellence in emergency nursing through leadership, research, education and advocacy as stated in our mission statement. Thank you again to our members for providing me this opportunity.”

Linda Broyles, RN, MSN, CEN, MICN
Position: President elect
Linda is employed by AMR San Diego and the Regional Cooperative Care Program (RCCP). She is the Clinical Coordinator and QA/QI MICN and is responsible for QA/QI for AMR and five fire agencies in San Diego County. Linda is also the contact person for communicable disease exposures for AMR and the RCCP. Her duties include education and training, development and maintenance of quality assurance/improvement activities for AMR and the RCCP.

ENA History:
ENA Member 1989 to present
Certified Emergency Nurse 1990 - present
Member San Diego Chapter 1989 - present
Past President San Diego Chapter 2000 and 2001
Treasurer San Diego Chapter 2002 – 2008

I am the proud mother of two teenage boys who keep me quite busy. Andrew is beginning his first year at San Diego State University and Lucas is now a freshman in high school. I am very fortunate and blessed that they are great kids. I am honored to have been elected as President-Elect and am excited about serving on the Board for another year.

Janet O’Leary, RRT, RN, CEN, MICN
Position: Immediate Past President
Janet resides in Ventura with her husband, Michael, and cat, Mylo O’Leary. Janet has two stepchildren, Kaitlin and Patrick. Kaitlin is a graduate of the School of Business at Cal Poly and currently resides in San Francisco. Patrick is a senior at Cal Poly San Luis Obispo, majoring in Forestry.

Janet is the Pre-Hospital/Trauma Program Manager at St. John’s Regional Medical Center in Oxnard. Her responsibilities include development and implementation of the Trauma Program and oversight of the well-established Pre-Hospital Program. Janet has 17 year of combined experience in critical care, ED, Flight Nursing and Pre-Hospital Care, as well as 10 years experience as a Registered Respiratory Therapist.

Janet’s hobbies are traveling the world, visiting Honolulu as often as possible, shopping, running, bike riding, snow shoeing, and last but not least attending the annual Sundance Film Festival.

ENA History:
A member since 1992, CEN since 1994, Janet spearheaded the Channel Islands Chapter Reactivation in 2004, serving as President and Chapter Representative 2004-2008. Janet served as Cal ENA Secretary in 2006, President-Elect in 2007/2008. Janet represents Cal ENA on the CHA EMS/Trauma Committee and was a former member of the ENA National Government Affairs Committee.
Meet Your 2010 Board

Tobin Miller, RN, CEN, CCRN, MICN:
Position: Director at Large

ENA History:
Tobin currently works as a Nurse Manager for the Emergency Department at Kaiser Permanente – Walnut Creek. Prior to this, Tobin was working in the Los Angeles area. Tobin’s work history includes: Emergency Department / Trauma Staff RN, Emergency Department Charge RN, Emergency Department Clinical Nurse Educator, Intensive Care Services Clinical Nurse Educator and House Supervisor. Tobin maintains board certification in both Emergency Nursing (CEN), Critical Care Nursing (CCRN) and is certified as a Los Angeles County Mobile Intensive Care Nurse (MICN). In addition to hospital based nursing, Tobin is also employed per-diem on Holland America Cruise Line as a Medical Officer (RN).

ENA History:
2009 California ENA Secretary
Currently East Bay Chapter President
Certified Emergency Nurse
ENA Delegate
TNCC Provider
State Education Committee Co-Chair

Louve Hummel, RN, MSN, CNS, CEN
Position: Treasurer

Louve is employed by Scripps Memorial Hospital, La Jolla as an Emergency Department Staff Nurse. Louise also serves as a lecturer/faculty member for the Cal State San Marcos School of Nursing

ENA History:

Her National Committee Appointments include the 2004 National Planning Committee for General/Scientific Assembly held in San Diego and then in 2005, the International Relations committee. Louise served as a 2006 Roll Out Instructor for the 6th edition TNCC course. In addition she is currently hard at work in the development of the newly revised CEN Review Manual, which should be available for purchase at the 2009 Annual Meeting. Louise boasts taking the very first CEN exam in July 1980 and has maintained her certification since that time.

“After over 10 years as a Clinical Nurse Specialist/Educator, I am happily back at the bedside delivering patient care. In addition to my staff nurse position I teach as an adjunct faculty in 2 local San Diego Community Colleges. I also teach in a CEN review course and TNCC and ENPC courses. Happily married for over 25 years, I have one daughter, Sara, a graduate from Harvey Mudd College with a degree in Chemistry. Hobbies: Rob and I enjoy wine tasting and trips to Northern California. I enjoy gardening, needlepoint crafts and cooking. I would like to say thank you, to the Cal ENA membership, for once again putting their trust in me and electing me their 2010 Treasurer. I am looking forward to serving you as a continuing member of your State Council Board of Directors.”

Kara Davis, BSN, MICN, CCRN
Position: Treasurer elect

Kara is employed at the Enloe Medical Center, in Chico, a Level II trauma center and base station. She has been a staff nurse at Enloe for the past nineteen years (and still counting).

A member of ENA for 22 years, she has chaired the Pre-hospital Committee and is a Past-President of Superior Chapter.

Represents ENA on the Air Medical task force and other appointed committees as needed.

“ENA has been my inspiring lifeline of my career of the past 22 years. I have had the opportunity to meet and work with some exceptionally brilliant and inspiring professionals and developed life-long friendships. Thank you for the opportunity to serve on the board.”
You can earn one (1) CE, at no cost, for reading the Monitor. After reading the newsletter, complete the evaluation below and email or mail to:

Anita Fligge: fligster@sbcglobal.net
2426 Pleasant Hill Rd #1
Pleasant Hill, CA 94523

You will receive your CE certificate within 90 days by mail. Provider approved by the California BRN Provider #10609 for 1 contact hour.

