I look forward to an incredible year as your President. With a State Council membership of well over 4,000 emergency nurses, we should be able to accomplish great things. What things, you ask? Well, more on that in a minute…

Earlier this month I found it difficult to find the time and energy needed to prepare for our State Council meeting in Oakland due to the high patient census, high acuity and increased number of admitted patients being boarded in my own Emergency Department. It seemed that every time I sat down to focus I would get pulled away to some new crisis. I thought, “How in the world will I ever be able to do both jobs this year? What exactly will I be able to contribute to our professional organization? What should we be doing as a State Council?” So I took some extra time to reflect on ENA’s Vision and Mission Statements and Values:

ENA’S VISION STATEMENT
The Emergency Nurses Association is the global emergency nursing resource and advocate for Safe Practice and Safe Care.

ENA’S MISSION STATEMENT
The mission of the Emergency Nurses Association is to advocate for patient safety and excellence in emergency nursing practice.

ENA’S VALUES
Collaboration, Compassion, Diversity, Excellence, Inquiry, Integrity, Philanthropy, and Members.

It may seem an overwhelming expectation to be the global resource and advocate for safe patient care and excellence in practice, but if viewed from the State Council perspective, CA ENA is really on the right track. This is the answer to “What things, you ask?”:

- Our organization is viewed as the definitive resource in California for emergency nursing care.
- Our involvement and opinions are sought by state and local EMS organizations, elected officials, hospital associations, individual emergency departments and other professional organizations.
- We collaborate with emergency physicians and other professional nurses to advocate for safe care and provide education and certification.
- CA ENA actively advocates for legislation impacting emergency nursing care at the State and Federal levels each and every year.
- We take trauma and pediatric education everywhere, but especially to underserved areas.
- CA ENA members have been consistently committed to supporting the ENA Foundation.
- Our expertise in excellent emergency nursing care has been recognized at the national level in the form of resolutions and awards, including Fellows inducted into the Academy of Emergency Nursing.
- We provide our members with education, professional development and network opportunities throughout the State.

KUDOS to everyone - that is quite an impressive list of accomplishments for a volunteer professional organization! The individual accomplishments would take pages to list. CA ENA has been exemplifying ENA’s Vision and Mission Statements for years and our actions truly reflect ENA’s Values.

I am so proud of my professional colleagues and the work you do for CA ENA. So the answer to my question, “What exactly do I do this year?” is easy – keep my hand on the steering wheel and provide all the support possible to the thousands of emergency nurses throughout California that do the real work everyday. Looking forward to seeing many of you at the Capitol in Sacramento in March!

David Samuelson, MSN, RN, CEN, CPEN, CTRN, CCRN
President, California State Council
Cal ENA Directory

Board Members 2017:
President: David Samuelson
President-Elect: Kathy Van Dusen
Past-President: Janet Williams
Secretary: Linda Rosenberg
Treasurer: Louella Buell
Treasurer-elect: Lindsey Lawless
Dir-at-Large: Susan Smith

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Delegates/GA: Louise Hummel
Education: Dianne Idman-Gervais
EMS Commissioner: Carole Snyder
EMS Committee: Judy Scott
ENAF/Fun Raiser: Diane Schertz
Government Affairs: Jen and Mark Denno
Historian: Liz Taylor
ISQIP: Susan Laverty
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Membership: Linda Rosenberg
Pediatrics: Trez Gutierrez
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Trauma: Sue Fortier
Web Master: Nick Laughter
National Board Liaison: Jeff Solheim

Chapter Leaders 2017:
223 East Bay Nancy Hiteshew
224 Greater LA Ruth Keniston
225 Mid-Valley Janet Williams
226 Orange Coast Amanda Webb
228 San Diego Mary Meadows-Pitt
230 San Francisco Cheryl Randolph
232 Loma Prieta Alana Hernandez
253 Sacramento Jan Ruzicka Lee
362 Inland Empire Megan Duke
378 Channel Islands Cheryl Evans-Cobb
379 Superior Kara Davis
442 Kern County Susan Laverty
495 Monterey Bay Eric Conrad

