There are many challenges facing emergency nurses these days:

- Underinsured or uninsured patients crowd emergency departments for primary care needs;
- California has the lowest ED bed per capita ratio in the country;
- Violence against nurses from patients and family members make emergency nursing one of the most dangerous jobs in the US;
- Medication shortages are making it harder and harder to treat our patients.

Through these challenges we continue to stay focused on the patient and treat the sepsis, recognize the stroke or the acute MI. We treat the sick and comfort the dying. The public has always viewed nursing as the most trusted profession, and with the frustration and hopelessness facing many of our patients, it will take all of us working together to keep that trust.

Educating ourselves in this profession has always been one of our greatest strengths. Now we not only seek education for the medicine of emergency nursing, but also the challenges of emergency nursing. CFEDwest starts May 22 and Cal ENA continues its presence at this very successful three day conference. On June 8 in Fairfield, the Cal ENA Education Committee will be presenting “Hot Topics in Emergency Nursing”. In July, Cal ENA is cosponsoring “Cross Fire: Managing Today’s Workplace Violence”. Whether you’re a bedside nurse, pre-hospital, student or management, there is something for you at these educational offerings. Details can be found at our website: www.calena.us

Your California Council is working tirelessly to find solutions to the challenges you face every day. Cal ENA is partnering with the California Chapter of the American College of Emergency Physicians (CAL/ACEP) to ease the standards for the use of Propofol in the department. We stormed the capital and pressed our legislative issues in March at our Legislative Day. We continue to debate the prospect of a nurse-driven study of violence in California’s Emergency Departments. On our Facebook page we continually post current, relevant articles about these challenges. We are here for you. Nurses are the most trusted profession, and the stories we tell about the state of healthcare are the most believed. Join us, come to a meeting, get involved, and share your story. One nurse struggling at the end of her shift is a sad sight, but when that nurse adds her story to the other 4000 stories being told by Cal ENA nurses every day, we gain the strength to make the changes we need to keep our profession strong. I challenge all of you reading the Monitor, to get one other nurse, who is not reading the Monitor, to join Cal ENA.

Marcus Godfrey, RN
President, California ENA State Council
Contact all Cal ENA leaders at: CalENA.us

Board Members 2012
President: Marcus Godfrey
President-Elect: Linda Rosenberg
Past-President: Linda Broyles
Secretary: Carole Snyder
Treasurer: Tobin Miller
Treasurer-Elect: Kristen Connor
Dir-at-Large: Susan Smith

Committee Chairs 2012
Bylaws: Linda Broyles
Education: Hannah Bezanson
EMS Commissioner: Matt Powers
EMS Committee: Judy Scott
ENAF/Fun Raiser: Diane Schertz
Government Affairs: Kara Davis
Historian: Liz Taylor
Injury Prevention: Patrice Christensen
Leadership In Practice: Julie Rossie
Membership: Terri Sturgill
National Board Liaison: Matt Powers
Newsletter: Mark Wandro
Pediatrics: Flora Tomoyasu
Trauma: Gail Dodge
Webmaster: Mark Wandro

Chapter Leaders 2012
223 East Bay Louella Buell
224 Greater LA Catherine Kaliel
225 Mid-Valley Janet Williams
226 Orange Coast Nicole McBride
228 San Diego Susan Smith
230 San Francisco Rachel Perry
232 Loma Prieta Connie Yokum
253 Sacramento Marion Korin
362 Inland Empire Teri Reynolds
378 Channel Islands Cheryl Cobb
379 Superior Stacie Crain
442 Kern County Agnes Faria
443 Northern LA Vicki Johnson

The California Emergency Nurses Association is a non-profit professional organization with a membership of approximately 3800. The State Council meets 5 times a year. Correspondence may be sent to:
Cal ENA
President Marcus Godfrey
president@calena.us

Important Dates
State Board/Council Meetings:
May 20-21: Palm Springs
Followed by CFEDwest
May 10-June 8: Nat’l ENA vote
June 1-30: State ENA vote
June 5: Delegate points due
June 8: Hot Topics (see back)
August 9-10: Universal City
Sept 11-15: San Diego
ENA Annual Conference
November 8-9: Chico
Next Newsletter Deadline
June 15, 2012

Sponsorship Rates
The fees per insertion are:
Business card: (2 x 3.5) $125
1/4 page: (3.5 x 4) $250
1/2 page: (7 x 4) $450
Whole page: (7 x 8.5) $800

The Monitor is the Official Publication of California State Council Emergency Nurses Association. The Monitor is published 4 times/year. For inquiries, article submission, or ad placement, please contact the editor:
editor@calena.us
State Council Update

The second meeting of the 2012 State Council was held in March at the Hyatt in Sacramento. Here are some of the highlights of the meeting.

