

California Emergency Nurses Association

THE MONITOR

Volunteering on the US Naval Ship Mercy

California ENA member Kathy Van Dusen MSN RN CEN CPEN volunteered on the US Naval Ship the Mercy for 2 weeks this summer in Legaspi Philippines. Kathy volunteered through LDS Charities, which is one of the non-government organizations that supports the Navy Mission each year. The Mission lead by the US Navy is called the Pacific Partnership and it is a multilateral, disaster relief preparedness mission conducted in the Indo-Asia-Pacific Region. The Mercy ship provides humanitarian relief and training and collaborates with partner nations to provide disaster relief preparedness, subject matter expert exchange, and community relations. Military members of partner nations including Australia, Japan, New Zealand, Korea, Singapore and Canada were also on board the ship with the US Navy and non-governmental organizations to support the 6 month mission. The Mercy stopped in Timor Leste, the Philippines, Vietnam, Malaysia, Indonesia and Palau.

Medical clinics are set up in each country and thousands of patients are treated by the Mercy team. Many patients are brought aboard the ship for much needed surgeries. One of the most rewarding things for Kathy was to be able to work in the emergency room side by side with the Philippine nurses in Legaspi. Kathy describes how impressed she was with the Philippine nurses' hard work and dedication to

emergency nursing. Their resources are limited with few cardiac monitors, no IV pumps, limited medications and technology. Kathy said "the experience took me back to relying upon my fundamental nursing training of obtaining a full patient history and a complete head to toe assessment". Kathy assisted with two cardiac arrest while she was in the emergency department and was shocked at the lack of resources emergency nurses had to assist them. It is routine that after the patient is intubated the family member assists with bagging the patient because there are no ventilators available.

The Mercy Ship has 1,000 Patient Bed Capacity with a 50 bed emergency treatment area called Casrec (casualty receiving), 2 intensive care units, pediatrics ward, multiple medical surgical wards, four X-ray rooms, one CT scan, a Physical Therapy suite, Pharmacy, Dental suite, Angiography suite, Optometry and Lens laboratory, Blood Bank with up to 5,000 units of blood. The nurses in Legaspi work 8 hour shifts 5 days a week and earn a total of \$300.00 dollars per month. On the units the nurse to patient ratio is 30:1. The hospital has a capacity for 150 patients but they routinely have more than 300 at a time. They deliver 500-700 babies a month. Kathy says it is humbling to live as the Navy nurses live in small 3 bed high bunks with 150 other sailors in one large room. Kathy has volunteered in Peru, Ecuador, Haiti, Fiji, and the Philippines she says that volunteering on medical missions throughout the world is extremely rewarding and reminds her of why she became a nurse.

Thank you Kathy for all that you do!

Check out the pictures on the back page.

-Kara Davis

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www.california

ena.org

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Trauma: Sue Fortier
Web Master: Nick Laughter
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Chapter Leaders 2016:

223 **East Bay** David Samuelson
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495 **Monterey Bay** Karen McDonald

The California Emergency Nurses Association is a non-profit professional organization with a membership of over 3700.

The State Council meets 5 times a year.

Correspondence may be sent to:

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For inquiries, article submission, or ad placement, please contact the editor:

lrae8881@gmail.com

Important Dates

2017 State Council Meetings:

January 13th, Oakland

March 9th, Sacramento

May 12th

August 11th

November 10th

Leg Day:

March 8th, Sacramento

General Assembly & Annual Conference:

St. Louis, MO

September 13-16, 2017

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State Council Highlights/Committee Reports

Highlights of August State Council Meeting

Mission Inn Riverside, August 12, 2016

A quorum was established as eleven of the twelve California chapters were represented. The song *Spirit in the Sky* was sung in honor of Vicky Dippner-Robinson. Vicki passed away suddenly on August 10th. We all donned party hats, as she would have wanted, and a group picture was taken. We plan to wear party hats at National in Los Angeles when her memorial picture comes up.

Director-at-Large: Patrice needs a complete list of chapter reps and Trauma directors in order to reimburse their rooms when they attend State Council meetings.

Treasurer's Report: Committee and Chapter budgets are due by October 1st.

Scholarships:- The Terri Sturgill Scholarship was awarded to Michelle Bruno and the Daniel Kelleher Scholarship was awarded to Trez Gutierrez. Congratulations to both Michelle and Trez!