The California Emergency Nurses Association is a non-profit professional organization with a membership of over 4000. The State Council meets 5 times a year. Correspondence may be sent to:

CA ENA
President David Samuelson, RN
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The Monitor is the Official Publication of California State Council Emergency Nurses Association. The Monitor is published 5 times/year. For inquiries, article submission, or ad placement, please contact the editor: larae8881@gmail.com

Important Dates
2017 State Council Meetings:
March 9th, Sacramento
May 12th, Universal City
August 11th
November 10th, San Diego
Leg Day:
March 8th, Sacramento

General Assembly & Annual Conference:
St. Louis, MO
September 13-16, 2017

Sponsorship Rates The fees per insertion are:
Business card: (2 x 3.5) $125
1/4 page: (3.5 x 4) $250
1/2 page: (7 x 4) $450
Whole page: (7 x 8.5) $800
Highlights of January State Council Meeting
Oakland, January 13, 2017

President's report:

Please sign the Conflict of Interest form if you hold an elected or appointed position at either the state council or local chapter level.

Scholarships! Deadline is May 31. Applications are on our web site. Recipients will be announced at August meeting.

Did you know that submitting a Chapter reports to the newsletter, five times a year counts as fulfilling the communication requirement – this means chapters do not have to publish their own newsletter.

Send any chapter events or activities to Linda Rosenberg for State Achievement Award by end of February.

Treasurer: New mileage reimbursement rate is 0.575/mile.

The board approved for up to two chapter members paid registration and rooms at State & Chapter Leaders Orientation in Las Vegas, February 17-19 at the JW Marriott. Please contact Janet Williams.

Delegates - Want to be a delegate for the upcoming General Assembly in St Louis? Delegate applications are due to Louise Hummel by June 5.

National Bylaws - Matt Powers and Louise Hummel presented a report on the National Bylaws. These have been revised to be more generalized. Details should be in Standardized Procedures. This is to avoid Bylaws changes every year at General Assembly. Proposed changes include term limits, role of executive director, standing committees, and implementation of new procedures before voted on by General Assembly. Look for more information and discussion to follow.

2020 National ENA Conference Update - Our special 50 year anniversary celebration is scheduled to be held in Las Vegas at the Venetian in early August. Knowing that this is a change from our usual conference meeting date and Vegas is usually really hot in August there is discussion about how to precede. The National ENA Board may send out a survey to help decide what to do. It would cost $1,000,000 to cancel.

EMS Committee:

The meeting was spent discussing items released for comment by EMSA. Here is a summary of the discussion:

1. EMT I Regulations- While there were several topics we are not comfortable supporting, we oppose allowing EMTs to draw up epinephrine from a vial.
2. Stroke Center Guidelines- Considerations to the Stroke Committee:
   1. time stroke recognized to reading
   2. door to reading – 45 minutes
3. STEMI Center Guidelines- Again we had multiple comments and concerns but our biggest concern is time. Recommend time frame for care – from recognition of possible STEMI to Cath Lab – 90 minutes (60 would be better).

   -Judy Scott

CA ENA President David Samuelson giving his first report to the State Council in Oakland. Well done David!
EMS Commission:
The Commission on Emergency Medical Services met on December 14, 2016 at the Marines Memorial in downtown San Francisco. The Community Paramedicine project has one year of data: EMSA will not sponsor any legislation for changes. They will be looking for stakeholders going forward. Stroke and STEMI regulations have gone out for public comment. EMSA will be working with CDPH regarding deficits in behavior health during disaster. The Director’s Advisory Group, (DAG) may be brought back to a working committee this year. The POLST guidelines were not yet available but should be out in near future. EMT Regulation revisions went out for public comment. Ambulance Patient Offload Time (APOT) methodology guidelines was moved through the committee. CA ENA respectfully voted no to these guidelines. CHA rep. BJ Bartleson invited CA ENA to the December meeting to further discuss the APOT guidelines. CA ENA will replace the CHA rep during the January meeting.