Treasurer
Tobin put together a binder that he will bring to each meeting so that members can review the status of the state council accounts. Chapters and committees need to submit their reports for the first quarter to Tobin by the end of March.

2012 CFEDwest
The registration is now open for this year’s conference, which will be held May 20-24 in Palm Springs. Due to changes in the conference schedule, the Board meeting will be held on Sunday, May 20 at 1600 and the State Council will be on Monday, May 21. Go to their website for conference and hotel info at: www.cfedwest.com. Once again, Terri Sturgill will open up her house after the board meeting on Sunday for a BBQ. All are welcome!

EMSA Task Forces
STEMI Task Force - Susan Smith is our rep on the task force. The regulations should come out for public comment in July and will look like the Trauma guidelines. Jan Ogar is our rep for the Stroke Task Force.

GAC Workshop
Linda Rosenberg and Kristen Connor attended the workshop in Washington, DC in January and gave a brief report of their experience. They were able to meet Sen. Feinstein at dinner and spoke with her briefly in her office when they did their legislative visits.

State Achievement Award
We won! Marcus accepted the award at the Leadership Conference in New Orleans.

Cards for Judy Kelleher
Each chapter has been assigned a month to mail a card to Judy. Her vision is not what it used to be but she loves receiving the cards in the mail. May is Inland Empire, June is San Francisco and July is East Bay. Her address is:

10711 Thornton Rd #132
Stockton, CA 95209

Northern LA Committee
The committee has met the requirements for becoming a chapter and Marcus will be working with them to finalize the process.

Another New Chapter
Nurses in Monterey have asked to start an ENA chapter in their area. It is too far for them to travel to San Jose for meetings. They will be given the same instructions that worked so well for Northern LA. If they get enough members, they will be a committee for a year and if that succeeds, they will be granted the right to be an official in the California State Council.

Cal ENA members at Leg Day try to influence the Golden Bear at the State Capitol

Delegates for General Assembly
A letter was distributed by Louise detailing the process for submitting the delegate applications. The forms are available on the website with instructions. We discussed the type of shirt that we will be wearing as a delegation and decided on a button-down shirt. These shirts will be purchased by the State Council for the delegation. The company making the shirts will provide samples for sizing which will be brought to the next State Council meeting in May.

There was also a discussion about what items we would purchase as host-state favors for the General Assembly. We would like to have items that represent California. Diane Schertz suggested having a basket with beach-type items and including a Nook or Kindle.
which could be used for a drawing for the delegates. Diane and Terri Sturgill volunteered to work on the basket and delegate gifts and report back to the State Council.

**IAHSS Symposium**
We have been asked to be a sponsor of this conference to be held July 26th at UCLA and July 27 at Stanford. Anne Marie Papa and Dee Grimm will be the speakers for the conference representing ENA. [Save-the-date flyers are available here](#). Registration brochures for the conference will be available in May.

**EMSAAC Conference**
The conference will be held on the Queen Mary in Long Beach on June 5 and 6th. The [brochure is available here](#) and on our website.

**Marcus’ Goals for 2012**
The Leadership and Injury Prevention committees are working with Marcus to coordinate their efforts in defining the type of violence study that we might be able to conduct. A representative from the USAR VIP has been invited to attend the State Council meeting in Los Angeles to discuss their disaster readiness plan.

**Leadership Conference 2012**
The conference was held in New Orleans in February and the state council was well-represented. The attendees marched in a parade through the streets of New Orleans to the Welcome Party. It was quite a sight to see 2000 nurses parading with both a marching and a jazz band.

**Scholarships**
Last year, the State Council donated funds towards the State Challenge and were able to name a scholarship for this year. We chose to honor Bryan Stow, a paramedic who was assaulted and badly injured at a baseball game last year. The scholarship is open to any EMT or paramedic pursuing a nursing career. An article regarding the scholarship is in the latest edition of *The Connection*. There are also scholarships available from the State Council. Details can be found on the state website at: [www.calena.us](http://www.calena.us).

**2013 Board Nominations**
Nominations for the next year’s board are now open and will remain open until May 21. Please contact Marcus for any further nominations.

**President-elect:** Carole Snyder  
**Secretary:** Stacie Crain  
**Treasurer:** Terri Sturgill  
**D**

**Chapter News**

**Channel Islands** had a lightly attended meeting in January and had another meeting scheduled April 19. They are looking for fundraising ideas for the chapter. Their [Facebook](#) page is up and running.