*David Samuelson, Janet Williams and Susan Smith
Mission Inn, Riverside State Council Meeting*

ENAF: I wish to acknowledge Cal ENA members Jennifer Denno (Sacramento Chapter) and Cheryl Randolph (San Francisco Chapter) who will be inducted as Fellows in the Academy of Emergency Nursing at the ENA Annual Meeting in LA in September. *Congratulations!* There will be an opportunity drawing at the Cal ENA educational event in San Diego in November. Some of the prizes include a Marty Hay Quilt, a two night resort stay and a laser cut picture to name a few. Thanks to Kara Davis and Diane Schertz for prize donations for today but most especially to Inland Empire Chapter for the numerous prizes given in our Olympic themed opportunity drawing today that raised \$542 for the Judith C Kelleher Endowment in honor of her August 5th birthdate.

-Diane Schertz

Education: Plans for "Cal ENA on the Bay II" are sailing along. Speakers for the event for close to being finalized. A final flyer will go out to all member A.S.A.P. Please share with you staff. Reserve your room at the Kona Kai by October 8th to receive the ENA rate. We would like to request all Committee's, Chapters and BOD to donate an item for the opportunity that will occur at the event. An ENAF fundraising drive will also be held.

-Dianne L Idman-Gervais

EMS Committee: It is time for the annual statewide EMS Awards. This year's ceremony will be held at the Marine's Memorial Club in San Francisco on 14 December 14th. Please visit www.emsa.ca.gov for award categories and specifics for nominating. There are multiple awards. If you know a worthy candidate, please submit a nomination.

The Regulations for EMTs are up for review. The changes involve 4 items: Narcan, Epinephrine, Glucometers and Tactical Casualty Care training. To view the draft regulations, visit www.emsa.ca.gov. If you should have comments, follow instructions on submitting or send them to me – jascotr@trn@gmail.com by September 5th.

Disaster training in hospitals: There is a marvelous

Committee Reports

program available about receiving 50 patients in 15 minutes. We also discussed active shooter and violence preparedness. Those who already have worked on these issues stressed the need to involve PD and FD from the beginning. You have to know their procedures of operation before you start. Another suggestion for exercises was maternal-child issues. Cal OSHA is doing on-site inspections. There are multiple videos on violence planning available. The author Rory Miller was recommended on Conflict Communications.

Paramedic regulations are being updated with no changes that will affect nursing.

Health Information Exchange: There are some good ideas out there but standardization remains an issue. The biggest problem is security of information.

Core Measures: EMSA will be adopting new list of issues to measure.

Wall Time: Hospitals and field are submitting different figures. There is a need to standardize the methods of reporting. An excel sheet was developed to track information and is available upon request.

-Judy Scott

EMS Commission Report: The STEMI and STROKE task forces have now created a small work groups to resolve regulations. There is work coming along for a Stroke Registry. Trauma system-from the ACEP state trauma visit in March, they are re-evaluating the trauma system tools.

-Carole Snyder

Government Affairs Committee:

Federal update-New ENA Government Affairs person in D.C., Robert Kramer. Robert helps with state issues. Richard Mereu is still in place and works on Federal issues. A bill was just passed on mental health. There are bills pending for opioid issues. Get alerts from national ENA by signing up on this link: https://www.ena.org/government/EN_411/Pages/Default.aspx

State bill update-see attached bill list. Of note:

AB1719 just passed Senate appropriations which is where it got stuck last year. AB1300 was pulled by Senator Hernandez (very disappointing).

AB1273 was pulled by the author because some county changes made it better than the proposed bill.

4) Leg Day budget-discussion-chair will be asking for \$5000 next year to include breakfast, lunch, possible cocktail evening with the Leg Aides, give-aways for meeting with legislators, copying costs, rally expenses, and expanding to 50 participants.

5) Propositions-discussion about whether we can support propositions officially. State board will look into this more formally with national ENA but the committee decided on:

Prop 64: no position

Prop on gun control: no position

Prop 52: support, Chair will send this recommendation to the state council, this will help continue matching funds from the Federal government, more information at <https://ballotpedia.org/>

California 2016 ballot propositions

New chair for 2017-Jen and Mark will be stepping down at the end of this year but intend to stay active and can help with needs in Sacramento. There was interest from a few members.

