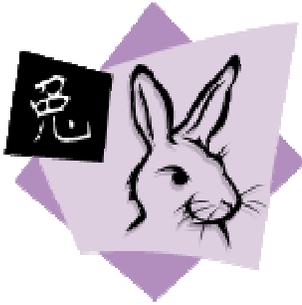


California Emergency Nurses Association

THE MONITOR

President's Message



According to the Chinese Zodiac, the year of 2011 is the Year of the Rabbit. Each year is influenced by whatever animal it falls in. The Rabbit is a lucky sign and according to Chinese tradition, the Rabbit brings a year in which

you can catch your breath and calm your nerves. Most Rabbit years are quiet, positive, and inspiring and 2011 looks to be heading in that direction. It is a time for negotiation and diplomacy. Make it a goal to create a safe and peaceful lifestyle so you will be able to calmly deal with any problem that may arise. Overall, it should be a fun and relatively peaceful year.

As I take on the task as President for 2011, I would like to thank everyone for having confidence in my ability to lead the State Council. I want to especially thank Terri Sturgill for her mentorship and support this past year and to the rest of the 2010 Board members (and many others) who have continued to encourage me along the way.

We are making a few changes in our meeting schedule this year and won't be meeting in January. In-

stead we are headed back to Sacramento on March 9th and 10th and hope that you will join us as we storm the hill and visit with our legislators. The

Government Affairs Committee and the Sacramento Chapter are planning another exciting and informative educational event prior to visiting the Capitol and everyone is welcome to attend. There will be more details available soon so mark your calendars now and hope to see you there!



I am generally not a lucky person when it comes to gambling and such, but I can say that I am very lucky (though a better word is fortunate) to be surrounded by the best of the best. Not just the Board members, but everyone else whom I have met through ENA. I have no doubt that this year will require some negotiation and diplomacy and I will probably need something to calm my nerves on occasion. But I am also certain that we will have a positive and inspiring year and am hopeful that you all are willing to come along for the ride. So, let's think like rabbits and have a fun and peaceful year!

Happy New Year!

Linda Broyles, RN, MSN, CEN



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Cal ENA Directory

Board Members 2011

President: Linda Broyles
President-Elect: Marcus Godfrey
Past-President: Terri Sturgill
Secretary: Linda Rosenberg
Treasurer: Kara Davis
Treasurer-Elect: Tobin Miller
Dir-at-Large: Janet Williams

*Contact all
Cal ENA
leaders at:
CalENA.us*

Committee Chairs 2011

Bylaws: Terri Sturgill
Education: Hannah Bezanson
EMS Commissioner: Matt Powers
EMS Committee: Judy Scott & Carole Snyder
ENAF/Fun Raiser: Diane Schertz
Government Affairs: Debby Rogers
Historian: Liz Taylor
Injury Prevention Inst: Patrice Christensen
Leadership In Practice: Julie Rossie
Membership: Ellie Encapera
National Board Liaison:
Newsletter: Mark Wandro
Pediatrics: Christine Marshall
Trauma: Gail Dodge
Webmaster: Mark Wandro

Chapter Leaders 2011

223 East Bay Lori Altabet
224 Greater LA Carol Snyder
225 Mid-Valley Janet Williams
226 Orange Coast Nicole McBride
228 San Diego Susan Smith
230 San Francisco Jocelyn Weiler
232 Loma Prieta Kimberly Sickler
253 Sacramento Kristin O'Connor
362 Inland Empire Al Duke
378 Channel Islands
379 Superior Kara Davis
442 Kern County Agnes Faria

Important Dates

State Board/Council Meetings
March 9-10: Sacramento
May 12-13: Long Beach
August 11-12: Monterey
November 10-11: San Diego

Next Newsletter Deadline

April 10

The California Emergency Nurses Association is a non-profit professional organization with a membership of approximately 3400. The State Council meets 4 times a year. Correspondence may be sent to:

Cal ENA
President Linda Broyles
president@calena.us

Sponsorship Rates The fees per insertion are:

Business card: (2 x 3.5) \$125 1/4 page: (3.5 x 4) \$250
1/2 page: (7 x 4) \$450 Whole page: (7 x 8.5) \$800

The Monitor is the Official Publication of California State Council Emergency Nurses Association. *The Monitor* is published 4 times/year. For inquiries, article submission, or ad placement, please contact the editor:
editor@calena.us



State Council Update

The last meeting of the 2010 Board was held in November at the Shore Break Hotel in Huntington Beach. A special orientation session for new chapter and committee leaders was held prior to the Board meeting on Thursday. Here are some of the highlights of the Board meeting.