**East Bay** has a board in place and a meeting scheduled for March 21. Sepsis cases will be presented. They have emailed welcome letters and renewal notices to their chapter members.
Greater LA will have a bike safety booth at the Poppy Festival. They had a meeting in January that was well-attended and will sponsor an EDAP conference this fall.

Inland Empire is encouraging members to attend their meetings and are looking at having lotteries for free memberships. Their conference, “Timely Topics” is scheduled for Oct. 23. They will be working with Loma Linda to use their SIM lab for the conference. Their Facebook page is set up.

Kern is trying to increase their attendance from other hospitals at the chapter meetings. Their meeting dates can be found on the state website. They have had representation from 4 different hospitals lately.

Loma Prieta meets the third Thursday of the month. They are currently working on their educational event which has had a low turnout. They think it was due to delayed advertising of the event. The chapter is reviewing their SOPs and Facebook page.

Mid Valley is off to a slow start this year but had a meeting scheduled the end of March. They have had a lot of interest from their membership so they are hoping for a good turnout at that meeting.

Northern LA The new board met in February. They currently have a roster of approximately 150 members within their defined zip codes. They will have a booth at the upcoming Poppy Festival and are looking at options for fundraisers. They will hold a Safe Sitter class this summer.

Orange Coast is going to have an educational event soon but not sure if it will be held mid-year or towards the end of the year. They have a new president and president-elect.

San Francisco is off to a slow start this year and their meeting schedule will be announced shortly. They are making plans for ER Nurses’ Week and would like to have a safety event at that time.

Sacramento will be starting a book tour and visiting the hospitals in the area to distribute copies of CEN review books. They are currently developing strategies to increase interest among the younger nurses and community outreach/service events to engage the young members. They are planning bike safety courses in Napa and Vacaville. Will grant 6 scholarships to Scientific Assembly; members will need to participate in 4 events to be eligible. A symposium focusing on pediatrics will be held on Oct 2. Their Facebook page is ready for members to use.

Superior continues to have challenges based on time and distance within the chapter. They may rotate the meeting locations this year to try to increase attendance. They have also developed a Facebook page for the chapter and have sent out thank you notes to the membership. Ongoing discussions about chapter fundraising are taking place.

San Diego now has a Facebook page and established a website for the chapter. The chapter will have its annual 911 Conference on April 20. They are reviewing the scholarship applications that were received and will be awarding those in April.
Committee News

ENAF

*Fill the Mitt* is the theme for this year’s national ENAF fundraising drive. There will be no Online Auction this year, but there will still be a Jewelry Auction at the Annual Assembly in San Diego. One of the events planned will be a group outing to a Padre’s game. The opportunity drawing at the Sacramento State Council raised $275.

_Diane Schertz_

Education

The Committee met and discussed the upcoming *Hot Topics* educational conference to be held in Fairfield on June 8. The flyer is available [here](#), on page 10 and on the state website. The focus will be on sepsis. You can use Paypal to register on-line.

_Hannah Bezanson_

Government Affairs

A big thank you for all of those who attended Leg Day, our visit to our state capitol and legislative visits on March 14th. We had 15 attendees and made rounds on all the floors of the capitol distributing our Legislative Priorities Handout for 2012. Thank you to Marcus Godfrey and Kristen Connor for making this past Leg Day a very successful event. You can access this handout on our website: [www.calena.org](http://www.calena.org)

Also as part of our day at the Capitol, we attended the Committee on Health Care and heard part of a presentation on the problem of expected physician and primary care practitioner shortages due to the implementation of Health Care Reform. Without enough primary care practitioners, our emergency departments may become further impacted.

At recent State Council GAC, we discussed a plethora of bills that we are following. These bills change quickly in the legislative process. For current bill status, you can follow online at [www.leginfo.gov](http://www.leginfo.gov)

Basically, we support legislation that follows the five main precepts of National ENA’s Public Policy Agenda:

1. Quality patient care
2. Access to emergency and trauma care
3. Workplace safety
4. Emergency preparedness
5. Injury control and prevention.

You can access the 2011/12 Public Policy Agenda from ENA’s website at [www.ena.org](http://www.ena.org)

Until next time, if you have any exciting news to share or legislation hot topics you can contact me at LaRae9274@aol.com.

_Kara Davis, RN_

Leadership in Practice

There was a discussion about violence in the workplace and the need to develop more information on violence.

_Julie Rossie_

Injury Prevention

The child passenger law changed in January to 80# and 4’ 9”.