Objectives:
After reading the Monitor the reader will be able to:
1. Recount highlights of 2009 for Cal ENA
2. Be able to find current TNCC and ENPC courses.
3. Know what selected committees are doing.
5. Be ready to celebrate ED RN Week in October.

Name________________________ License#_________
Address_______________________________________

1. What is the name of our new email system?
2. Where was the August meeting?
3. What are the dates for ED Nurses’ Week, 2009?
4. Which state has the most delegates at GA?
5. Which new board has been a member the longest?
6. Which chapter does the Nuts & Bolts event?

Linda Rosenberg, RN, BSN
Position: Secretary

Linda is employed at Sharp Memorial Hospital, San Diego as the Manager Pre-hospital/EMS, also with the San Diego Padres Medical Staff and adjunct Staff for 3 local Colleges: Palomar College, Southwestern College and EMSTA College

“My primary position is manager for the Prehospital/EMS Department where I function as the Base Hospital Nurse Coordinator. I am the liaison between the Prehospital provider Agencies such as Fire, Police, and Flight Programs where I monitor Prehospital patient care issues and maintain a quality assurance program with these other agencies and County EMS. I provide continuing CE education for the nurses and EMT’s throughout the year and I am currently an active BLS/ACLS instructor and TNCC instructor.

For the SD Padres, I work as part of their medical staff on game days and during special events at Petco Park. We have three functional first aid stations in the Park for fans and also provide an RN in the dugout for possible player or umpire injury as needed. This is a great second job!

As adjunct staff for 3 Community Colleges I work directly with the EMT and Paramedic Programs as the clinical instructor for their students when they come to the hospital for clinical training. I schedule all of their hours and oversee their overall training experience.”

ENA history:
Member since 2000
2008 San Diego Chapter President
2007 San Diego Chapter President Elect
2007 Delegate for ENA Scientific Assembly
2006 San Diego Chapter Secretary
2006 Delegate for ENA Scientific Assembly
2005 Delegate for ENA Scientific Assembly

“I am very excited and looking forward to serving as a California State Board Member. Since the first time I was a delegate for the ENA Scientific Assembly…I was hooked. I love networking with other nurse’s throughout the country and I am inspired by the hard work our State Board Members devote every year and wanted to be a part of the process. Each year that I stay involved in ENA has been so rewarding and I thank everyone for the wonderful opportunity to serve in the capacity of Secretary.”

Meet Your 2010 Board
Outside of the hospital, when people find out I am an ER physician, the usual response is, “Oh, good, we’re in good hands.” Clearly, they don’t understand how medicine functions: I write an order, and nurses make it happen. What I really want to say to them is, “Is there a nurse here?” but why ruin anyone’s false sense of security since the odds of anything bad happening are low, right?

But imagine for a moment that you are an ER nurse at Tri City Medical Center:

Stroke victim in room 1 just back from the CT scanner. Gurney ride back made the patient sick, and she is now vomiting. Need to quickly get a towel and emesis basin for patient, hook him back up on monitor, make a quick PYXIS Zofran run, and await word on whether or not we’re going to push thrombolytics.

New patient in room 2 with a probable kidney stone is agonizing in pain and needs an IV catheter started fast with an order for 2 pain medicines and an anti-emetic, STAT.

Septic and confused patient in room 3 pulled out both IV lines attempting to climb over the rails, yelling “nurse, nurse.”. There’s a new order for another vasopressor and 2 more antibiotics, in addition to the Levophed, Levaquin and Potassium that was already running.

A cry for help from room 4 where the febrile 6 month old just had another febrile seizure. Hope that IV line is still good there!

47 beds filled, waiting room is filling fast, ED just went on bypass status, but an acute status respiratory distress is en route regardless, and the shift supervisor gently asks if any of your patients can go to the hallway to accommodate the incoming ambulance run.

Stressed yet? I am. While this may seem like an extreme example of what an ER nurse might encounter within 5 minutes of a shift, it happens. OK, maybe the shift supervisor asking to move one of these patients to the hallway is a bit much, and would send even the steadiest among us over the edge. The point is, our ER nurses are challenged on a daily basis, and in times like these, their teamwork, creativity, adaptability, and skill-set are put on display as they efficiently accomplish the tasks at hand. As ER physicians, we have a tremendous appreciation for their devotion to our shared vision of delivering quality patient care and we admire them for the pride and caring manner in which they deliver it.

“Code STEMI, Code Stroke, Code Sepsis, Code 0200 (immediate resuscitation), Code 0252(incoming resuscitation)”: Whatever the problem, it all starts with them. It is largely because of their dedication and commitment that we are a designated stroke center achieving silver designation status, a STEMI receiving center with dramatic door to balloon times, and we recently achieved 100% compliance on all ED initiated core measures. Add to that the demands on them to comply with documentation requirements, rounding on patients frequently to provide updates and comfort measures, plus multiple other tasks I can’t even remember, and you have one seriously thankless job.

During Emergency Nurses Week, October 11-17, all of us that benefit from the amazing ER nursing staff here at TCMC, especially the ER doctors, would like to thank our nursing colleagues for the expertise and compassion they bring every day to every patient encounter. 24 hours a day, 7 days a week, no matter what the challenge, we are all so fortunate to have such talented nurses providing emergency care for our community. They truly are, always here for you.

Dr. Gene Ma, Chairman
Department of Emergency Medicine
Tri-City Medical Center
Next Meeting

Thursday, November 5, 2009
Leadership Workshop 11-4
Board Meeting: 4-7pm

Friday, November 6, 2009
State Council Meeting: 9am-3pm

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