Treasurer's Report

Kara attended an **ENA Treasurer's conference call** on October 20, 2010. She will report on the outcome of the conference call at the March State Meeting.

2011 Budget Preparation:

Budgets are NOW DUE to Louise. Each Chapter must submit ASAP as 2011 budgets need to be completed before the end of the year. Board approval is needed for 2011 expenditures.



Chapter Treasurer's need to be sending their Chart of Accounts monthly reports to Kimberly Boyer.

All reports (self-funded committees & chapter reports) **should have been submitted to Kimberly by January 31st in preparation for tax filing.**

Account reporting instructions and forms are on the website: <http://calena.us/documents.htm>

Please contact Louise or Kara if your chapter is having trouble accessing the forms (emergencyrnlouise@gmail.com)

Wells Fargo Update:

Our business banker has left the local branch for another bank position. Our previous contact, Alexandra Dobbs, has assumed some of the business banking responsibilities. She has worked with ENA previously and is familiar with our numerous accounts and has agreed to be our contact person. Business cards were passed out to the chapter reps/treasurers.

CAL/ACEP Update

Linda Broyles and Debby Rogers were at their last meeting and were given 10 minutes to speak on ENA topics. Marcus will attend the November 18th meeting.

CHA/EMS/Trauma Committee Update

Debby Rogers reports we need to select a new committee representative. She would like to ask the trauma committee if someone from that group would like to be the representative. Tobin has expressed interest in the position.

Bylaw/SOP Update:

Vicki Sweet's Bylaws' recommendation were received by Terri, who will edit and standardize the formats. Look for the latest version on the web site when it is done.

2011 CFEDWest

Linda Broyles reports that ENA will work with CFED West again in 2011. The Education Committee will provide speaker suggestions.

2011 TAK Conference

Terri reports that the 2010 event had a great ENA turnout. ENA will work with TAK again this year and the Education Committee will provide speaker suggestions.

ENAF Scholarship Name

Karen Grove's name will be used for the \$1,000 scholarship award in 2011.

State Council Achievement Award

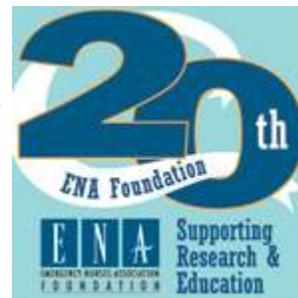
Linda Broyles is working on the application which was due on December 31, 2010.

Delegates:

Ellie Encapera, newly elected to the national ENA Board for a year, will be training Louise Hummel to take over the delegate process for 2011.

Membership:

In addition to her national Ellie will graciously continue to be our State Membership Chair.



Committee News

Membership

These are the most current totals for our 12 active Chapters and overall totals for our California State Council as of November 12, 2010. I will also be tracking the overall total number of new and renewing members per month for your added information. These totals are downloaded from the national website. The California Chapter Locator by Counties can be found on the Cal ENA website www.calena.us so that you can see the counties areas that our chapters are based upon.

Chapter	7/10	9/10	11/10
(223) East Bay	312	307	321
(224) Greater LA	525	541	541
(225) Mid-Valley	269	273	289
(226) Orange Coast	244	258	264
(228) San Diego	398	399	409
(230) San Francisco	254	249	249
(232) Loma Prieta	228	228	239
(253) Sacramento	396	405	414
(362) Inland Empire	335	321	319
(378) Channel Islands	139	136	137
(379) Superior	131	144	153
(442) Kern County	55	53	53
Total	3287	3314	3389

When someone joins ENA for the first time and does not indicate a chapter preference, they are assigned to a chapter based on their mailing address and zipcode location. The national office assigns all new members to local chapters by their mailing address zipcode. IF you wish to belong to another chapter, outside your assigned area, you must do so by requesting another chapter and updating your membership information at the national website www.ena.org

For timely communication and optimal membership services all members should always keep their membership, email & mailing addresses current with ENA's National office. Only the individual member can update or change their personal informa-

2010	New Members	Expiring Members
July	0	104
August	14	89
September	27	121
October	32	120
November	5	149

tion, email address and chapter preference with the national office. This data then filters down to state and local listings.