Open forum:

-CHA worked very hard on AB1300 for that past 18 months so the committee wrote a letter of appreciation to Sheree Lowe and all of the participants at the state council meeting signed it. Jen will send the letter to Sheree.

-Possible bill ideas for next year: child proof lids on products like Tide pods which children are getting into, eating, and being poisoned. Limit butane purchases if Prop 64 passes? Changes to Title 22 to support safe staffing.

-Jen and Mark Denno

Government Affairs Co-Chairs

Caring For Inmates/Committee Reports

Institute for Safety, Quality and Injury Prevention (ISQIP): CARING FOR INMATES:

Safety first:

Stay alert and be observant, know if your patient has a history of assaulting staff, acting out or escape attempts

Know if your patient is a "high profile" inmate (increases possibility of a hit or breakout attempt)

Be accountable for everything you take to the bedside, even the smallest items can be used to make weapons or open handcuffs

Tell the officers with the patient if you are leaving anything with the patient (he/she has a straw, a plastic spoon and a plastic fork) NEVER give inmates metal utensils unless approved by their guard unit and NEVER a knife of any kind

Manipulation:

Avoid the pitfalls of "feeling sorry" for inmates, they will play on this to use you

Avoid flirting or acting on any attraction to an inmate, they will act on it to use you the blackmail you

Don't give any extras, always ask the CO if the inmate is allowed to have anything they are asking for, especially extra food, magazines or TV privileges: once you give them "an extra" they will use it against you for more extras

ALWAYS REMEMBER THAT MANY OF THESE PEOPLE HAVE ALREADY KILLED OR SERIOUSLY INJURED OTHERS!

MANY ARE SERVING LONG OR LIFE SENTENCES AND HAVE **NOTHING TO LOSE!** THEY WON'T HESITATE TO KILL OR INJURE YOU OR YOUR COWORKERS IN AN ATTEMPT TO ESCAPE OR TAKE HOSTAGES

TRIPS TO THE HOSPITAL ARE FREQUENTLY "STAGED" INJURIES OR ILLNESSES; THE INMATES GANG OR CARTEL MEMBERS ARE AWARE OF WHERE THEY ARE GOING AND WHEN WITH PLANS TO BREAK THEM OUT... RIVAL GANGS OR CARTELS MAY ALSO BE AWARE OF WHEN AND AWARE THE INMATE

IS GOING AND MAY ATTEMPT A HIT WHILE IN YOUR CARE...AGAIN, NON OF THEM WILL HAVE ANY PROBLEMS WITH KILLING YOU AND YOUR COWORKERS TO REACH THEIR OBJECTIVE

THE MORE CORRECTIONAL OFFICERS WITH YOUR PATIENT THE HIGHER RISK THEY ARE, THIS SHOULD UP YOUR PUT YOU ON HIGH ALERT: BE VIGILANT FOR ANY UNUSUAL VISITORS OR QUESTIONS ABOUT ED PATIENTS THAT DON'T MAKE SENSE. ACT ON ANY SUSPICIONS AND SHARE THEM WITH THE TOP CO IN THE DEPARTMENT

DON'T ENTER AN INMATES ROOM OR DO BEDSIDE CARE WITHOUT THE CO WITH YOU, MANY BECOME COMPLACENT OR SLEEPY AND DON'T BOTHER TO GET OUT OF THEIR CHAIR TO ACCOMPANY YOU TO THE BEDSIDE; INMATES PLANNING AN ATTACK OR ESCAPE WILL BE WATCHING FOR THESE OPPORTUNITIES AND YOU MAY WELL BE THEIR VICITM

CORRECTIONAL OFFICERS ACCOMPANYING AN INMATE TO THE ED ARE NOT ALLOWED TO STEP IN AND HELP IF ANOTHER PATIENT BECOMES VILANT OR THREATENING, EVEN IF YOU ARE ATTACKED, SO DON'T EXPECT THEM TO! THE ARE TRAINED TO STAY ON GUARD AS SUCH DIVERSIONS ARE OFTEN USED IN PRISONS TO GIVE OTHER INMATES A CHANCE TO ESCAPE, ASSAULT ANOTHER CO OR NURSE OR KILL ANOTHER INMATE

-Susan Laverty

Committee Reports/Chapter News

Leadership and Practice: Open forum discussion: front end process in the ED, provider in triage, standardized procedures, results of diagnostics if the patient leaves. The committee reviewed the general assembly resolutions. Discussed free standing ED's and "Micro-hospitals" in other states.