Education Committee:
Save the Date!! The 2017 CA ENA Annual Educational Event will be held November 9th at the Kona Kai in San Diego. More details to come as soon as they are available. A CA ENA Pediatric Disaster Education/Drill is in the planning stages at Universal Studio on May 9th. Additional information should be available soon.

- Dianne L Idman-Gervais

ENAF FUNdrai$er Report
2016 State Challenge raised $129,070 to fund 2017 scholarships. This was 103% of the goal. California was a big part of this and it is greatly appreciated. Academic scholarship application electronic portals open March 1, 2017. Submission deadline in April 28, 2017. Recipients will be notified on August 1, 2017. For more information about available scholarships, visit ENA.org. STTI/ENA Foundation Research Grant deadline is March 1, 2017 and recipients will be notified in June. Scholarships for ENA Annual Conference registration will be offered again in 2017. More information on this to follow later this year. The 2017 State Challenge beings February 1, 2017. The campaign will kick off at the opening party of the Leadership Orientation in Las Vegas. The theme this year is "Tee It Up for Scholarships" in honor of the inaugural golf classic to be held in St. Louis in September in conjunction with ENA 2017. The State Challenge ends May 31st so anyone planning to donate to the ENA Foundation is encouraged to donate during this event to help California State Council win the challenge. Today's Opportunity Drawing raised $345 for the State Challenge. Thank you to the East Bay Chapter, Judy Scott and the EMS Committee for the donation of prizes.

-Diane M Schertz

Government Affairs:
The GAC committee had a great turnout. This meeting focused on the planning details for Leg Day in March 2017. Save the Dates are available; one correction to the Save the Date is the year. The month and day are correct, but the year was inadvertently recorded as 2016. Please note. This year’s Leg Day will start with a cocktail reception with Leg Aids on Tuesday March 7th from 6:00pm-8:00pm. Please come join us and meet your Leg Aid. The official Leg Day will be Wednesday March 8th from 8:00am to 4:00pm. There will be education in the morning, tour of the Capitol with legislator visits in the afternoon. Immediately following Leg Day, there will be a sidewalk CPR demonstration from 4:30pm to 5:30pm. Registration information and more details will be available next week (1/20/17) on the Californiaena.org website. If you are interested in participating in sidewalk CPR, please be sure to indicate that in the appropriate area on the form. Other topics discussed in our meeting were the newly introduced legislation for the 2017-2018 legislative cycle. Some areas of noted interest
included National ENA Public Policy Agenda to be sure that we are monitoring legislation that is in line with National ENA. In addition, newly introduced legislation was included: AB 63- Provisional Drivers License, SB 20 which requires the use of seatbelts on private-chartered buses and SB 17- Notification of pricing increases for prescription medication. We discussed the California BRN strategic agenda. The BRN is searching for legislators to sponsor legislation on several regulation changes including a change to the CRNE program and the submission of malpractice settlement and arbitration reporting.

-Al and Leslie Duke

**Historian** - Please send archives to Carole Snyder to archive at UCSF.

**Membership** - CA ENA membership has increased to 4267. Wahoo!

**Peds Committee:**
November Meeting Minutes ~ Approved the ENPC Revision Update ~Course Ops is developing a new ENPC Manual ~ENPC Course with 5th Edition will decrease lecture time and increase interactive stations ~New Study Material for students will be available through website ~Will create a one day ENPC renewal course ~Anticipated release date second quarter 2018. Conflict of Interest form must be completed by all ENPC instructors and Faculty Instructor Pathway must be completed by all Faculty and encouraged for all Instructors Leadership development course ~ Feb 17-19 2017 Las Vegas, registration available on web site ENPC sponsored courses 2017 ~Instructor course sponsored by Northridge Hospital will be in February 2017 see website for details. -Trez Gutierrez

**Press Secretary** - Please send photos and blurbs for our Facebook page to Diane. dianestd@mac.com

**Website** - Nick is working on updating our website. Unfortunately the website has been victim of a couple of hacking episodes. Increased protection has been purchased and installed.