The national office is promoting membership recruitment specials in an effort to reach the 40,000 members mark in 2010, ENA's 40th Ruby Anniversary. If you personally sponsor a new member, take them to a local or state event and introduce them to the benefits of being an ENA member. Tap into their special professional talents and encourage them to share their expertise as an involved and contributing member. Our state recruitment campaign awarded 50 pre paid, RN level memberships to identify and engage interested nursing colleagues to join their professional organization.

Fifty-four Delegates proudly represented our California members in San Antonio, Texas at ENA's Annual General Assembly.

Join us at the start of each Cal ENA State Council meeting for our Chapter Representatives Sharing Session to discuss pressing matters, meetings, event, chapter and membership issues. We focus on what works best, share successes and failures and enhance our association process.

Join the ENA Connection on line at www.ena.org providing members with information, professional development, networking opportunities and on-line shopping. The "members only" section is great so check it out and sign up today!

Membership packets are a great tool to recruit or welcome new members. Request information on how to obtain ENA membership applications, benefit brochures and more, **FREE from the national office** for your recruitment needs. Market ENA at your educational events and meetings.

Committee News

Goals/Objectives for 2011 include:

1. Track monthly rosters for state council and active local chapters.
2. Provide roster-tracking education to foster recruitment and retention by individual chapters. Instruct chapter representatives in the creation and maintenance of a chapter database for monthly editing and label generation.
3. Participate in the chapter and state leadership orientation each fall with a membership component.
4. Focus on recruitment and retention efforts for Cal ENA through guidance and resource to any and all members; join the cooperative team of information resources as a new state committee that meets with the chapter representatives prior to each state council meeting.
5. Challenge each chapter to appoint a **Chapter Membership Coordinator** to track local members, manage local new and renewing members and enhance communication among members.
6. Coordinate Cal ENA Pre-paid Membership Awards statewide from January 1 through April 30, 2011.
7. Set goal of 4,100 state members in 2011 to celebrate ENA's 41th anniversary.
8. Train Louise Hummel to conduct the Cal ENA delegate selection process for the 2011 National General Assembly.
9. Prepare mailing labels for approved buyers upon request.

Ellie Encapera

Historian

Education

CFED West speakers were submitted for 2011. We are currently working on TAK speakers for 2011. ENA received \$30 per nurse who entered the "code" when registered for this year's TAK. Only a small number of the total ENA members remembered to submit the reimbursement code (only 7 of 76 people).

Janet Williams

Leadership in Practice

A Lantern Award was received.

Julie Rossie

Injury Prevention

A new Injury Score Card is coming out. We also plan to compile a list of committee boards and liaisons.

Patrice Christensen



Pediatrics

We are working on our Standard Operating Procedures. Our 2011 budget is \$20,000. At the November meeting, we had a discussion regarding pain management for procedures in pediatrics, as well as pediatric hydration via NG and a Ketamine vs Propofol discussion.

Christine Marshall

EMS/EMS Commission

Meeting location will be moving to Rancho Cordova. Discussion regarding Insulin injections by non-medical people to kids in schools: ENA to discuss this because the BRN controls "nursing practice" and allowing this change essentially changes WHO can regulate nursing practice... The Superintendent of Public Schools would be the party regulating this practice instead of the BRN.... The ANA & School Nurses Association are against this and want an Amicus Brief from ENA.

Matt Powers

Government Affairs

Legislation Day scheduled for March 9, 2011 in Sacramento prior to the State meeting.

Discussion of the 14 Bills with letters of support sent for AB1652, AB2248, SB880, SB1187. A lot of discussion was spent on AB2456- which was VETOED by the Governor.

Discussion continued regarding "Take your legislator to the ED-Chapter Challenge" which is still in the planning stages.

Psychiatric Nurses may join ENA on certain issues this year. There was a general expression of ideas regarding inviting Psychiatric Nurses to Leg Day.

Debby Rogers



Liz Taylor

Chapter News

Trauma

2010 was a year of growth in the committee. Following the January ceremony thanking John Fazio and Anita Ruiz-Contreras for their years of hard work on behalf of the committee we began to move in new directions, knowing we could never fill their shoes! Our first step was to set goals for the committee work for the year, focused on growing more TNCC resources throughout the state and helping underserved areas grow programs.