-Julie Rossie

Membership: We currently have **4,201** members! That includes 33 new members. Way to go CA!

-Linda Rosenberg

Newsletter: Thank you for all of your timely chapter and committee reports! Pictures of chapter meetings are greatly appreciated!

-Kara Davis

Pediatric Committee: ENPC classes still need more instructors in Northern CA. Administrative guidelines will be released on September 1st for ENPC and TNCC. They are working on an ENPC challenge class. Pediatric readiness for non-EDAP hospitals. Grant request for ENPC on October 22nd for Pomona Valley goal 60 instructors.

-Trez Gutierrez

Trauma: MCI planning with the state drill this year with mass shooting events in the country. Interface with law enforcement is so important to bring in when you evaluate your hospital plan. Multiple patient incident training. TCRN exam and what are people's experiences with the exam. TNCC courses for the next year and a half. TNCC instructor courses are being planned for the next several months. Grant approved for a TNCC course in an underserved area.

-Sue Fortier

Website: Please send any changes or updates to your chapter or committee section on our website to Susan Smith. Linda Broyles has volunteered to look at photos for the website.

Chapter News

Channel Islands: We are planning a CEN Review Course.

-Cheryl Evans Cobb

East Bay: Attendance to our chapter events has increased. Using Facebook to get the word out has helped.

-David Samuelson

Greater Los Angeles: The next GLA chapter meeting will be held Wednesday, August 17th at St Joseph Medical Center, Burbank. The Chapter will be co-sponsoring a 2-day EDAP approved course "Preparing for Pediatric Emergencies" on October 19 and 20 at PIH Health in Whittier, CA The Chapter is awarding a \$525 scholarship, "Jean Kirby EMS Scholarship" to the most qualified applicant. Several Chapter members have met with State and National leaders by teleconference and at the Convention Center in preparation for EN2016. The front page of the current edition of The Monitor highlights numerous volunteer opportunities and the manner in which to self-sign up for the time requested. The Chapter will once again be selling pins to commemorate EN2016.

-Carole Snyder

Inland Empire: The inland empire chapter had couple months off of meetings due to summer vacations. However there was still a lot going on. The chapter sent cookies and goodies to Orlando Regional Medical Center in honor of the attacks on a local night club where the hospital received many wounded and deceased patients. The chapter had a great meeting in May with 12 newly graduating nurses to help with their resumes and interviewing skills. The chapter also was represented at a local Kaiser educational event where we were promoting membership and its perks. Our next meeting will be August 16th in Yucaipa. Our October meeting will be at Desert Regional Medical center.

-Mindy Potter

Kern County: We have a pending ENPC class that will be done in conjunction with a local area hospital. More information to follow.

-Lark Bowyer

Chapter News

Orange Coast: Orange Coast Chapter #226

The Orange Coast Chapter members have been involved in several exciting activities, recently. August 26, we started the morning with a Chapter meeting where we reviewed the upcoming calendar of events, the treasurer's report, and current topics related to nursing under Government Affairs.

Following our chapter meeting we sponsored an all-day educational offering which was held @ Hoag Hospital in Newport Beach. Over fifty attendees enjoyed the interesting and relevant topics from nine dynamic speakers. We offered six hours of both RN and EMS CE's. A shout out to Destiny Douty from Care Ambulance for her generosity in sponsoring our breakfast and luncheon.

One of our Chapter members, Christine Marshall, RN was flexible and willing to add to the conference at the last minute with an amazing presentation on Healthcare in Cuba. Another Chapter member, Vicki Sweet, RN presented on *How to get Published in a Nursing Journal*.

Our Keynote speaker was the Honorable Orange County Supervisor, Andrew Do. His topic was related to the care of patients with Mental Health care needs in Orange County. We were made aware that he serves on the CalOptima Board of Directors—which is the largest County Operated Health Plan in California, with over 800,000 members and responsible for the coordination of benefits for individuals who are mild to moderately mentally ill. He went on to discuss his dual roles with CalOptima and the Mental Health Board focused on the alignment of our patients' physical and mental healthcare around the "whole person." Additional information on the speakers and their topics is included in the brochure on our website.