**East Bay Chapter**
Congratulations to our 2017 Officers: President: Nancy Hiteshew President Elect for 2018: Michele Redlo Treasurer: Louella Buell Secretary: Sarah Wells East Bay chapter held their final 2016 meeting on 11-16-2016 at Summit Medical Center campus in Oakland. There were 13 attendees. Nancy Hiteshew, East Bay Chapter President-Elect for 2017, gave a CE presentation on Emergency Department Quality. Ideas for breaking down barriers between quality and emergency were discussed. Performance improvement methodology was included in the presentation, and ways to improve sepsis management and pain medication quickly for patients with fractures were discussed. Michele Redlo, East Bay Chapter 2018 President-
Elect, gave an informational presentation on her notes from the State of ENA webinar. Her notes included: TNCC and ENPC education, the changing face of JEN with more scholarly articles, national membership has increased 3%, the national website will undergo a re-do in 2017, workplace violence laws, opioid abuse concerns, leadership orientation in Las Vegas Feb. 17-19, and laws affecting nursing and EMS were presented. David Samuelson, 2017 State President-Elect, gave an informational presentation on upcoming State and National events. For the Day on the Hill in Washington D.C., in May, up to five members can attend with tuition assistance. The group in attendance decided on plans for 2017 (dinner provided and 1 CE offered at each meeting): Wed., 2-22-17 at Summit Medical Center Elm Room in Oakland: CALSTAR pediatric simulation training Wed., 5-31-17: location and topic TBD Wed., 8-23-17: Walnut Creek wine bar (after great reviews from last year!), topic TBD Wed., 11-15-16 at Kaiser Richmond, topic TBD All meetings held from 6-8 pm.

-Greater Los Angeles Chapter

The GLA Chapter had their first meeting of 2017 on January 18th at Presbyterian Intercommunity Hospital in Whittier. Members in attendance were updated on information received during the State ENA meeting. Two members plan on attending Leg Day, Sacramento in March. The chapter approved the contribution of $1,000 towards the ENA Foundation State Challenge that runs from March 1 - May 30, 2017. Members voiced a commitment to help coordinate the State MCI event at Universal Studios in May. We are arranging a volunteer opportunity to provide personal care items and clothing to homeless individuals and/or those living in shelters in the area. We plan on collaborating to host a local EDAP conference later in the year. Our next meeting will be a brunch on Saturday, March 11 at a restaurant in Pasadena. The location will be determined shortly.

- Ruth Keniston

Inland Empire

We ended 2016 with a bang! We teamed up with a local hospital and passed out over 300 meals, blankets, socks, scarfs and even dog food and toys to the homeless in San Bernardino. We had about 30 volunteers washing AMR blankets and passing them out with us. It was a great opportunity to give back and serve the less fortunate in our community. Our next meeting will be at Kaiser Ontario and we look forward to meeting new people and getting them interested in the ENA. We are also looking at different opportunities to get more people out to our meetings by incorporating some fun team building activities such as bowling and paint night. - Megan Duke

Loma Prieta

We had a Holiday Soiree and potluck on December 1, 2016. In addition to fun and fellowship we enjoyed a “white elephant” gift exchange. A great time was had by all! Our next meeting will be held January 19, 2017 at Santa Clara Valley Medical Center and we will focus on planning meetings and events for the year. We are interested in recruiting new members and retaining our seasoned members. We will be having our Annual Update in October which will focus on topics from pediatrics through geriatrics. A “save the date” flyer will be coming soon!