The four regional director positions on the committee are meant to provide assistance to TNCC course directors and instructors in each of four loosely defined geographic areas of the state. During the course of 2010 we said goodbye and thanks to Angela Shannon and Anna Valdez as they moved in new directions. We welcomed Vicki Dippner-Robertson, Palm Springs, as South regional director in January, Sue Fortier, San Luis Obispo, as Central director in August and Judy Cline, Chico, as North director in November. We're still in need of a regional director in what is referred to as North Metro (the San Francisco Bay area). Regional directors are TNCC course directors and faculty, and are expected to help out with troubleshooting, monitoring instructor candidates, answering questions, promoting and supporting new courses, and helping with quality assurance issues. However, it turns out that our directors still need to complete their faculty process in 2011 before they're fully independent to teach instructor courses (another goal!) Once we've completed that then we can move ahead with our original goals of teaching instructor classes and growing the state's programs. If you find you are in need of help or run into a problem please contact me and we'll point you in the right direction.

In 2010 we assisted several underserved areas with course development. Kern County chapter received TNCC funds, as well as El Centro Regional Medical Center and Sierra Vista Regional Medical Center in San Luis Obispo. In December 2010 ENA awarded each state \$1000 for the Pediatric and Trauma committees to use in further spreading programs. We've already approved a request for assistance to help Northern Inyo Hospital in Bishop, a critical access hospital that serves the eastern area of the Sierra Nevada range. Another goal is to post the application for grant funding for underserved areas on the Trauma

page of the Cal ENA website this year (www.calena.us)

Following a successful run, CATN will no longer be available after April 30, 2011. ENA has already formed the new workgroup to create a successor course to CATN, which is estimated to take 2-3 years. Each student attending a TNCC generates a \$15 return from ENA to the Trauma Committee, to be used to further the work of the committee. At the end of each year, the remainder over \$10K is returned to the state council. At the end of 2010 a check for \$41,500 was sent to the 2011 Treasurer Kara Davis.

We are in the midst of creating a statewide list of monitors – those who have been approved by the committee to oversee an instructor candidate during their first monitored course. If you have served in this role, or wish to, please contact me. Our goal is to be able to post this list on the Cal ENA website for easy access. Contact info gdodgern@roadrunner.com

Gail Dodge

Chapter News

East Bay

is planning a December meeting.

Greater LA

Held their 2 day EDAP Conference on Oct 7-8 and recruited 5 new members! They meet again in December.

Mid Valley

Janet Williams was named "Nurse of the Year"!! Their chapter held an end of the year celebration in her honor.

Orange Coast

Held elections and had an end of year dinner at restaurant "Seasons 52" in South Coast Plaza.

Channel Islands

Not present



Officer Photos

San Diego

SAVE THE DATE: April 8, 2011 for the 911 Conference titled "RESCUE ME!"

Education & training will be offered at the 911 Conference as well as throughout San Diego County Emergency Departments.

Our Chapter is also working on an Injury Prevention project related to Dog Bite Prevention.

Tale of 4 Cultures Conference in March 2011. Our Chapter will again participate in this conference which unites Critical Care, Orthopedics, Med/Surg & Emergency Nursing best practices.

At the scheduled December 5th Holiday Tea our chapter will bring unwrapped toys which will be donated to Camp Pendleton for needy military families in San Diego.

San Francisco

Has elected new officers and held a planning meeting for an educational event to be held later in the year.

Loma Prieta

Held an October meeting to celebrate ER Nurse Day. They have a scheduled meeting in November & a Christmas dinner planned for December. Look for their Annual Update brochure on the web site. It will be held on March 17. It will feature a variety of topics and is entitled "Don't Get Shocked".

Inland Empire

We sent the largest number of delegates to San Antonio! We had elections and have a full board selected. We are planning a conference on April 8th called "What's Your Poison?"

For ER Nurses Day we sent 11b boxes of chocolate to 33 hospital Emergency Departments. We had a Casino Night Christmas Dinner get together.

Sacramento

Legislation Day scheduled for March 9, 2011.

We discussed the 14 Bills the GAC recommended with letters of support sent for AB1652, AB2248, SB880, SB1187. We also had a discussion regarding "Take your legislator to the ED-Chapter Challenge", which is still in the planning stages.

Celebrated ED Nurses Day with a dinner and held a 2 day conference in October.

Kern County

Held a conference that had great attendance (120 people)

Superior

At the Oct. 16th ENA Class the Chapter sponsored 2 new memberships. Our chapter president stepped down so we are looking for a replacement.