The child car seat program was discussed as well as the violence study. At the National level, a website was created for the state chairs, they plan to have a conference call soon.

_Debby Rogers received the first Cal ENA Lifetime Achievement Award._

_Patrice Christensen_
**Membership**

**Congratulations!!**

The National ENA office announced at the end of March that there were officially 40,051 members!!!

We have achieved 40th anniversary goal. These are the most current totals for our 12 active Chapters and overall totals for our California State Council as of May 1, 2012. I will also be tracking new and expiring members as well on a monthly basis. When new members join ENA they are not always assigned to a Chapter. When reviewing the monthly membership new unassigned members are noted on the end of the roster. I assign them to Chapter based on their mailing address and zip code. If for any reason you would want to be part of another Chapter, you must do so through National ENA at [www.ena.org](http://www.ena.org) Remind members to keep their email, mailing address and phone numbers current with the National ENA office. This helps provide communication to our members, especially since we are using electronic methods of communication.

If you have any questions please don’t hesitated to contact me via email at tsturgill6@yahoo.com. I will do my best to help with any questions or information needed.

*Terri Sturgill*

**Newsletter**

The Monitor is being place online in advance of upcoming State Council meetings. There have been no complaints and no further requests for mailing out hard copies. This month’s issue, as well as the March issue were collaborative efforts with Linda Broyles, who edited the State Council and Committee reports. Thank you to Kristen, Marcus, Kara, Diane and committee chairs who have submitted articles. You will get published here if you submit! The website has links to the state and to most of the new chapter Facebook pages. Thank you to those of you who have not objected to having your picture grace the pages of this publication. I look forward to capturing some good shots in Palm Springs and at CFED.

*Mark Wandro*

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**Pediatrics**

The current list of ENPC classes in California was passed out.

Four students completed the ENPC-I class held on Feb. 17. Vicki Dippner-Robertson has achieved faculty status for ENPC.

The majority of the meeting was spent reviewing and revising the Standard Operating Procedures for the committee which was last reviewed in August 2005. They presented Cal ENA with a check for $2500, representing fees collected over the past year for ENPC classes.

*Flora Tomoyasu*

**EMS/EMS Commission**

There was much talk about the upcoming EMSAAC and IAHSS conferences. Follow the links on the web site or those found on page 3 and 4 of this Monitor.

*Judy Scott*
Beginnings and Endings

Trauma
With the help of the webmaster, a new Trauma Com web page has been developed with a color-coded map of the four Trauma regions. Trauma monitors are being developed to visit TNCCs and help mentor the instructors to be sure the guidelines are being followed. They will wear badges to be visible and should be seen as a resource.

The committee is getting more active and presented a two day Trauma instructor course to 9 RNs in Sacramento right after the March State Council meeting. They will repeat the course on May 20 in Palm Springs. There are plans to do another in LA to coincide with the August meeting and one in Chico for that meeting.

It is with sadness that long-time Trauma leader Anita Ruiz-Contreras of Loma Prieta is retiring this May.

Gail Dodge

ENA Press Secretary
press release |pres rəˈlis| noun
an official statement issued to newspapers giving information on a particular matter.

ENA has created a Press Secretary position for each state to fill in order to enhance our ability to get our name & organization into the news. The idea is let people know who we are, what we do, and what resources we can provide.

As your state Press Secretary, it will be my job to provide you with resources, such as a media guide on how to do interviews as well as some contacts for your local media. **State & Chapter Presidents or other leaders** should be the spokespersons when dealing with the media. It is not necessarily the job of the press secretary to be the spokesperson, but instead act as a resource for you and perhaps write some press releases.

At the last state council meeting some of you mentioned that you would be willing to be a part of this endeavor. I would like to have at least 2 people from each chapter to be contacts in case we need to get news out locally. We can use each other to edit content and presentation, as well as check for accuracy.

Tony Phipps, the National Press Secretary, has released a Media Guideline that will help in handling interviews, which I will share with all participants.

If you are interested in being a part of this opportunity, please send me your name, chapter, email address and phone number. You do not have to be a chapter or state leader in order to be on this committee, only willing to assist the leadership in your chapter in making connections with the media.