-Jan Andrea (Ogar)

Monterey

At our recent meeting December 16, 2016, Suz Roehl, a very experienced flight/trauma RN with CALSTAR gave a very informative educational presentation on spinal cord injuries. We are planning for 2017 and have decided to help with our membership and meeting attendance that we will be raffling off a full registration fee for the National Conference with the requirement that nurses must attend all Chapter meetings by August to be eligible to win. We have also secured our 2017 officers and are looking forward to having Eric Conrad, RN, as our 2017 president.

-Susan Burnell-Donovan
**Orange Coast**

Orange Coast ENA looks forward to an exciting 2017. On December 6, 2016 we had a fascinating presentation at the Summit House in Fullerton on "reduction of opioid analgesics dosing with multimodal protocols", which was well attended with over 35 nurses from many different hospitals. This was a great opportunity to encourage more ENA participation, especially at the state level. We are proud of several of our OCENA members, especially Kathy Van Dusen, who is the California ENA president-elect, and Michelle Bruno, from Hoag, who received a California ENA scholarship. We have planned our meeting dates for 2017 with an education day planned for August and basket delivery for emergency nurses week in October. Jillian R is very active in keeping our Facebook and other social media sites updated and is currently our president-elect. We hope this will help to get more millennials involved in ENA.

-Christine Marshall

Here is the link for the Orange Coast ENA Facebook, Instagram and Twitter are listed below.

https://www.facebook.com/orangecoastena/
https://www.instagram.com/enaoc/
https://twitter.com/ENAOC1

**SF Chapter**

I would have loved to have been able to attend the meeting but I'm working. Cheryl Randolph is on the Planning Committee again for 2017. I'm on my first National ENA Committee for 2017, the Institute for Quality, Safety, and Injury Prevention. If anyone would like to volunteer at concert events in NorCal, such as BottleRock, Outside Lands, and other concert venues at Shoreline or Concord Pavillion, please let me know. I have been volunteering for Rock Med for several years and will be definitely planning to work Bottle Rock day 2. Sign up at www.RockMed.org. It’s great way to recruit new and inspiring ER nurses. BLS is the basic certification and nursing or EMT students are strongly encouraged!! Have a great meeting!  

-Mindy Elayda

*Linda Rosenberg, Ruth Keniston and Janet Williams enjoying a “Sip and Paint Night.”*
San Diego Chapter
Happy New Year! We are looking to have a busy year. Hoping to recruit new members and increase participation in chapter activities. In December we had a Vendor /Educational Dinner at Lou and Mickey's in downtown San Diego. It was an excellent presentation by Salveo on " IV Fluid and Infection Management / Hazardous Drug Handling". The dinner was awesome! Several Chapter members staffed first aid stations for "Pedal for the Cause" here in SD in November. A special thank you to Mercy Air San Diego for their support of ENA and providing appetizers for the bonfire at the Kona Kai after the state educational event in November. Much enjoyed and appreciated. Our Annual 911 Conference will be Friday April 28 at the Vista Community Center in Vista, CA. More details to follow on the website soon.
    -Dianne L Idman-Gervais

Wellness

February is American Heart Health Month. What are some we can keep our hearts healthy?
1. Quit smoking
2. Eat smart
3. Add color
4. Move more
5. Be well
These five easy things can add not only years to your life but increase the quality of those years.
Are you wearing red yet!
https://healthyforgood.heart.org/
Save The Date!!

California ENA Presents:
A day of "Pediatric Disaster Education and Drill Training" at the
Universal Hilton Hotel
&
Universal Studio Back Lots in Los Angeles

Education & Drill Event: May 11, 2017 (7:30am - 17:00pm)
State Council Meeting: May 12, 2017 (8:00am - 16:30pm)

Education Day Topics:
- START and Jump START Triage
- Family Reunification
- Stress Management for Responders

Additional Details to Follow Soon!
BRN Prehospital and EDAP CE will be provided.
March Meeting

Thursday, March 9, 2017
State Council Meeting:
8am-4pm

Hyatt Regency Sacramento
1209 L Street
Sacramento, California 95814

Phone: (916) 443 1234

California Emergency Nurses Association

THE MONITOR

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