Your 2011 Officers

President

Linda Broyles



President-elect

Marcus Godfrey



**Immediate
Past-President**
Terri Sturgill



Secretary
Linda Rosenberg

Education and Events



Treasurer
Kara Davis



Treasurer-Elect
Tobin Miller



Director-at-Large
Janet Williams

TNCC Courses

Some local California courses are listed on the Cal ENA web site: www.calena.us

ENPC Courses

Some local California courses are listed on the Cal ENA web site: www.calena.us

Please note there will be no more CATN classes as of April, 2011

CEN Review Classes

Some local California courses are listed on the Cal ENA web site: www.calena.us

Call one of these providers for their next class:

Selfridge, Sparger, Shea Assoc.
(800) 270-2500
CME Associates (714) 998-2208
Paragon Education (800) 997-9937
Cathy McJannet
cathy.mcjannet@usa.net

For the most up-to-date course information, go to the national ENA web site and click on Courses & Education, then CATN-ENPC-TNCC, then open the map and click on California. Please confirm dates with course directors.

Editorial

Hey, this is a New Year! Are you ready for another onslaught in the ED?

A big topic for this year will be Violence in the ED.

This includes assaults both verbal and physical against nurses, doctors, techs, EMTs, paramedics, secretaries and volunteers. Some people feel it is OK to take out their frustrations against the very people who are working to help them. As caregivers we understand the frustrations and have been willing to overlook the attacks against us at work. But with the escalating violence in society in general, it is time to take a stand. It is NOT OK to attack the hands that are helping you. Health care workers are not soldiers fighting in a foreign land. We are in your own communities and we are not fighting you personally, we are fighting the processes in your body that are destroying your health.

Show respect for those who have worked hard to learn the skills necessary to care for you in times of crisis. You came to the ED seeking help. You may not understand our methods, but please let us do what we have trained for.

Some states are passing laws to make it a felony to attack or harm a health care worker. It is about time. Hospitals, ambulance and clinics must be seen as safe zones that are above the rage of the society.

Mark Wandro

Your input is always appreciated. Please send articles or letters to the editor at editor@calena.us



**Attention No. Calif.
Health Care
Professionals**



**American
Red Cross**

The Red Cross needs a few good caregivers. RNs, LVNs, MDs, Paramedics, EMTs who have some time to give back to the community are invited to volunteer at the American Red Cross, Please contact Ned Burgess in San Francisco for further information, at Burgessn@usa.redcross.org

CE Questions



Trauma Committee Invitation

Your Trauma committee has had an enlightening and quite busy year entertaining ideas for better methods of spreading the “word”. We’ve realized that our resources are limited due to the lack of experienced instructors and facilities willing to sponsor courses. Our immediate plan for the new year is to provide instructor courses, with the goal of increasing our statewide instructor pool. We will follow up with strong, effective mentoring for several TNCC classes. With this larger source of instructors, the needs can more easily be achieved. Many hospitals

require TNCC verification, as is evident with the numerous daily calls pleading for classes. We’ve also examined our regions and are considering changing some of the geographical boundaries. With the success of 2010 TNCC classes, our committee was able to return to our State Council a check for \$40,000 and we were able to provide grants to assist hospitals launching their own TNCC classes. We are energetically recruiting folks to attend our illustrious committee meetings and can promise great fun while achieving our challenges!!

*Vicki Dippner-Robertson
South Regional Director*

You can earn one (1) CE, at no cost, for reading the Monitor. After reading the newsletter, complete the evaluation below and email to:

Hannah Bezanson: hjbezanson@gmail.com

You will receive your CE certificate within 90 days by mail. Provider approved by the California BRN Provider #10609 for 1 contact hour.

Objectives:

After reading the Monitor the reader will be able to:

1. Know new options for education.
2. Recognize your 2011 officers.
3. Know what selected committees are doing.
4. Learn activities of state chapters.
5. Discuss highlights of State & National meetings.

Name _____ License# _____

Address _____

1. Name our 2011 officers.
2. To whom do we send monthly treasurer reports?
3. How old is ENANA?
4. Who will be doing Delegate Selection list in 2011?
5. Which chapter is doing Dog Bite Prevention?
6. Where does GAC want you to take your legislator?



Next Meeting

Wednesday, March 9, 2011

Legislative Day: 9-3

Board Meeting: 4-7pm

Thursday, March 10, 2011

State Council Meeting: 9am-3pm

at

Holiday Inn Capitol Plaza

300 J Street (at 3rd St.)

Sacramento, CA 95814

(916) 446-0100

www.holidayinn.com

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Official Publication of Cal ENA
Editor: Mark Wandro, RN, BSN, CEN
3512 Orinda Dr.
San Mateo, CA 94403
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www.ena.org Members Section