You can contact me at dianestd@mac.com

Diane St. Denis
CalENA Press Secretary
Loma Prieta Chapter Communications Chair

Historian Liz Taylor was happy to meet with Cal ENA 1993 president Pet Wentworth, who is now in the Fairfield area.
Pioneering Group Retires
After 25+ years of providing education to emergency nurses, Selfridge, Sparger, Shea & Associates has decided to retire. It has been professionally fulfilling over these 2+ decades to have been at the forefront of both National and Cal ENA educational endeavors, and also to have met and worked with so many dedicated nurses. Our heartfelt thanks to each and everyone of you with whom we have had the opportunity to share our knowledge, expertise, and belief in emergency nursing.
Sincerely,
Judy Selfridge-Thomas, RN, MSN, CEN, FNP
Sheila Sanning Shea, RN, MSN, CEN, ANP
General Partners - Selfridge, Sparger, Shea & Associates

Trauma Mama Anita Ruiz-Contreras Retires
Our long time friend, mentor, and all-around wonderful person, Nita Ruiz-Contreras, is retiring. Her last shift was Thursday, March 22, 2012. In order to accommodate everyone’s shifts, Her colleagues at Valley Medical Center in San Jose held a surprise party which started at noon and lasted until midnight on March 23. A web site was created by Diane St. Denis and it may soon have pictures from the party.
vmcnita.com
She has been the Trauma chair for years and we will really miss her.

For the most up-to-date course information, go to the national ENA web site and click on Courses & Education, then CATN-ENPC-TNCC, then open the map and click on California. Please confirm dates with course directors.

TNCC Courses
Some local California courses are listed on the Cal ENA web site: www.calena.us

ENPC Courses
Some local California courses are listed on the Cal ENA web site: www.calena.us

CEN Review Classes
Some local California courses are listed on the Cal ENA web site: www.calena.us

Call one of these providers for their next class:
CME Associates (714) 998-2208
Paragon Education (800) 997-9937
Cathy McJannet
cathy.mcjannet@usa.net

Hannah Bezanson, Education chair, models one of the logo shirts available from the chapters.
You can earn one (1) CE, at no cost, for reading the Monitor. After reading the newsletter, complete the evaluation below and email to:
Heather Venezio: HVenezio@northbay.org
You will receive your CE certificate within 90 days by mail. Provider approved by the California BRN Provider #10609 for 1 contact hour.

Objectives:
After reading the Monitor the reader will be able to:
1. Be familiar with our 2013 officer nominees.
2. Know upcoming meeting dates.
3. Discuss chapter activities.
4. Know selected committees activities.

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1. Name our newest chapter.
2. When are delegates points due?
3. Where is the national GAC workshop held?
4. What is Marcus’ top goal for 2012?
5. How many chapters have Facebook pages?
6. Name the top trauma maven who is retiring.

Educational Opportunity!

Hot Topics in Emergency Medicine
June 8, 2012
Cost: Only $65

Target Audience:
* ER Nurses
* ER Staff
* Pre-hospital Nurses
* EMTs
* Paramedics

What's Included:
* Lectures
* Hands on skills
* Lunch
* Vendor Hall
* CE Credits

GVAC Conference Center
4500 Business Center Drive
Fairfield, CA

Details and online registration at: www.calena.us
CFEDwest

WELCOMES BACK

MAY 21 – MAY 24, 2012

CONFIRMED SPEAKERS INCLUDE:

“THE STEALTH JIHAD IN THE UNITED STATES AND THE ISLAMIST TERROR THREAT POST-bin Laden”
JOSEPH A. RUFFINI,
Lieutenant Colonel, USA (Ret) Certified Master Anti-Terrorism Specialist

“The Violent Patient”
JOHN VALENZUELA, EMT-P,
Assistant Fire Chief
Tempe Fire Department

“Trauma in Tucson” Brad Bradley,
Battalion Chief,
Emergency Medical Services
Northwestern Fire District

“Radiological Emergencies”
Ken Miller, MD
Medical Director, Orange County Fire Authority

“Special Operations Mission”
John Steinbauch,
Master Sergeant, Special Forces Medic,
United States Army
Special Operations Command

“It Can’t Happen To Me” Marty Johnson,
NREMT-P, EMS Coordinator and Educator
Kentucky Community and Technical College System

POOLSIDE BBQ & FLASHOVER BAND

DR. NGUYEN’S FAMOUS KARAOKE

PARAMEDIC COMPETITION

Check us out online @ www.cfedwest.com

Pre-Conference Includes:
- Fire Company Officer Training Workshop
- CA Fire Chiefs Summit
- Cal ENA sponsored Ultrasound IV Class
- CA Fire Chiefs: Designated Infection Control Officer Training
Next Meeting

Sunday, May 20, 2012
Board Meeting: 4-7pm

Monday, May 21, 2012
State Council Meeting: 9am-4pm

at

Renaissance Palm Springs Hotel
888 Tahquitz Canyon Way
Palm Springs, California 92262