In addition we were thrilled to have ten delegates from our chapter join the National ENA conference in LA on the evening of September 12th. The following two days we discussed resolutions and then went on to enjoy the wonderful educational sessions that were offered through Saturday.

Finally, Kathy Robidoux, RN, our Chapter Treasurer hosted our board meeting at her lovely home on October 11, 2016. We put together enough baskets filled with treats for delivery to all twenty-four of the Emergency Departments in Orange County for Emergency Nurses Week. We also included in the basket infor-

mation about the ENA and any upcoming educational offerings.

-Carla E. Schneider

Loma Prieta: Our meetings are the 3rd Thursday of the month, had an educational event by organ donor, had a speaker by a heart transplant patient. Next meeting August 18th called Physician Aid in Dying. Educational Event Oct 13 Good Samaritan in San Jose.

-Julie Rossi

Mid-Valley: May day participation, booths and going over water safety, ingestions.

Sacramento: Our most recent meeting was on July 19. As per our usual format we had a lecture, food, business meeting and CE offering. Reviews were very positive for our speaker, a local police officer, on the subject of synthetic Marijuana. Our next meeting will be held August 25 and will be sponsored by California Casualty. We are planning for Emergency Nurse Week and are considering a regional ED pizza exchange.

-Jeremy Elrod

San Diego: Our meetings continue to have the usual attendees, which we appreciate everyone's support and dedication. We are trying to strategize ways to increase member participation. Several chapter events in the planning stages. A vendor sponsored dinner meeting being planned for September meeting. In honor of Emergency Nurses Day we are planning a wine tasting event at a local winery. Initial research into planning a December holiday event. San Diego is sending 8 delegate representatives to National General assembly in LA. Two chapter members went to a CSNA Conference and manned a vendor table. Also gave a presentation to the student nurse's about "What is ENA"

-Dianne L Idman-Gervais

In Honor of Vicki Dippner Robertson

Vicky was one of the most inspirational, motivating, hard-working nurses I have ever met. Besides being blunt and hilarious, which are both great qualities for an emergency room nurse to have, she pushed everyone around her to be better than they were. She encouraged everyone that she knew to go further in life and in their career. She was a force to be reckoned with and her presence was definitely felt anywhere she was. She is the meaning of "You can take a nurse out of the ER but you can never take the ER out of the nurse." The world is at a true loss without her and to say she will be missed is an understatement!

-Amanda Webb

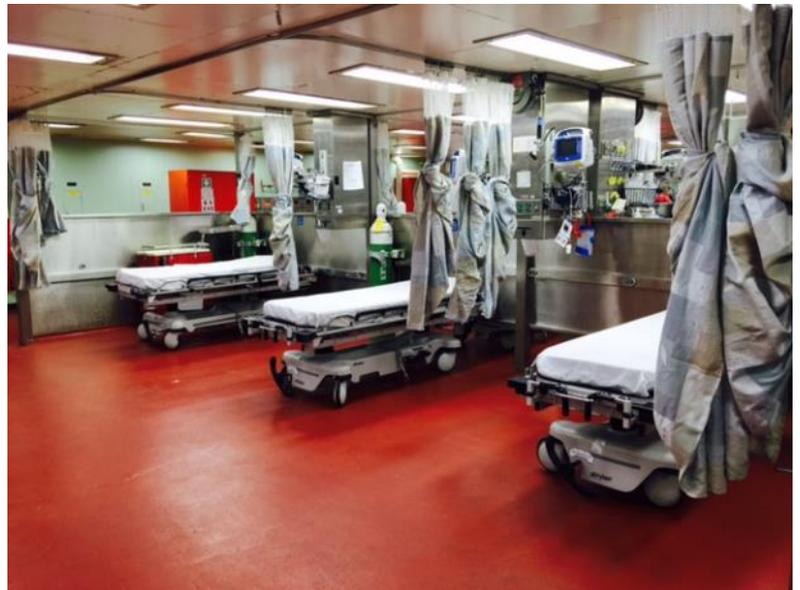


*Attendees at August State council meeting.
Mission Inn Riverside, CA*

Pictures from the US Mercy



US Mercy



Trauma Bay



Sleeping berths



January Meeting

Friday, January 13, 2017
State Council Meeting:
8am-4pm

Waterfront Hotel
Jack London Square, 10 Washington St,
Oakland, CA 94607

(510) 836-3800



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